Last Flight

LifeFlight Pilot Billy Hamblin’s legacy of safety and saved lives
Mood Suits

BY WAYNE WOOD

Remember mood rings? These were rings that had a stone that changed color, allegedly based on your mood. Most of the original rings came with a little color chart that detailed, with I’m sure great scientific accuracy, the meaning of the various colors—black was anxious, yellow was stressed, green was mixed emotions, light blue was love, dark blue was relaxed, purple was passionate, and so on.

Every one I ever put on immediately turned black, which demonstrates that they work GREAT.

Now think about it: what is the main question that comes up over and over in any workplace? That’s right: What kind of mood is the boss in today?

We all want to know that. Nobody wants to run afoul of a boss in a bad mood. Nothing good can come from that, but until now there’s been no sure-fire way to know without the risky gambit of striking up an actual conversation.

A mood ring might provide the answer to the critical boss-mood question, but it has a fatal flaw: if you’re close enough to see the color on the ring, you’re probably already too close if the news is bad. You can end up with a bad assignment, or have vacation time turned down, or who knows what kind of bad thing might occur.

That’s where my idea comes in: Mood Suits.

Mood Suits could come in both men’s and women’s models, and could be woven from fabrics with the same color-changing properties as mood rings. They could be cut in the latest styles from Paris or Milan, or they could look like real boss suits from J.C. Penney or Macy’s.

Doesn’t matter where they’re from, the crucial difference is, they’re Mood Suits, and since they’re suits, instead of rings, they can be seen from far away.

Imagine it: You’re wondering continued on page 12
This is the 29th year that House Organ has called on Vanderbilt staff, students, volunteers and faculty to submit photographs to the House Organ Photography Contest, the winners of which will be featured, one per month, in the 2011 House Organ Calendar, to be included in the combined December/January issue.

Only digital images will be accepted for the contest. These may be shot with a digital camera or scanned from prints, but all entries must be submitted electronically.

We are also asking for pictures of your pets. Selected pet pictures will be featured in the February 2011 issue in a “Pets of the Medical Center” feature.

And, in a new twist this year, we invite the Vanderbilt community to send us links to pet videos that you have posted online, so that we may share those links as part of the February 2011 “Pets” issue.

Details:

Calendar Photography Contest: Open to all subject matter. Twelve winners will be selected on the basis of interest, technical proficiency and suitability, and printed in the House Organ Calendar.

Pet Photography Division: Photographs of pets of Vanderbilt staff, faculty and students are welcomed. Photographic skill matters less than pictures that show the personality of the pets. It’s OK for people to be in the pictures, too. At the discretion of the judges, pet pictures may be considered for the calendar.

Those who want to include some information about their pets, such as age, or the fact that she was picked up as a stray, or that he howls when a fire truck goes by, are encouraged to do so. At the very least, tell us the pet’s name and the names of others in the pictures.

Pet Videos: Post your pet video to a site that hosts video, such as YouTube (Do not send the video as an attachment. Post it to a host site.) Then send the url to the contest entry address below, and some of the best videos will be linked to from the House Organ website as part of the 2011 Pets issue.

General rules (please read and follow carefully to avoid the disqualification of your entry):

Who may enter: The contest is open to Vanderbilt staff and faculty, volunteers, and students of graduate programs, including nursing and medical students. People who work in News and Communications are not eligible for the calendar competition. The photo must have been taken by the person entering it.

What type of photography is suitable? Anything—studio portraits, still lifes, landscapes, art photographs, aerial photography, pictures of children, pictures of adults and pictures of pets have all won in the past.

What formats are acceptable? The images must saved as .jpg images, and must be at least 300 dpi. (That means no cell phone photos or other low-resolution images; they just won’t work for print).

What information should be included with each entry? Your name, department or school, an address and a phone number should be written on or attached to each entry. Again, with the pet photographs, include the name of the pet and the names of any people in the photograph with the pet.

When is the deadline? Midnight on Friday, Oct. 22. No entries received afterward will be considered.

How do I send a pet video? Post your favorite videos of your pet or pets to a video hosting site, such as YouTube, then send an e-mail with the url link to the entry e-mail address.

