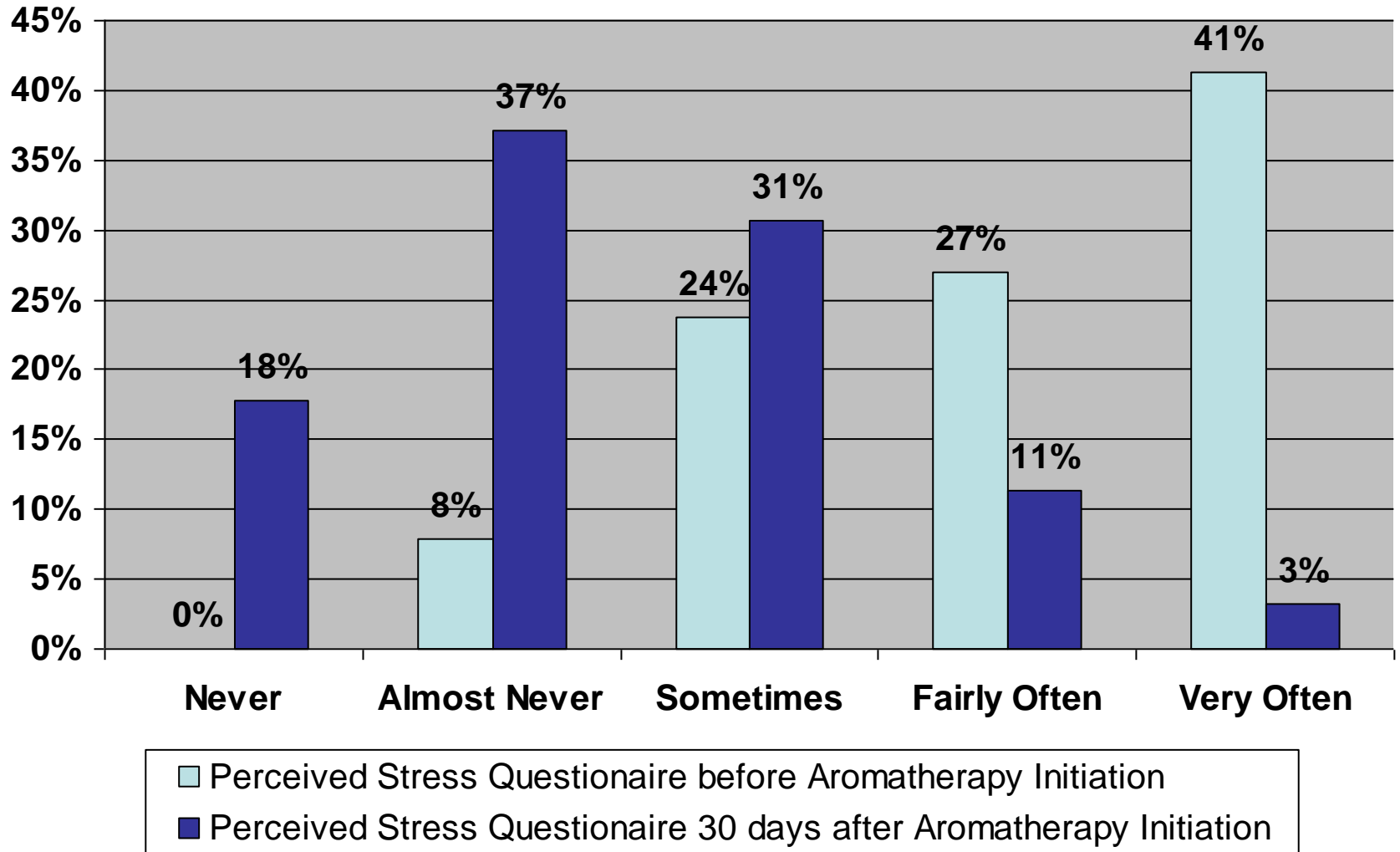
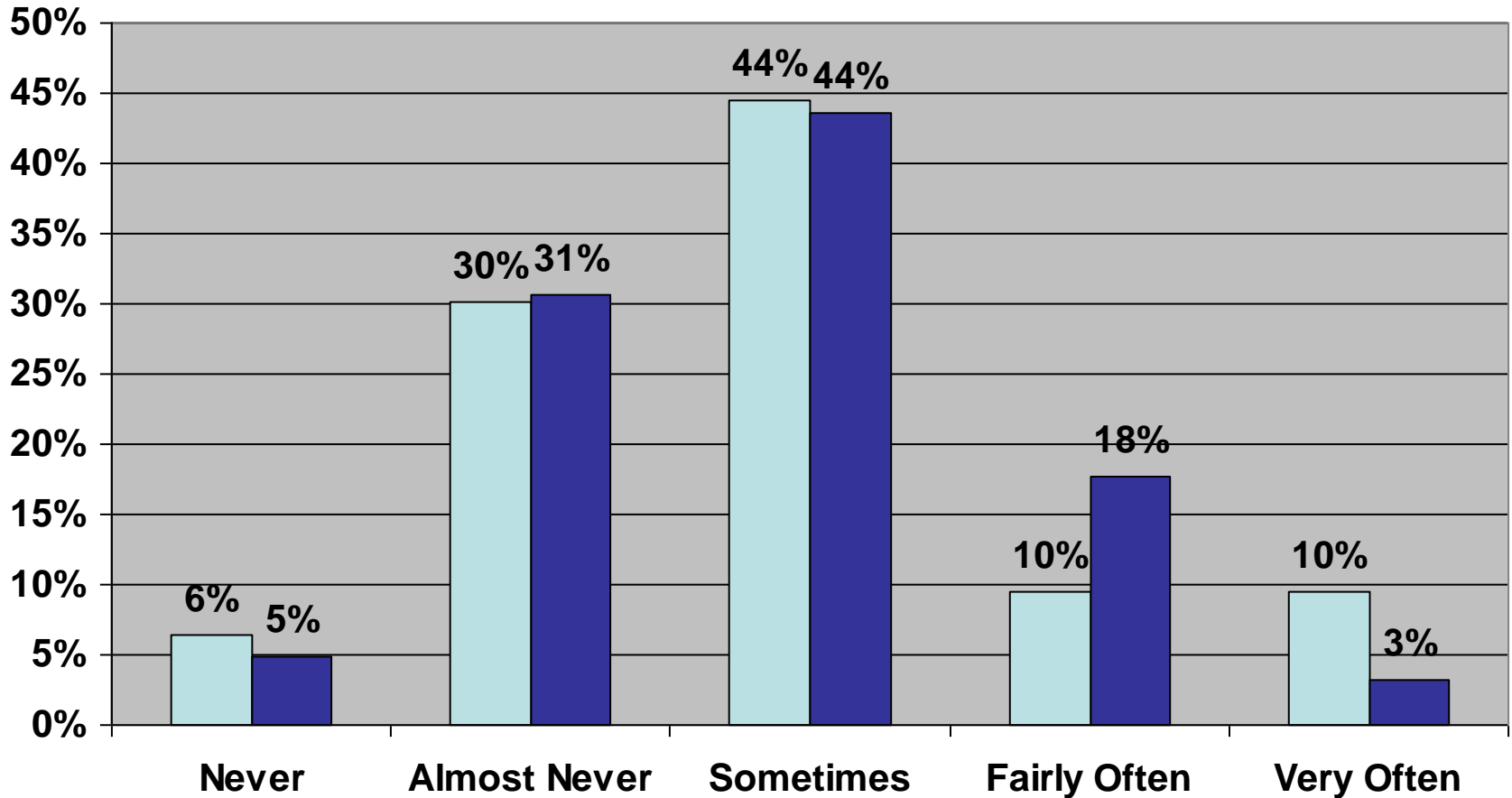




