Training Program

- Training Director: Jeffrey Stovall, MD
Mission

- Clinical Excellence
- Teaching Excellence
- Research Excellence
The Medical Center

- Vanderbilt Psychiatric Hospital
  - 88 bed hospital
- Vanderbilt University Hospital
  - 658 bed hospital
- Stallworth Rehabilitation Hospital
- Vanderbilt Children’s Hospital
  - 206 beds
- The Nashville VA
- Medical Research Buildings
The Medical Center

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- Outpatient Clinics
- Vanderbilt University Medical School
- The Kennedy Center
  - TRIAD- Autism spectrum disorders
- Bill Wilkerson Speech & Hearing Center
- Peabody Department of Psychology
- Center of Excellence
- Vanderbilt Neuroimaging Institute
Department of Psychiatry

- Full time faculty: 76
- Growth of Faculty: addition of 10 Faculty this year
- Growth in multiple areas:
  - Clinical development
  - Research faculty
  - Acquisition of space for laboratory research
  - Training opportunities
PGY 1

- 3 months of internal medicine (some residents may do 1 month of pediatrics)
- 2 months of neurology
  - 1 month inpatient neurology
  - 1 month outpatient neurology
- 1 month of emergency medicine
- 6 months of psychiatry
PGY 1

- Psychiatry rotations in PGY1 year:
  - Addiction service
  - Adolescent service
  - 3 months Adult Psychiatry Inpatient service

- Call responsibilities:
  - Evening call in VPH 5pm-9pm on rotating basis
  - Weekend call on Saturday or Sunday on rotating basis
PGY 1

- Teaching/supervision:
  - Protected time 1 hour/week to meet as a group with the Training Director
  - When on psychiatry rotations:
    - Morning report on Monday-Friday
    - 2 hours of individual supervision
    - Journal Club monthly
    - Grand Rounds weekly
    - Case conference weekly
    - Daily rounds with supervising faculty
    - Child seminar/Addiction seminars when on those services
    - Weekly seminar series with Training Director and Chief Resident
PGY 2

- Clinical rotations:
  - 3 months Adult Psychiatry Inpatient service
  - 3 months Adult Psychiatry Consultation Liaison service
  - 3 months Emergency Psychiatry (Night Float and Psychiatry ER)
  - 3 months Community Psychiatry at Centerstone/Mental Cooperative/ Metro Downtown Clinic
PGY 2

- Night call:
  - Night float total of 6 weeks
  - Weekend coverage of consults

- Emergency Psychiatry - consultation to VUH ED
PGY 2

- Teaching:
  - Seminars are scheduled for Tuesday afternoons from 1-5pm
  - Topics include:
    - Psychopathology
    - Clinical psychopharmacology
    - Psychodynamic theories of development and therapy
    - Topics in Psychotherapy
PGY 2

- Teaching:
  - Morning Report Mon- Fri at 8am
  - Case conference at VPH weekly
  - Grand Rounds weekly
  - Journal Club once a month
  - Supervision 2 times per week
    - 1 hour with the unit attending physician
    - 1 hour with a supervisor assigned to the rotation
PGY 3

- Clinical Rotations:
  - Specialty Clinics - addictions, developmental disabilities, psychosis, research and forensics, child & adolescent
  - VAPOC
    - Protected time for psychotherapy patients
  - VA adult outpatient clinic
    - Geriatric clinic
- Call:
  - VA Triage until 5-10pm Mon-Fri and 10am-10pm Sat/Sun on rotating basis
  - Weekend consults on a rotating basis
PGY 3

- Teaching:
  - Seminars:
    - 12-5pm on Tuesday afternoons
    - Topics include:
      - Psychopathology
      - Basic science of psychopharmacology
      - Clinical Applications
      - Topics in psychotherapy
      - Psychodynamic theories of development and therapy
  - Psychodynamic psychotherapy case conference

- Supervision:
  - Psychotherapy supervisor 1 hour/week
  - Continuity clinic supervisor 1 hour/week
  - Clinical case discussions in case conference format
PGY 4

- **Clinical Rotations:**
  - Community and Forensic Psychiatry
  - Continuity Clinic
  - Administrative (Chief Residents)
  - Consultation Liaison Psychiatry

- **Learning Opportunities:**
  - Clinical Electives
  - Research Electives
  - Teaching Opportunities

- Supervision: 2 hours/week minimum to be assigned based upon schedule of each individual resident
PGY 4

- Seminars:
  - Forensic seminar
  - Journal club
  - Advanced psychopharmacology
  - Board review course
  - Elective seminars
  - Case conference at VPH
  - Case conference at VAPOC
  - Grand Rounds weekly
Resident Communication

- Monthly resident meeting with Training Director
- Monthly residents only meeting led by Chief Resident
- Annual retreat for all residents
- Representatives to the Residency Training Committee from each class - meet monthly with faculty to problem solve residency programming
Fellowship Options

- Child and Adolescent Psychiatry
  - Residents eligible after their PGY3 year
  - Graduates are board eligible in both adult and child and adolescent psychiatry
- Psychosomatic Psychiatry
Research Opportunities

- Available during PGY3 and PGY4 year
- Faculty research in a variety of areas:
  - Schizophrenia
  - Psychopharmacology
  - Psychotherapy outcome studies
  - Mood disorders
  - Autism spectrum disorders
  - Addiction disorders
  - Neuroimaging
Neuroimaging Center

- Supports research and teaching initiatives across a broad spectrum of psychiatric illness.
- Works in close collaboration with colleagues in various departments, the Vanderbilt University Institute for Imaging Sciences, and colleagues at other institutions.
- Seeks to foster multimodal, multidisciplinary research addressing the etiology, pathophysiology, and treatment of mental illness.
Teaching Opportunities

- Vanderbilt Medical students rotate on inpatient, outpatient, and consultation services
- Medical students participate in call
- Small group teaching in VMS 1 and 2 classes
- Seminars for VMS 3
- Senior residents teaching junior residents
- Community teaching opportunities
Resources

- Vanderbilt digital library
- Use of electronic record for documentation and for prescribing of medications
- Use of order system that ensures careful review of drug-drug interactions to prevent medical errors
- Use of treatment algorithms for the management of acute withdrawal syndromes
- Collaboration with multiple services within the medical center, both clinical and basic sciences
Residency is hard work and a tremendous time of life, with exponential learning. It is an opportunity to apply what you have learned in medical school, conceptualizing each clinical situation and acting upon it.

Questions…