POSTOPERATIVE INSTRUCTIONS FOR EAR SURGERY

1. Unless instructed otherwise, please be sure to call the office and make a follow-up appointment for 2-3 weeks after surgery.

2. Limit physical activity until your first follow-up appointment. Do not fly on an airplane until cleared by your doctor.

3. Call the office if discharge from the ear lasts longer than 14 days or develops a strong odor.

4. DO NOT BLOW YOUR NOSE FOR TWO WEEKS following surgery. Clear secretions from your noise via your mouth to avoid pressurizing your ear. If you sneeze, do so with your mouth open to avoid affecting the ear.

5. Bloody or watery drainage from the incision may occur during the first days following surgery. If this happens, tape a piece of gauze behind the ear. If this persists, increases or if the area gets red, call the office.

6. A full sensation with popping sounds may occur during the healing period.

7. Water should be kept out of the ear until it is healed. Your hair may be shampooed 48 hours following surgery, providing water is not allowed to enter the ear canal. This is avoided by putting a plug of cotton in the ear and applying Vaseline or antibiotic ointment over the cotton.

8. If you have surgery to improve your hearing do not be concerned regarding your hearing for a period of six to eight weeks following surgery. Your hearing will be tested at that time.

9. Should you experience any difficulty upon returning home, or if simply have questions, please contact us immediately. As your surgeons, we are most familiar with your operation and postoperative restrictions. We are accessible by telephone or email 24 hours a day, seven days a week. Once we have assessed your situation, we will be prepared to make specific suggestions for your care.