# In the past week, how often have you experienced work-related stress?



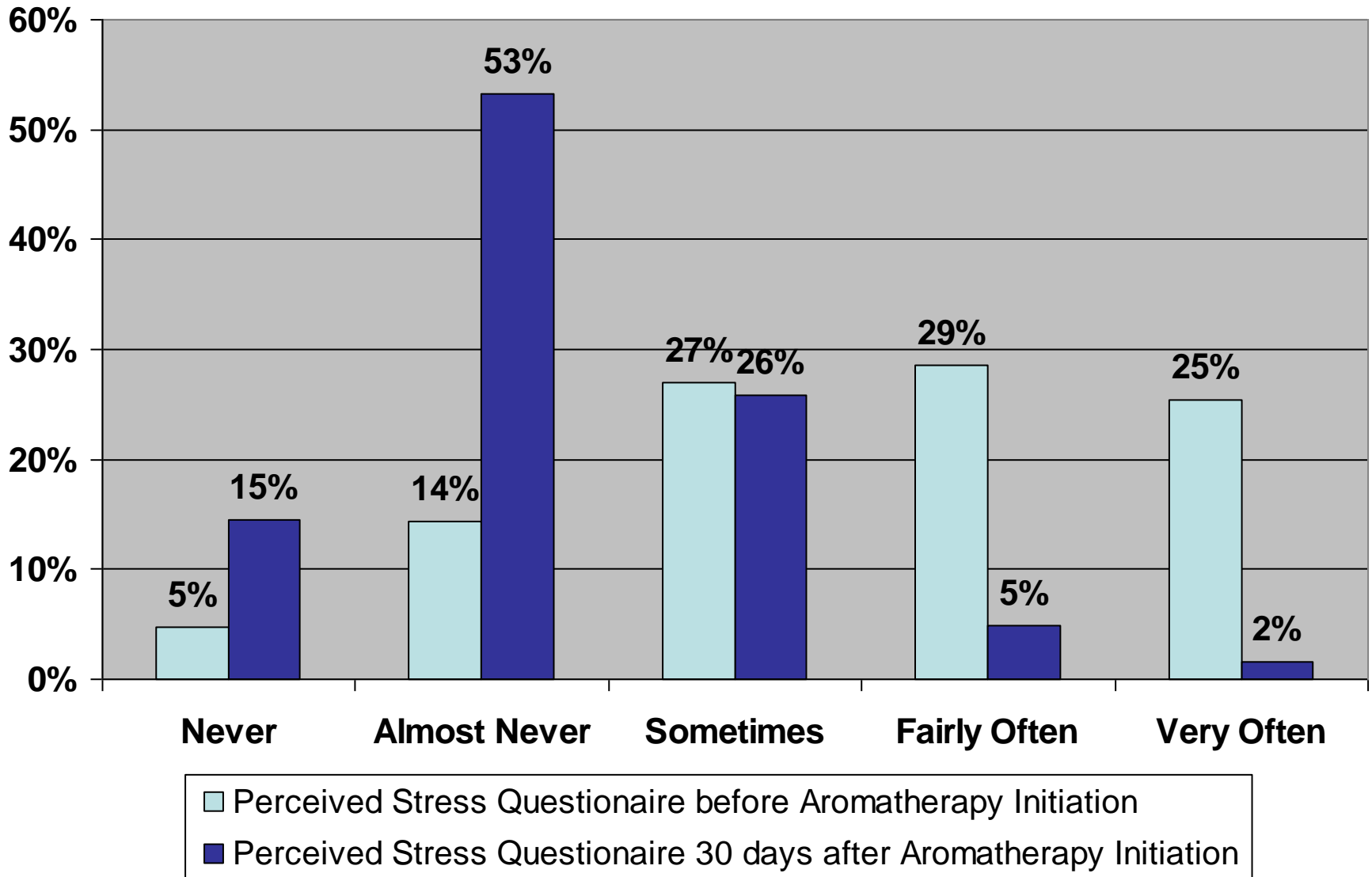
# In the past week, how often have you experienced stress related to your personal life?



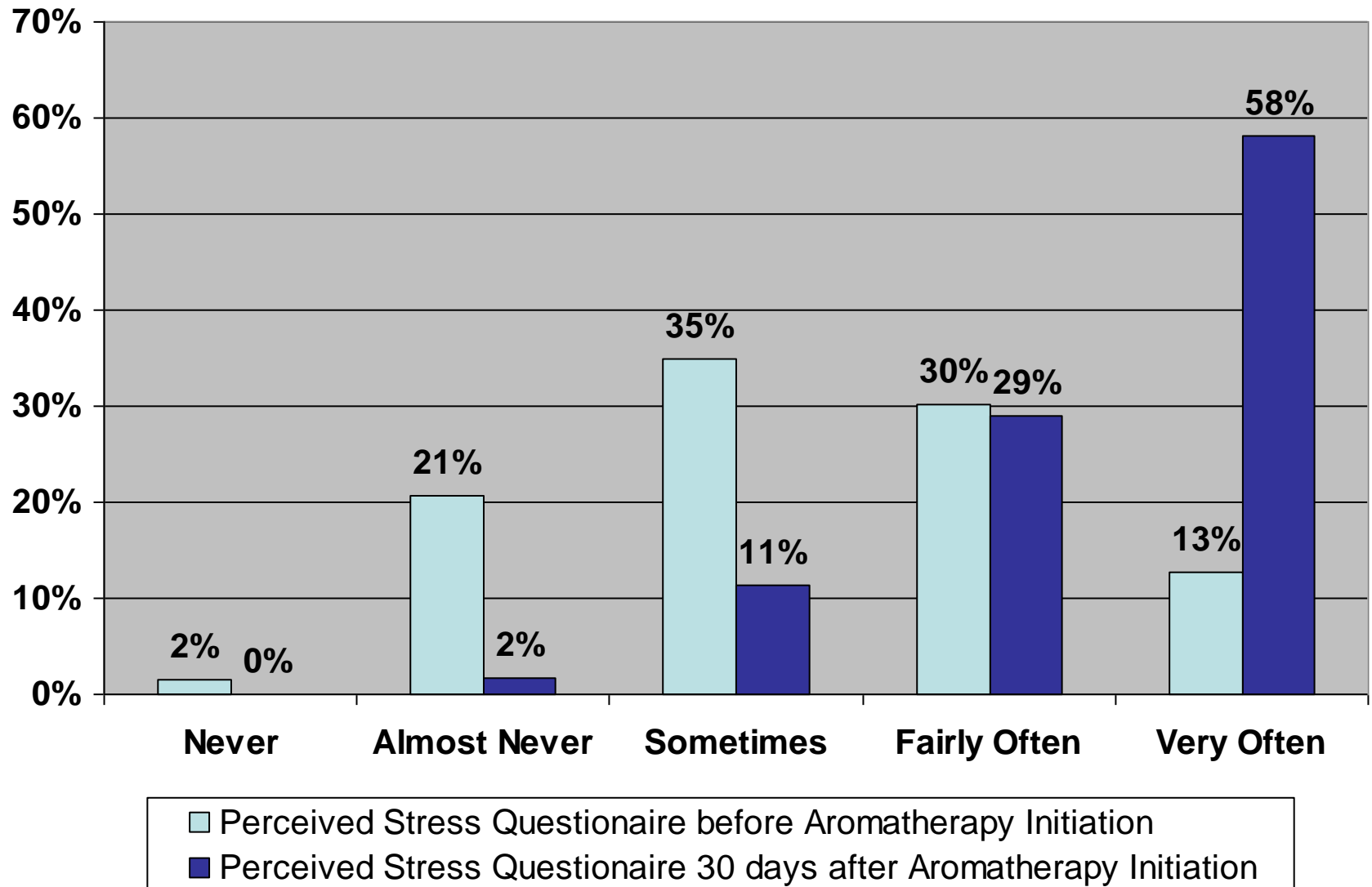
■ Perceived Stress Questionnaire before Aromatherapy Initiation