How do I enter? Go to the House Organ Web site at http://www.mc.vanderbilt.edu/houseorgan/ and click on the button to enter, or send photos by e-mail to house.organ.photo@vanderbilt.edu, saved as jpg images, and at least 300 dpi.
Years of service
honored at annual celebration

The combined Medical Center and University Service Awards will be held Monday, Sept. 27, at 3 to 5 p.m. in Langford Auditorium. Those being honored this year are staff with five, 10, 15, 20, 25, 30, 35, 40, 45, 50, and 55 years of service. Those with 20 years or longer of service will be recognized at the celebration.

Here’s a list of Medical Center employees who will be honored this year, arranged by years of service and beginning with 10 years. The faculty list follows the staff list.

**STAFF**

10 years

Allison Acrey  
Perry Adams  
Joslin Adjei  
Helena Adkins  
Suzanne Alexander  
Terrance Allen  
Taneem Amin  
Warren Amyx  
Stella Askins  
Michele Austin  
Rekia Bacevac  
Tiffany Badgett  
Jason Baker  
Steven Ball  
Rebecca Banaszak  
Cindy Barber  
Laurena Barber  
Vlado Barisic  
Jeanne Barrett-Rice  
J. Mel Bass  
Karen Bates  
Sharon Beasley  
Claudia Beesley  
Marc Beller  
Patsy Benjamin  
Rebecca Bice  
Romy Billman  
Anissa Blackwell  
Martha Bland  
Vanessa Blivens  
Wendy Blue  
Christopher Boening  
Roberta Boggs  
Mavis Bolin  
Paul Bonner  
Judy Booker  
Dennis Boswell  
Tammy Bowers  
Blanche Brabender  
Kevin Bradley  
Korena Brandon  
Nancy Breslin  
Joan Breyer  
Debra Broadstone  
Patsy Brown  
Diane Brown  
Boyd Brown  
Stacy Bruce  
Melissa Bryan  
Tanaz Buchanan  
Matthew Bunke  
Lisa Burnett  
Larry Byrd  
Tammy Cagle  
Tonya Campbell  
Debbie Cartwright  
Doree Case  
Mark Casias  
Emily Cavanaugh  
Victoria Chambers  
Siprachan  
Chanthaphaychith  
Melissa Christy  
John Clark  
Patricia Clark Pollock  
Theresa Clem  
Sarah Cloud  
Barbara Cohoon  
Rita Cole  
Charlotte Collins  
Beverly Comer  
Brenda Compton  
Martha Cortner  
Peggy Cottles  
Falecia Cox  
Tammy Crawford  
Kimberly Crockett  
Dragan Cvtekovic  
Michael Daly  
Richard Dann  
Josephine Darwin  
Rose Davis  
Tameka Davis  
Arlene De Leon  
Daniel Delang  
Paul Dodd  
Bernice Donelson  
Joseph D’Souza  
Lanny Dunkum  
Jacqueline Dyball  
Thomas Ekman  
Kathryn English  
Jodi Ervin  
Mary Fagan  
Lynn Flair  
Jill Flowers  
Jill Forbert  
Lisa Fouad  
Patrick Fox  
Lorie Franklin  
Marcia Free  
Mary Frierson  
Amy Frye-Anderson  
Michael Gable  
Eugene Gallagher  
Kimberly Garton  
Toni Gibbs  
Alma Gieg  
Tara Godwin  
Marti Goemann  
Beth Goodrich  
Michelle Gordy  
Tori Gortam  
Phyllis Greene  
Leslie Grissim  
Alison Grissom  
Deborah Grissom  
Jerry Guel  
Josephine Guirguis  
Tashka Hamilton  
Penny Hamm  
Patricia Hammer  
Betty Hammett  
Christi Haning  
Daphne Hardison  
Sherry Harmon  
Alvinita Harper  
Myra Harris  
Michael Harris  
Katherine Harris  
Allison Hart  
Sheketa Harvey  
Robert Hastings  
Laura Hayes  
Thelma Hayes  
Cheryl Hazelip  
Kimberly Heaberlin  
Lisa Henderson  
Elisabeth Henley  
Lori Hicks  
Barbara Higgins  
Toni Hill  
Beverly Hill  
Cheryl Hinckson  
Tonya Hinton  
Charles Hitchcock  
Teresa Hobt-Bingham  
Jennifer Holland  
Jessica Holyfield  
Sandra Hollislaw  
Misty Hooper  
Valeria Horton  
Jasminko Hundur  
Raphael Hunt  
Karen Hunter  
Joan Isom  
Jimmy Jackson  
Gary Jackson  
Brenda Jakos  
Kathryn Jernigan  
Barbara Joers  
Billy Johnson  
Chris Johnson  
Kimberly Jones  
Lisa Jones  
Angela Jones  
Angela Jones  
Jerry Jones  
Lakisha Jordan  
Jill Judkins  
Joan Kaiser  
Cecilia Kanbi-Sowell  
Kimberly Kane  
Nesquilla Kelley  
Lindy Kelley  
Harold Kendrick  
Wendy Kiepek  
Jeffrey Kimble  
Kim Kinsley-Herrera  
Carole Kirkland  
Allison Kirkpatrick  
Miroslav Knezevic  
Leanne Lackey  
Sandra Landis  
Daphne Lane  
Cathy Larson  
Debra Leath

