Lab and Shipping Instructions for LabCorp and Family

Blood samples must be drawn Monday through Thursday and shipped on the same day.

The Lab should:
1. Draw one 8.5ml red tiger top tube provided in lab kit. (Tube must be filled at least halfway)
2. Make sure tube is marked with the subject’s name and date of birth. (A second tube is included as a backup if needed)
3. After the blood sample has been drawn, invert the tube 5-6 times. DO NOT SPIN. (It isn’t necessary to spin, but if you forget and spin, that’s okay)

Specimen Shipping Instructions: (Either the Family or the Lab staff can prepare Specimen for Shipment)
1. Wrap tube in tissue paper provided.
2. Return the wrapped tube to the styrofoam container.
3. Put the styrofoam container into the white cardboard box.
4. Put the cardboard box into the Ziploc bag and seal the bag.
5. Put this document and the client copy of the LabCorp requisition along with the Ziploc bag into the FedEx Clinical Pak. (Ship unfrozen the same day at room temperature using FedEx Priority Overnight)
6. Complete the sender’s information on the pre-printed/pre-paid FedEx airbill.
7. Keep the top copy of the airbill for your records. TrialNet will pay for the shipping via a third party account.
8. The completed Clinical Pak should be placed in a FedEx drop box before that evening’s pickup time.

The Family should:
1. Ensure that FedEx Clinical Pak is properly packaged and placed at FedEx pick up location.
2. Call the Vanderbilt TrialNet staff at 615-456-7100 to notify them that shipment will arrive the next day.

Please fill out the following information:

Date Blood Drawn (MM/DD/YYYY): __________________________________________________
Volunteer Name: __________________________________________________
Date of Birth: __________________________________________________
Physician or Lab Name: __________________________________________________
Name of Person Drawing Blood: __________________________________________________
Phone Number of Person Drawing Blood: __________________________________________________
Comments: __________________________________________________

For any questions, call 615-456-7100 or 615-456-7103.

This blood draw is for research purposes. Volunteers (including children) may withdraw their consent at any time. Consents and assents are kept in locked files at the Vanderbilt TrialNet Clinical Center.

THANK YOU FOR YOUR HELP IN THE RESEARCH OF TYPE 1 DIABETES!