■ Perceived Stress Questionnaire 30 days after Aromatherapy Initiation

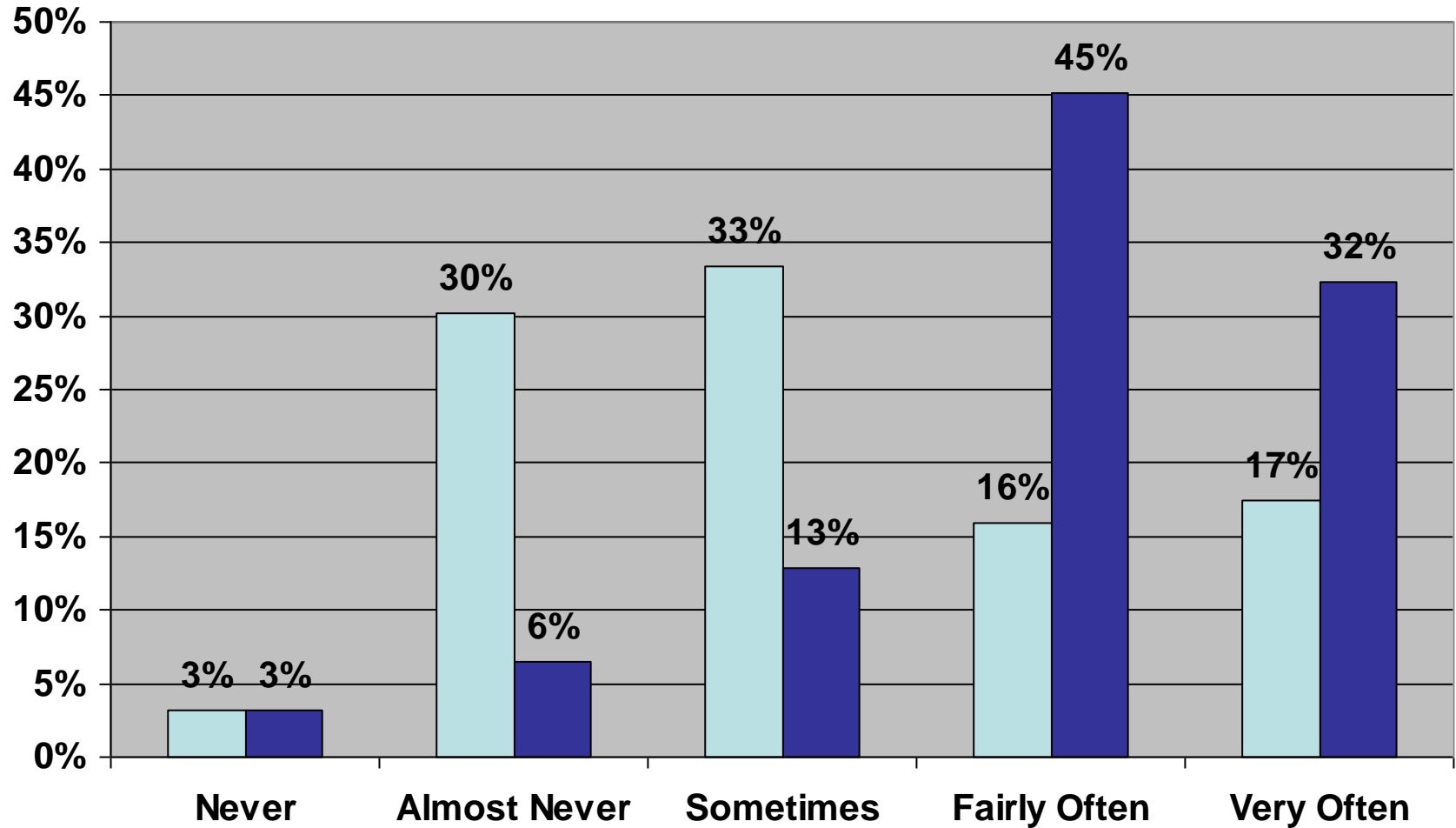
# How often do you feel overwhelmed in the workplace?