Ewanda Leavell  
Suzanne Lee  
Donald Lee  
Byron Lee  
Althea Lee  
Neil Legaspi  
Melissa Lieberman  
Sandra Linville  
Jenny Lippincott  
Jin Liu  
Wendy Lloyd  
Tracy Locklear  
Sarah Lovett  
Marie Lovett  
Felicia Lowe  
Onika Lowrey  
Clark Luhrs  
Jennifer Lyon  
Modesta Maldonado  
Judith Manning  
Venus Manuel  
Suli Mao  
Cheryl Markin  
Lori Martin  
Melvin Marsh  
Stephanie Martin  
Tawanda Maxwell  
Deborah Maxwell  
Katrina McClain  
Scott McConnell  
S McGregor  
Kristin McDade  
Dianne McGrath  
Virginia McIntosh  
Joselyn McKinney  
Camille McKissack  
Yolanda McNight  
Jane McLaughlin  
Terri McMin  
Joel McPherson  
Carol Meisch  
Lisa Mellies  
Shufang Meng  
Usha Menon  
Lori Michalowski  
Lisa Miller  
Kelly Miller  
Tracy Missildine  
Valerie Mitchell  
Judy Montgomery  
Marsha Moore  
Judy Moore  
Sonya Moore  
Leisa Morgan  
Susan Morris  
Kina Morton
Linda Wilkinson  
Paul Wilson  
Cynthia Wilson  
Sherri Woodall  
Dawn Woodard  
Tamiko Woodard  
Amy Woosley  
Zhi-Qi Xu  
James Yeargin

20 years

Donna Arkins  
Sara Arrington  
Pamela Askins  
Cheryl Baber  
Sara Wilson  
Pamela Arms  
Cheryl Basler  
Dawn Woodard  
Sherri Woodall  
Zhi-Qi Xu  
Wynman Bean  
Cathy Boldizsar  
Leah Bradshaw  
Elaine Bonner  
Sandra Broadnax  
Ellen Brown  
Lloyd Cunningham  
Jerri Demarco  
Stella DAVIS  
Donna DAVIS  
Sandra Clifton  
Nancy Cobb  
Sunisara Cush  
Valerie Creighton  
Lloyd Cunningham  
Shirley Curry  
Stella Davis  
Jenifer Dempsey  
Alesia Dixon  
Suzanne Duncan  
Ronnie Eastes  
Billie Escue  
Anita Esters  
Cassandra Fagan  
Margaret Findley  
Colleen Flanders  
Carlene Floyd  
Cheryl Giles  
Caroline Gilmore  
Agnieszka Gorska  
Rosalind Gray  

Donna Gregoric  
Sondra Grider  
Brenda Hildebrand  
Peggy Hoard  
Wendy Hodgins  
Diane Holloway  
Mary Horn  
Eric Howard  
Donna Hudgins  
Wanda Humphrey  
Joyce Hunt  
Carole Hunt  
Elease Irving  
Joe Jackson  
Adrienne Jenkins  
Cynthia Johnson  
Timothy Jones  
Sandra Jones  
Carole Jones  
Sarah Jones  
Carol Jones  
Debbie King  
Karen Kohl  
Tyrene Larkins  
Sandra Lee  
Lori Lewis  
Ann Lofti  
Xiaotao Lu  
Mary Magallanes  
Pamela Marmillion  
Janet Martin  
Ann Mayberry  
Randy Mayes  
Veronda McClain  
Rebecca McCord  
Nancy McCullough  
Sandra McDonald  
Carolyn McDonald  
Larry McKissack  
Karen Megar  
Bok Merriman  
Margery Middleton  
Toby Mofield  
Lana Molnar  

