Training Office

- Training Director: Catherine Fuchs, M.D.
- Outpatient Training Director: Jeffrey Stovall, M.D.
- Associate Training Director: Edwin Williamson, M.D.
Training Teams

Inpatient Team: Catherine Fuchs, MD
Edwin Williamson, MD
Harsh Trivedi, MD

Outpatient Team: Jeffrey Stovall, MD
Thomas Lavie, MD
Anne Bartek, MD
Volney Gay, MD

Consultation Liaison: John Shuster, MD
Amanda Wilson, MD

Education Training Office: Cheryl Casner
Andrea Ivy
Mission

- Clinical Excellence
- Teaching Excellence
- Research Excellence
Vanderbilt University Medical Center

- Vanderbilt Psychiatric Hospital
  - 88 bed hospital
- Vanderbilt University Hospital
  - 656 bed hospital
- Stallworth Rehabilitation Hospital
- Vanderbilt Children’s Hospital
  - 243 beds
- The Nashville VA
- Medical Research Buildings
Vanderbilt University Medical Center

- Outpatient Clinics
- Vanderbilt University Medical School
- The Kennedy Center
  - TRIAD- Autism spectrum disorders
- Bill Wilkerson Speech & Hearing Center
- Peabody Department of Psychology
- Center of Excellence
- Vanderbilt Neuroimaging Institute
Department of Psychiatry

- Full time faculty: >90
- Significant focus on vertical development:
  - Outpatient clinics
  - Psychosis
  - Mood
  - Addiction
  - Child/Adolescent
- Growth in multiple areas:
  - Clinical development
  - Research faculty
  - Acquisition of space for laboratory research
  - Training opportunities
PGY 1

- 3 months of internal medicine (some residents may do 1 month of pediatrics)
- 2 months of neurology
  - 1 month inpatient neurology
  - 1 month outpatient neurology
- 1 month of emergency medicine
- 6 months of psychiatry
PGY 1

- Inpatient psychiatry rotations in PGY1 year:
  - Addiction service – 1 month
  - Adolescent service – 1 month
  - 4 months Adult Psychiatry Inpatient service

- Call responsibilities:
  - Evening call in VPH 5pm-9pm on rotating basis
  - Weekend call on Saturday or Sunday on rotating basis
PGY 1

- Teaching / supervision:
  - Protected time 1 afternoon / week for didactics
  - When on psychiatry rotations:
    - Morning report on Monday-Friday
    - 2 hours of individual supervision
    - Journal Club monthly
    - Grand Rounds weekly
    - Case conference weekly
    - Daily rounds with supervising faculty
    - Child seminar/ Addiction seminars when on those services
PGY 2

Clinical rotations are based on 12 months:

- 3 months Adult Psychiatry Inpatient service
- 2 months Adult Psychiatry Consultation Liaison service
- 1 month Child Consultation Liaison service
- 3 months Emergency Psychiatry (Night Float and Psychiatry ER)
- 1 month Community Psychiatry at Centerstone/Mental Health Cooperative/ Metro Downtown Clinic
- 2 months Outpatient
PGY 2

- Night call:
  - Night float total of 6 weeks
  - Weekend consults coverage 9am – 9pm Saturdays
  - Rotating consult call 9am – 9pm Sundays
  - Overnight call at VPH 9pm – 9am
PGY 2

- Teaching:
  - Seminars are scheduled for Tuesday afternoons from 1-5pm

- Topics include:
  - Psychopathology
  - Clinical psychopharmacology
  - Psychodynamic theories of development and therapy
  - Topics in Psychotherapy
PGY 2

- Teaching:
  - Morning Report Mon-Fri at 8am
  - Case conference at VPH weekly
  - Grand Rounds weekly
  - Journal Club once a month
  - Supervision 2 times per week
    - 1 hour with the unit attending physician
    - 1 hour with a supervisor assigned to the rotation
PGY 3

- Clinical Rotations:
  - Specialty Clinics - addictions, developmental disabilities, mood, psychosis, research and forensics, child & adolescent
  - VAPOC
    - Protected time for psychotherapy patients
  - VA adult outpatient clinic
    - Geriatric clinic

- Call:
  - Outpatient pager call
  - 5pm – 10pm call with junior resident Monday-Friday
  - 9am – 9pm call with junior resident Saturdays
  - 9am – 9pm consult call Sundays
PGY 3

○ Teaching:
  ○ Seminars:
    ○ 12 noon - 5pm on Tuesday afternoons
    ○ Topics include:
      ○ Psychopathology
      ○ Basic science of psychopharmacology
      ○ Clinical applications
      ○ Topics in psychotherapy
      ○ Psychodynamic theories of development and therapy
  ○ Psychodynamic psychotherapy case conference
  ○ Supervision:
    ○ Psychotherapy supervisor 1 hour/week
    ○ Continuity clinic supervisor 1 hour/week
    ○ Clinical case discussions in case conference format
PGY 4

- **Clinical Rotations:**
  - Community and Forensic Psychiatry
  - Continuity Clinic
  - Administrative (Chief Residents)
  - Consultation Liaison Psychiatry
  - Inpatient Rotations

- **Learning Opportunities:**
  - Clinical Electives
  - Research Electives
  - Teaching Opportunities

- **Supervision:** 2 hours/week minimum to be assigned based upon schedule of each individual resident

- **Call:**
  - Senior pager call
  - 9am – 9pm call with junior resident Sundays
PGY 4

- Seminars ½ day per week:
  - Forensic seminar
  - Journal club
  - Advanced psychopharmacology
  - Board review course
  - Elective seminars
  - Case conference at VPH
  - Case conference at VAPOC
  - Grand Rounds weekly
Resident Communication

- Monthly resident meeting with Training Director
- Monthly residents only meeting led by Chief Resident
- Annual retreat for all residents
- Representatives to the Residency Training Committee from each class - meet monthly with faculty to problem solve residency programming
Resident Life

Nashville has it ALL!
Fellowship Options

- Child and Adolescent Psychiatry
  - Residents eligible after their PGY3 year
  - Graduates are board eligible in both adult and child and adolescent psychiatry

- Psychosomatic Psychiatry
Research Opportunities

- Available during PGY3 and PGY4 year
- Faculty research in a variety of areas:
  - Schizophrenia
  - Psychopharmacology
  - Psychotherapy outcome studies
  - Mood disorders
  - Autism spectrum disorders
  - Addiction disorders
  - Neuroimaging
  - Genetics
Neuroimaging Center

Supports research and teaching initiatives across a broad spectrum of psychiatric illness.

Works in close collaboration with colleagues in various departments, the Vanderbilt University Institute for Imaging Sciences, and colleagues at other institutions.

Seeks to foster multimodal, multidisciplinary research addressing the etiology, pathophysiology, and treatment of mental illness.
Teaching Opportunities

- Vanderbilt Medical students rotate on inpatient, outpatient, and consultation services
- Medical students participate in call
- Small group teaching in VMS 1 and 2 classes
- Seminars for VMS 3
- Senior residents teaching junior residents
- Community teaching opportunities
Resources

- Vanderbilt digital library
- Use of electronic record for documentation and for prescribing of medications
- Use of order system that ensures careful review of drug-drug interactions to prevent medical errors
- Use of treatment algorithms for the management of acute withdrawal syndromes
- Collaboration with multiple services within the medical center, both clinical and basic sciences
Residency is hard work and a tremendous time of life, with exponential learning.

It is an opportunity to apply what you have learned in medical school, conceptualizing each clinical situation and acting upon it.

Questions…