# How often do you feel well-equipped to handle stressors at work?



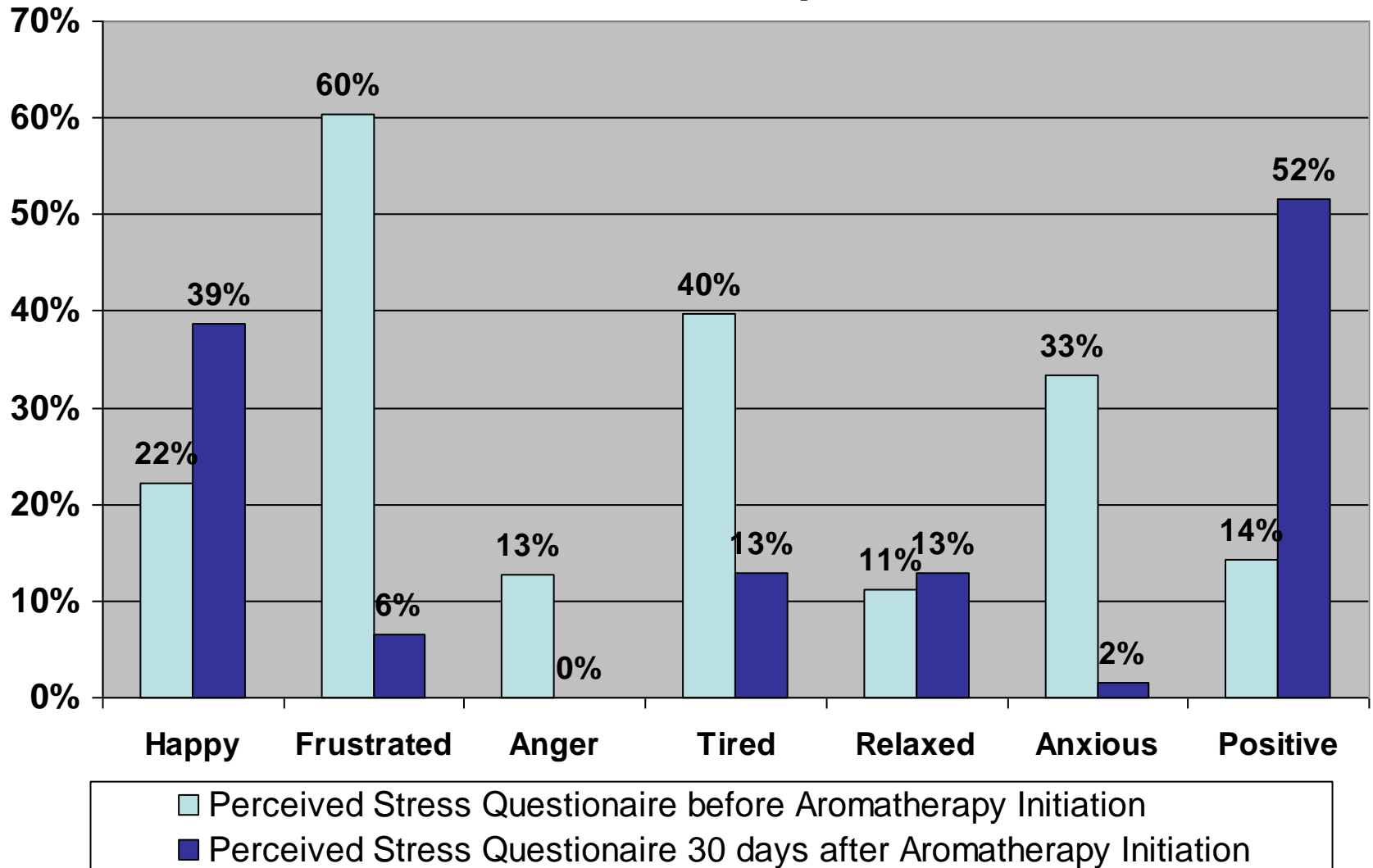
# How often do you feel that you have optimal energy levels?



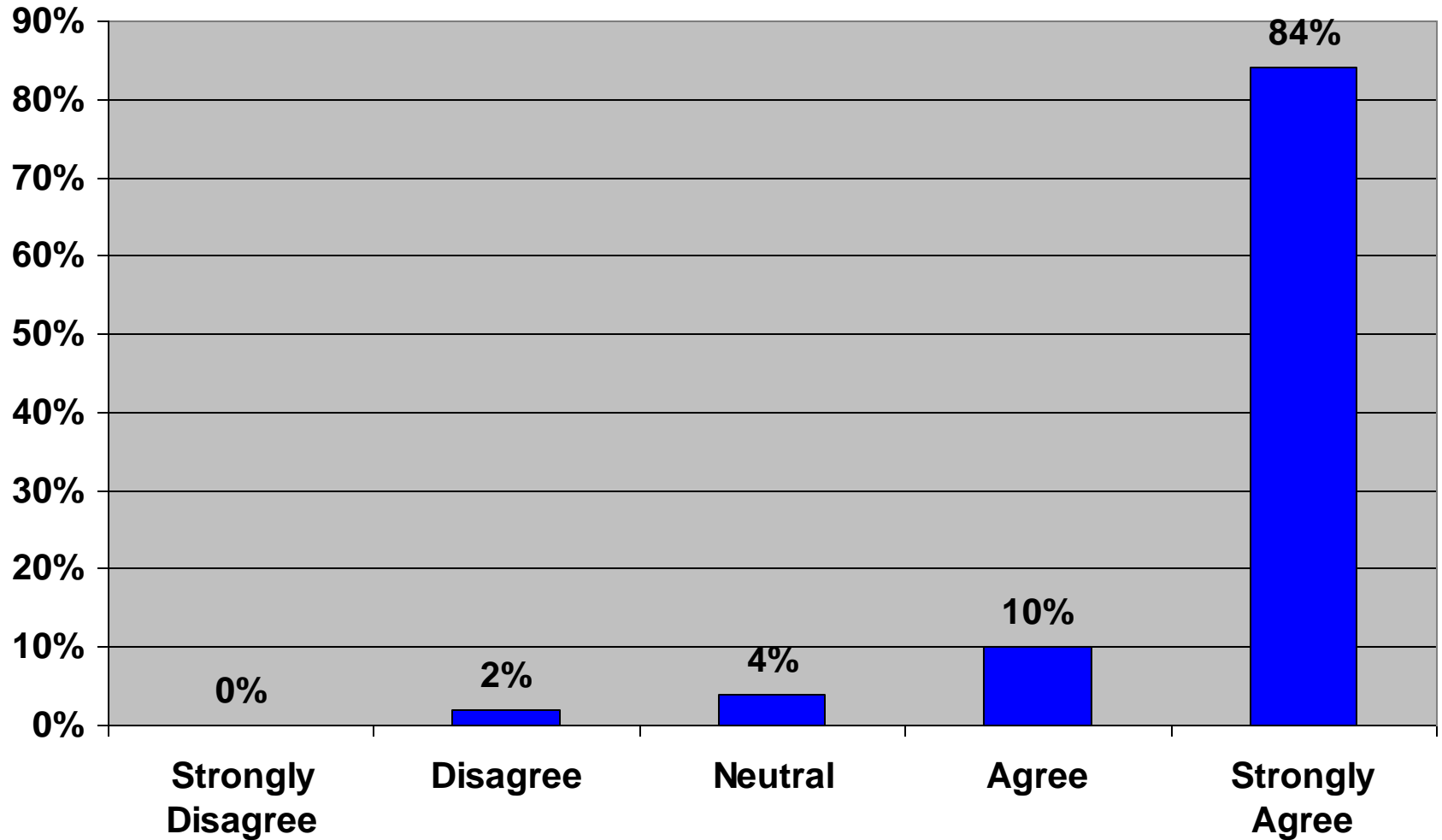
■ Perceived Stress Questionnaire before Aromatherapy Initiation