Yvonne MoneyPenny  
Loretta Moody  
Jimmie Moore  
James Mooney  
Keith Neal  
Regina Newsom-Snell  
Mary Nichols  
Keith Norton  
Betty Norwood  
Bibiana Nwaokolo  
Annette Oesper  
Melanie Oliver  
Alice O'Shea  
Jamie Patterson  
Jennifer Pelfrey  
Brenda Phillips  
Mary Pittle  
Diane Powell  
Lynn Price  
Gwen Provo-Bell  
Pamela Purcell  
Debbie Raines  
Sheryl Redlin-Frazier  
Mildred Roberson  
Margaret Rogers  
Linda Saliba  
Cynthia Sanford  
Janice Savage  
Peggy Schuyler  
Trina Scott  
Patricia Seitz  
Susan Seroff  
Betty Slusher  
Paula Smith  
Susan Snider  
Lisa Southall  
Jennifer Spain  
Anne Spooner  
Donna Stal  
Robin Steaban  
John Stewart  
Thomas Sullivan  
Jeanne Temple  
Joseph Thompson  
David Traumertich  
Carolyn Valentini  
Linda Varnell  
Janice VanAllmen  
David Waggoner  
Cynthia Waldron  
Jane Wcslol  
Dawei Wei  
Avi Weiner  
Mary Wells  
Jason West  
Susan Westman  
Gina Wey  
Joni Williams  
Christine Wilson  
Regenia Wisecarver  
Karen Wolfram  
Ricki Woodward  
Sandra Workman  
Jane Wright  
Jeanne Yeatman  
Teresa Young  

Mary Aaker  
Pam Adams  
Martin Appalsamy  
Greg Bachus  
Roland Bailey  
Randy Bates  
Connie Bauersachs  
Amy Bell  
Tom Billings  
Cheryl Boehm  
Shirley Booker  
Arnold Branch  
Linda Burch  
Julia Cartwright  
Melinda Caudill  
Jonie Chavez  
Connie Chevalier  
Susan Clark  
Mary Collins  
Jan Cook  
Jeanine Courtney  
Holley Cully  
Cedric Dillard  
Panda Dodson  
Allison Duffey  
Melissa Eckstein-Harmon  
Jeanette Frazier  
Cindy Garrison  
Joan Gottesman  
Christine Green  
Lisa Hacker  
Patty Hendricks  
Maynette Jackson  
Terrance Jenkins  
Mentoria Jennings  
Belinda Kincaid  
Betty Lanier  
Jeff Laughlin  
Terry Lawrence  
Ann Lewis  
Sally Lindsey  
Christopher Lynn  
Suzanne Manning  
Judy Matthews-Taylor  
Darlene McCormick  
Dee Mewbourne  
Eva Montgomery-Lewis  
Cathy Morris  
Gayle Moss  
Tracy Moss  
Doss Neal  
Janice Nicholas  
Cindy Osborn  
Irina Perry  
Joy Phillips  
Jean Pippin  
Kathleen Prince  
Shan Raetzloff  
Joyce Randolph  
Melanie Rardin  
Rey Redha  
Bud Rice  
Bernie Rimgle  
Lou Rotter  
Lori Russell  
Kim Schafer  
Tony Self  
Susan Smith  
Jackie Smith  
Elizabeth Sparta  
Trudy Sullivan  
Renea Tallett  
Bob Taylor  
Judge Thomas  
Sylvia Thompson  
Denise Todd  
Claire Vancour  
Lisa Wagahoff  
Holly Waldrop  
Monica Weimann  
Bernadean York