■ Perceived Stress Questionnaire 30 days after Aromatherapy Initiation

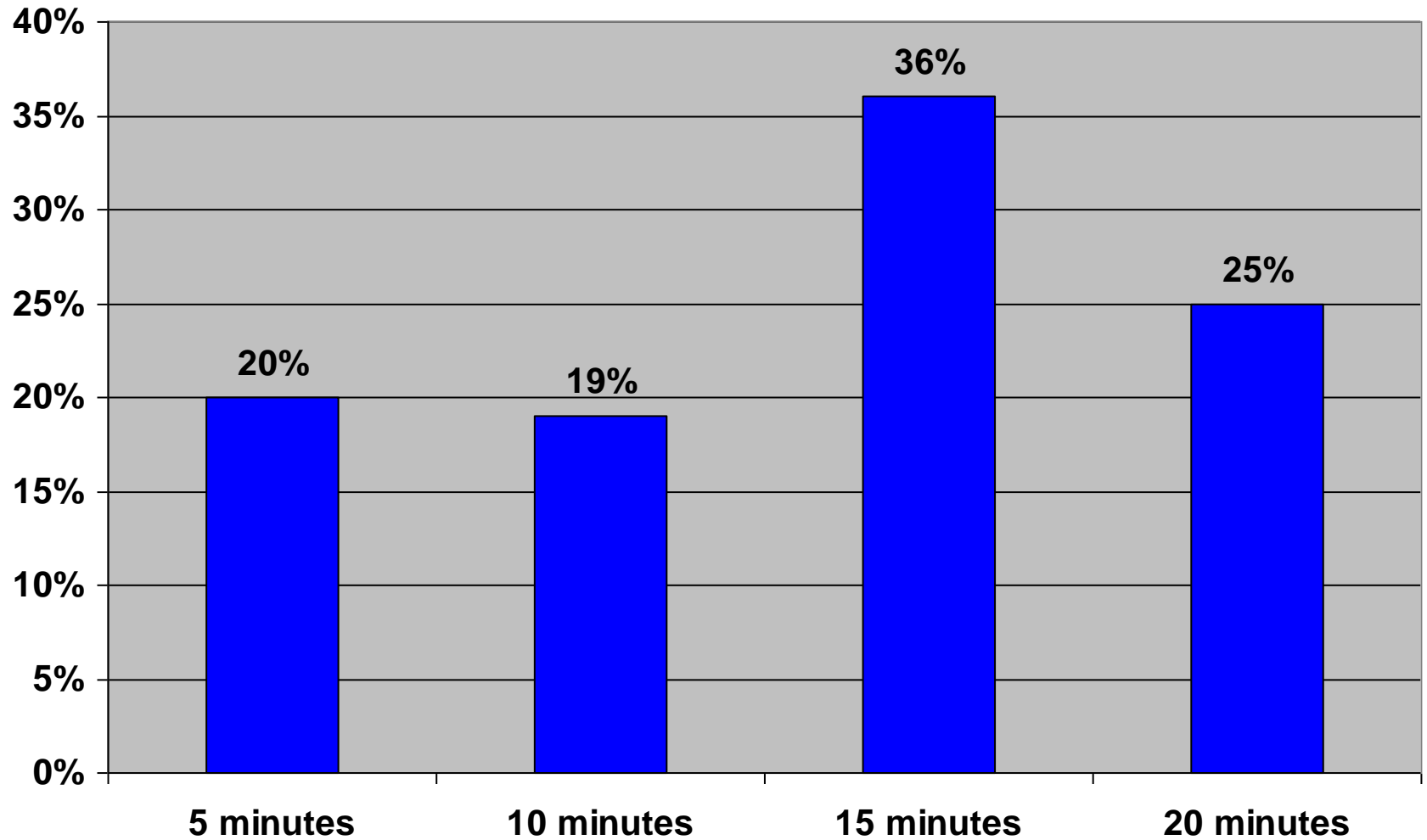
# Which of the following words best describes the most common mood state you find yourself while in the workplace?



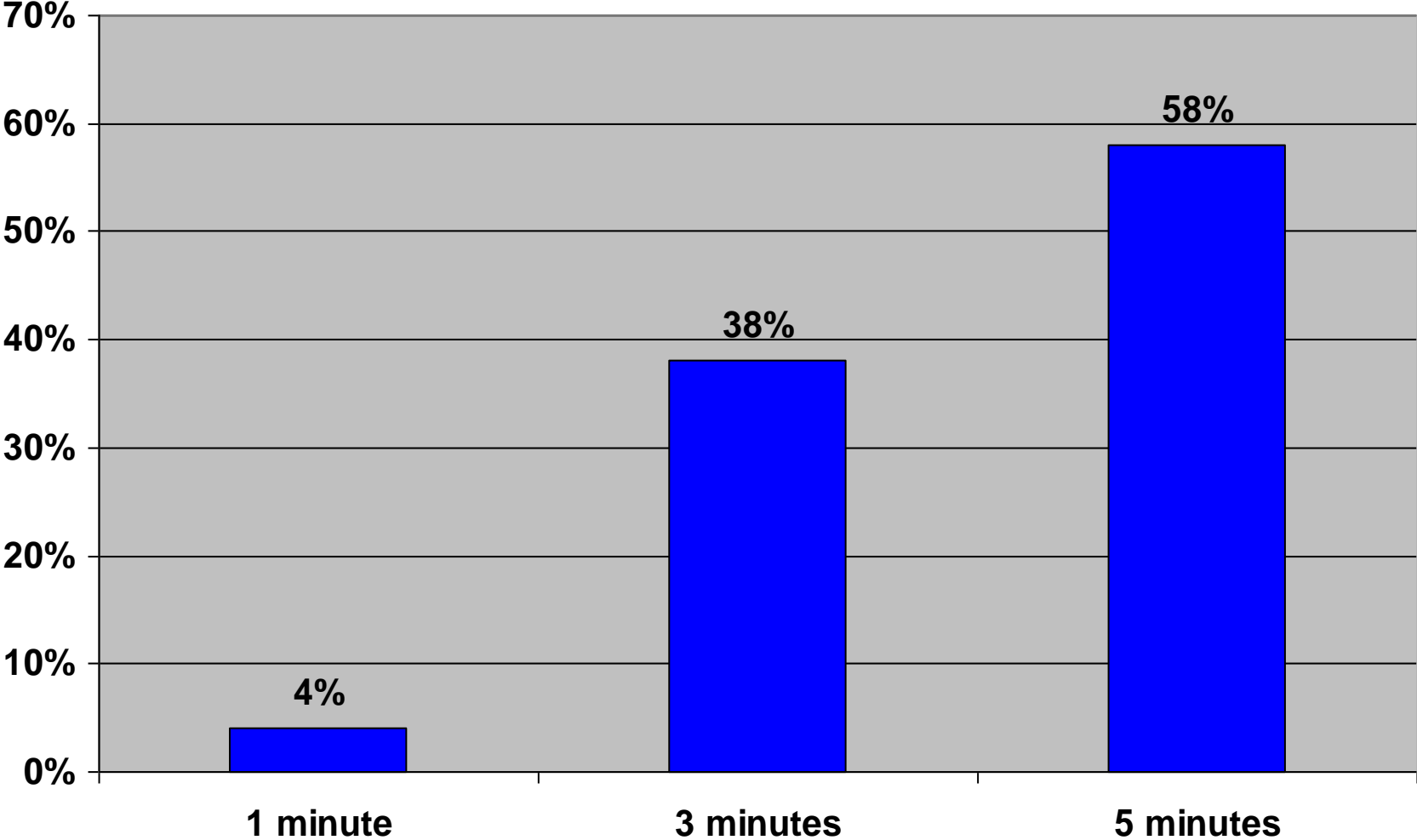
# Diffusers in the Emergency Department contribute to a more positive work environment.