30 years

Anna Ambrose  
Susan Bailey  
Teri Blankenfield  
Cynthia Brown  
Toniia Brown  
Suzanne Campbell  
Teresa Carlebow  
Val Cook  
Susan Cope  
Susan Couch  
Debbie Craig  
Ralph Dipalma  
Carol Eck  
Joe Erning  
Emily Fagan  
Ginny Featherston  
Lolita Fite  
Myllinda Frost  
Glenna Gant  
Darlene Gant  
Rita Goodlett  
Dolores Griggs  
Tom Grubbs  
Sandy Hahn  
Fran Hammond  
Judy Hassell  
Jon Hastings  
Cheryl Hendrix  
Tina Herron  
Gail Hess  
Barbara Hill  
Angela Jackson  
Pat Jobe  
Beth Keith  
John Ladd  
Sherry Law  
Pam Liggitt  
Daniel Majors  
Pam Marlin  
Mimi McCarty  
Leavy McCoy  
Randy McIntosh  
Connie Meredith  
Edna Morton  
Paula Musgrave  
Barbara Page  
Reba Patton  
Ernie Patton  
Sheila Polk  
Dan Ramage  
Henry Reed  
Maureen Riggis  
Frances Robinson  
Brenda Robinson  
Mary Royer  
Donna Ruth  
Debbi Scruggs  
Lynn Sikes  
Ann Simons  
Edith Smith  
Katherine Snider
Rhonda Staggs  Carolyn Stevens  Mike Striplin  Helen Talley  Pat Thropp  Ernest Turay  Michael Walker  Bill Weller  Nancy Wickersham  Brenda Williams  Carol Wilson  Leigh Witherspoon  Christy Worden

35 years

40 years
Bob Aquino  Ellen Carter  Wanda Couey  Mittie Edmund  Marion Gervickas  Judy Goode  Marlene Jayne  Patricia King  Loreita Little  Odessa Settles  Ronnie Thompson  Ella Turner  Jan West  Maurice White  Celeste Yokley

45 years
Glenda Ing  Janelle Owens  Dorothy Trimble

50 years
Addie Harding  Howard Price  Janie Warden

FACULTY
10 years

15 years

20 years

25 years

30 years
Charlotte Covington  Kathryn Edwards  D Grantham  Howard Jones  Samuel McKenna  Martha Miers  Lillian Nanney  Fritz Parl  Clarence Partain

35 years
George Avant  Vivien Casagrande  Sharon Francis  Frederick Guengerich  Richard Heller  Lyman Roberts  Rose Robertson  Judith Sweeney

40 years
Hakan Sundell

45 years
Conrad Wagner

Addie Harding—50 years.
The annual Open Enrollment for Vanderbilt’s benefits-eligible faculty and staff is Oct. 1–15. Online Open Enrollment begins at 8 a.m., Oct. 1, and ends 5 p.m. on Oct. 15. ALL faculty and staff must complete the online enrollment form this October or receive the following default benefits in 2011:

• Health Plan – Aetna Standard, employee-only tier (even if you currently waive Health Plan coverage)
• Dental Plan – waive (no coverage)
• Vision Plan – waive (no coverage)
• Accidental Death & Dismemberment – waive (no coverage)
• Flexible Spending Accounts – waive (no spending accounts)

NOTE: Your current Short-term Disability election will not change

A Special Enrollment for Adult Children will be available Sept. 16–Oct. 15, an option made available through Health Care Reform. (See table on page 9 for more information.)

Health Plan
Faculty and staff 2011 monthly payroll deductions for the Health Plan will be based on salary, or more accurately, the ‘Annual Base Benefits Rate’ (ABBR), an amount on which Human Resources bases the cost of other benefits, including life insurance. The ABBR is not necessarily the same as an employee’s annual salary. Faculty and staff are urged to find their ABBR, upon which 2011 Health Plan rates will be based, on the ‘Job Profile’ tab of C2HR at www.vanderbilt.edu/c2hr. ABBRs as of Sept. 16, 2010, will be used to determine 2011 Health Plan payroll deductions.

Administration determined that by moving to salary-based payroll deductions, the Plan will be better positioned to maintain affordable coverage for the future. The majority of faculty and staff will not see any increase to their monthly payroll deductions for the third consecutive year. To find what your monthly payroll deduction amount will be, log on to https://hr.vanderbilt.edu/secure/oe2010/2011options.htm.