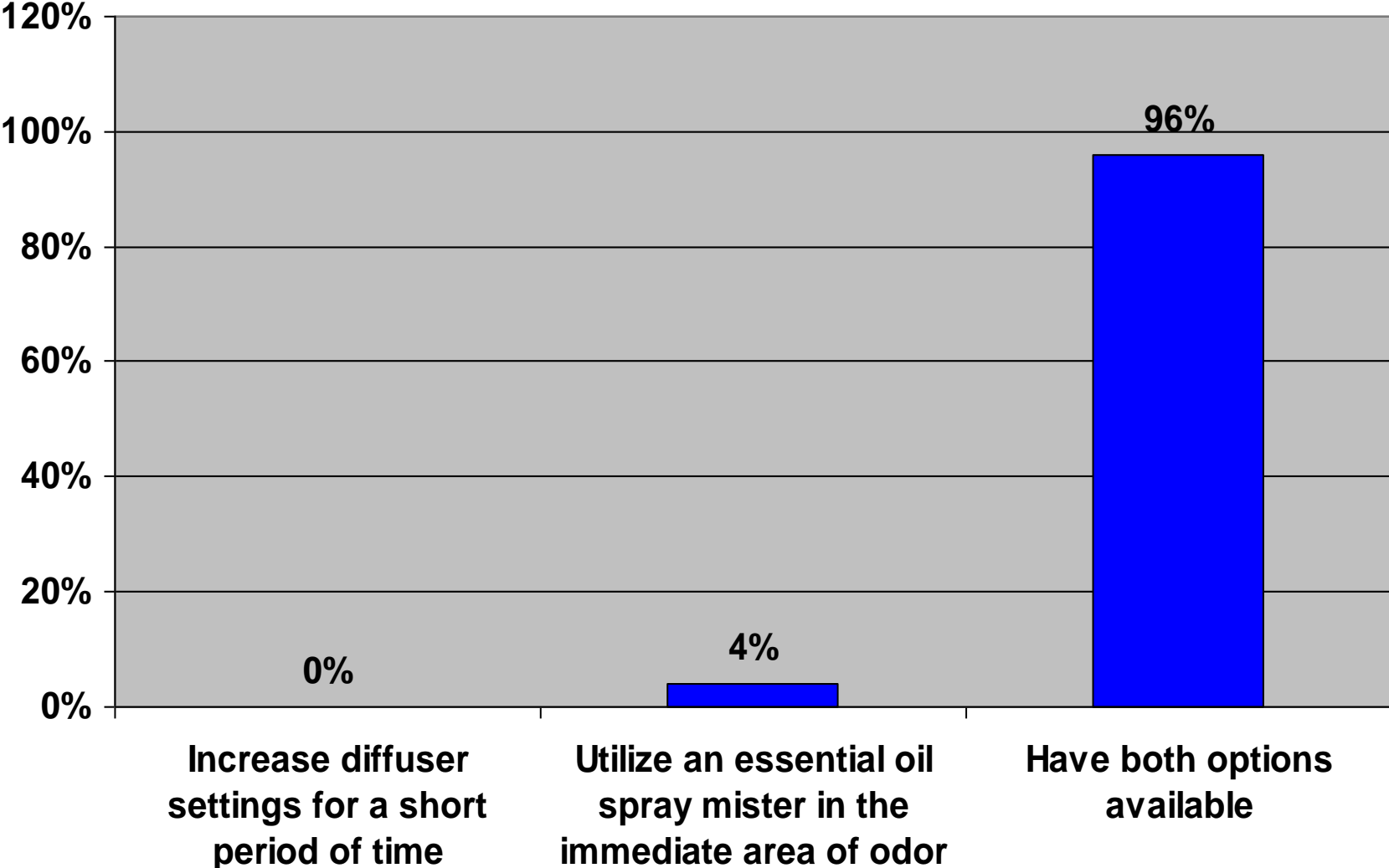
# What would be your preferred diffusion interval setting? (How often the diffuser turns on)



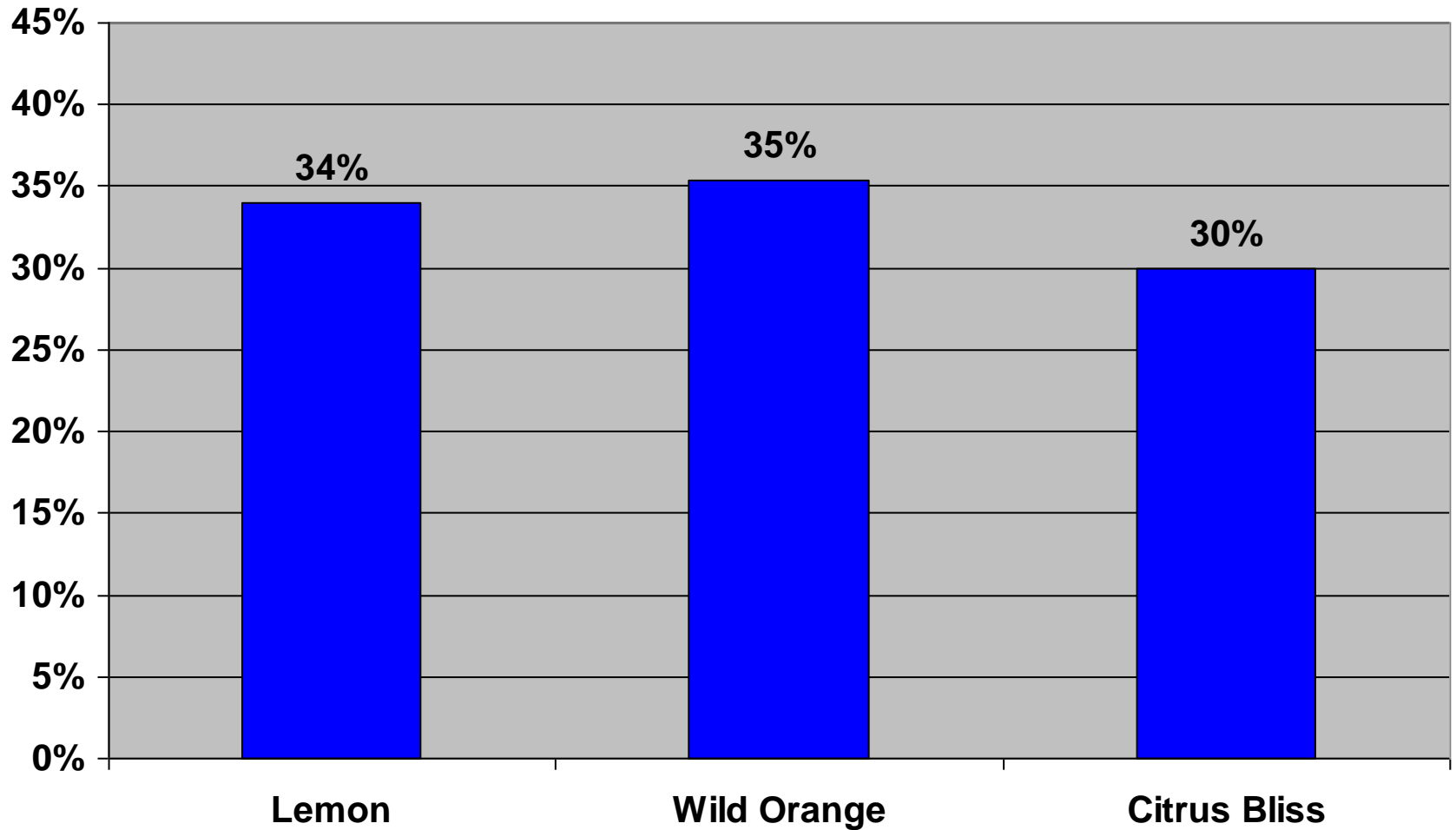
# What would be your preferred diffuser “on time”? (How long the essential oil diffused between off times)



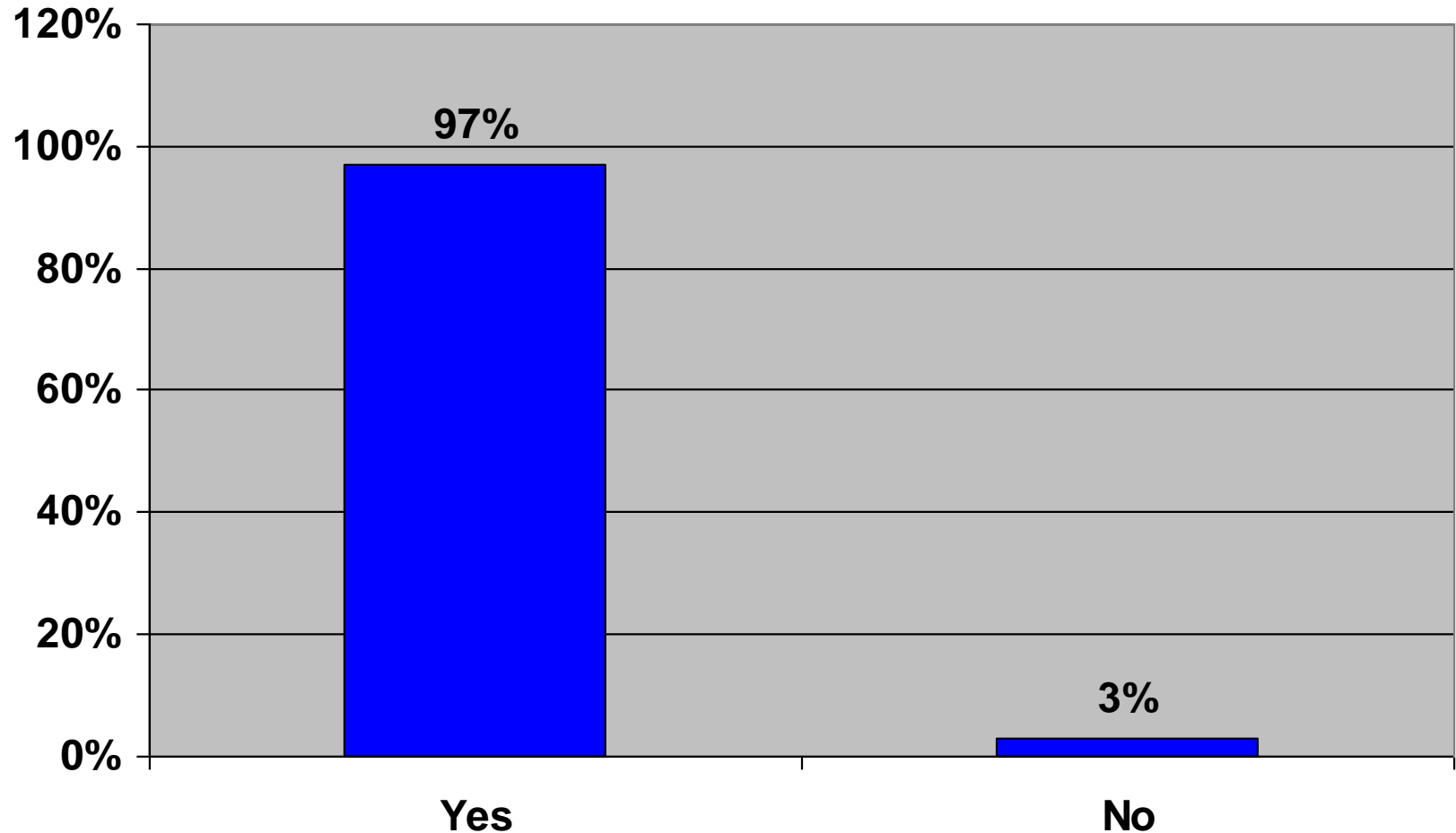
# How would you prefer to initiate the Foul Odor Protocol?



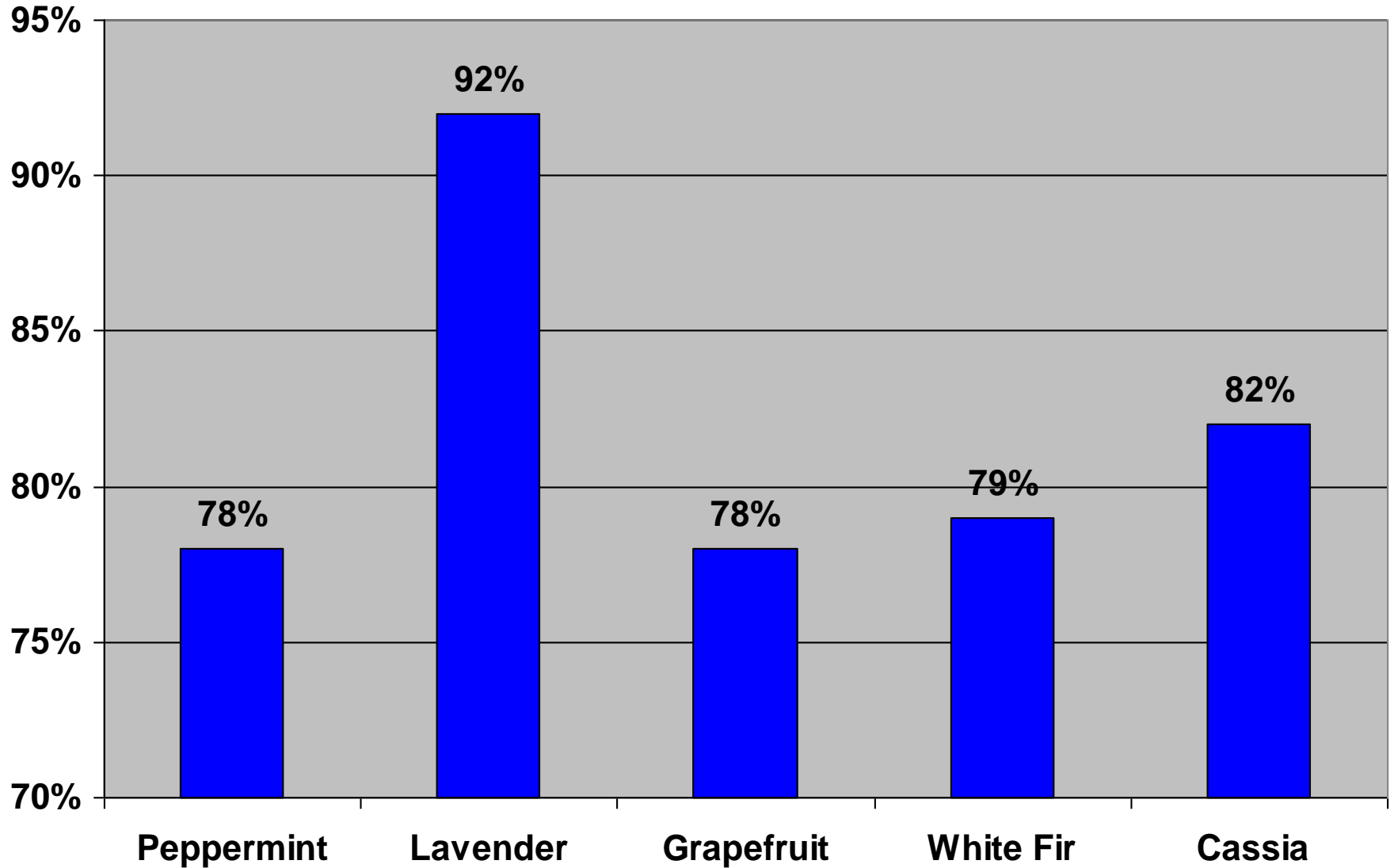
# Which essential oils have you enjoyed diffusing the most?



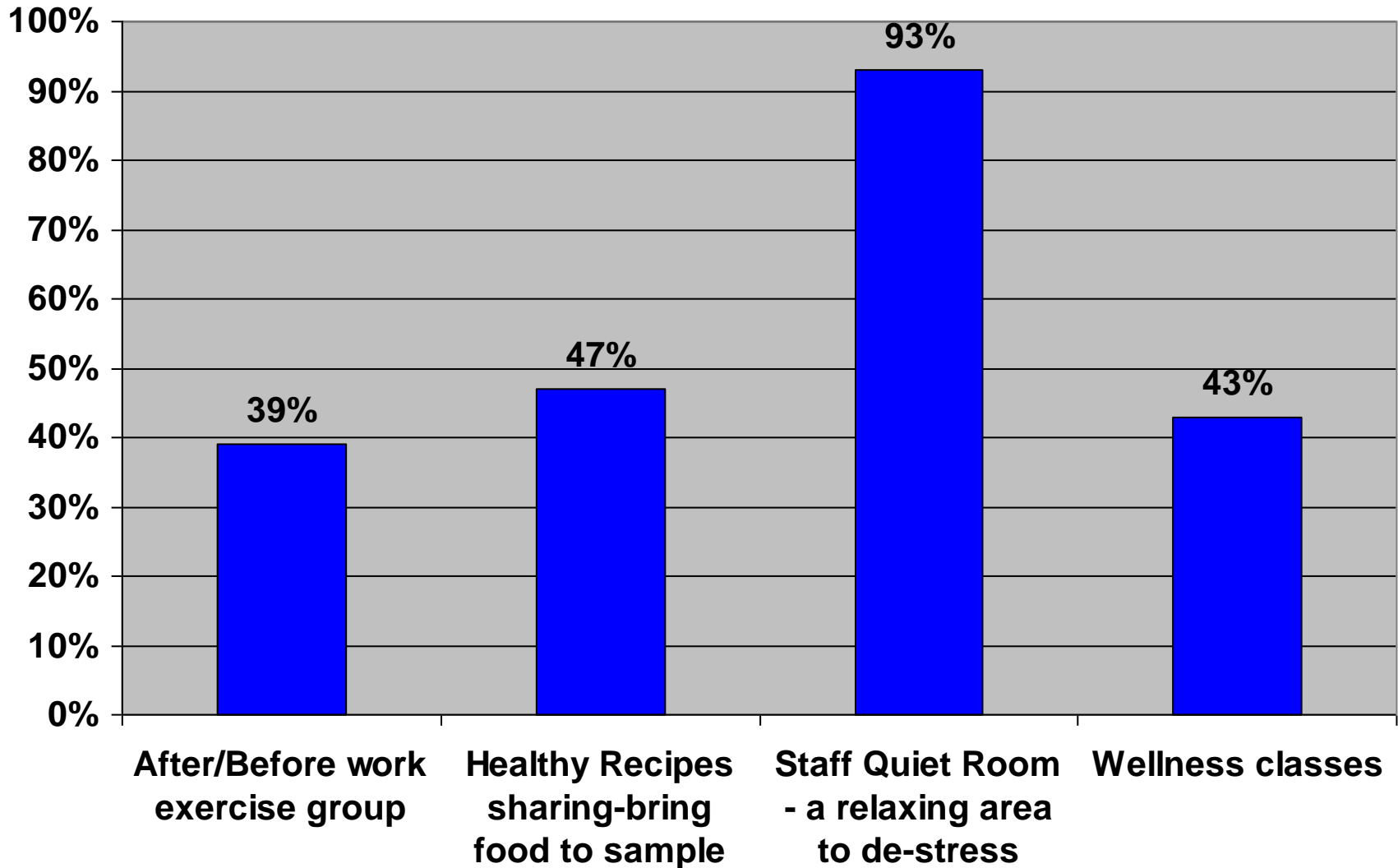
**Would you be interested in participating in a Stress Relief Day while at work, which would include wellness therapies such as neck & shoulder massages, hand massages, paraffin wax hand treatments, etc?**



# Which essential oils would you be interested in diffusing in the future?



# Which of the following would you like to see the Wellness Committee initiate?



**For more information  
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