Other changes to the Health Plan include a switch to the BlueCross S network. Not all providers that were in the P network are in the S network, and faculty and staff should check whether their providers are in-network by looking at the provider directory on www.bcbst.com/members/vanderbilt. There is no change to the Aetna POS II network. All Vanderbilt providers are in both BlueCross S and Aetna POS II networks.

There will be no increase to office visit copays, deductibles and out-of-pocket maximums for those who seek care at Vanderbilt. Copays, deductibles and out-of-pocket maximums will increase for in-network and out-of-network providers and facilities.

Dental and Vision
The monthly premiums for both Dental Plans and the Vision Plan will increase in 2011, however, there are no changes to the coverage.

Accidental Death and Dismemberment
There are no changes to the Accidental Death & Dismemberment plan or rates.

Short-term Disability
New enrollments in Short-term Disability will require evidence of insurability. You will need to answer questions about your health and any existing conditions on The Hartford’s online enrollment site. The Hartford must approve all new Short-term Disability applications, as coverage is not guaranteed this year. This does not apply to anyone who already has the Short-term Disability insurance.

Flexible Spending Accounts (FSAs)
Beginning Jan. 1, 2011, due to Health Care Reform, if you want to purchase specific over-the-counter items and medicines using your Health FSA, you will need a prescription from your doctor. You should keep this in mind when planning your 2011 Health FSA contribution, as any funds not used will be forfeited.

Benefits Fair in three locations
The Benefits Fair is sponsored by the Office of Benefits Administration and will be in three locations this year. Come to the fair to visit with benefits companies, third party administrators, and this year at the Student Life Center location, local banks and Vanderbilt clinics.

Vanderbilt Health One Hundred Oaks
Tuesday, Sept. 28
10 a.m. to 2 p.m.

VMG Franklin—Edward Curd Lane
Wednesday, Sept. 29
10 a.m. to 2 p.m.

Student Life Center
Thursday, Sept. 30
7 a.m. to 2 p.m.

Bring your Vanderbilt ID to the Fair to register for door prizes. For a complete list of Fair exhibitors, go to http://hr.vanderbilt.edu/benefits/benfair.htm.
**Change** | **Will this change affect you?**
--- | ---
**Open Enrollment/Systems** |  
**COMPLETING ONLINE FORM IS REQUIRED**  
All benefits-eligible faculty and staff must complete online Open Enrollment this year. Your current benefits elections (except for Short-term Disability for staff) will not roll over to 2011. | Yes. If you do not enroll or waive during Open Enrollment (Oct. 1–15, 2010), you will have the following default benefits for 2011:  
- Health: Aetna Standard, employee-only tier (even if you currently waive)  
- Dental: waive (no coverage)  
- Vision: waive (no coverage)  
- Accidental Death & Dismemberment: waive (no coverage)  
- Flexible Spending Accounts: waive (no spending accounts)  
*Note*: your Short-term Disability election will remain as it is in 2010.

**MONTHLY HEALTH PLAN PAYROLL DEDUCTIONS WILL BE BASED ON YOUR SALARY.** | **Maybe.** Find your “Annual Base Benefits Rate” (ABBR) on the ‘Job Profile’ tab of C2HR at [www.vanderbilt.edu/c2hr](http://www.vanderbilt.edu/c2hr), then, log onto [https://hr.vanderbilt.edu/secure/oe2010/2011 options.htm](http://https://hr.vanderbilt.edu/secure/oe2010/2011 options.htm) to find your 2011 monthly payroll deduction (based on your ABBR).

**SPECIAL ENROLLMENT FOR ADULT CHILDREN**  
In order for an adult-child between the ages of 18 and 26 to be covered by the Vanderbilt Health Plan, he or she must be your legal child and not have access to his or her own employer-offered health insurance coverage. | **Maybe.** If your adult child was previously not covered on the Vanderbilt Health Plan because of age or another limitation under our previous dependent eligibility rules, you may be able to enroll him/her during the 30-day enrollment period mandated by the Federal government. Our 30-day enrollment for adult children is Sept. 16–Oct. 15, 2010, for a Jan. 1, 2011, effective date. However, to conveniently enroll online you must wait until Oct. 1. If you choose to enroll prior to Oct. 1, you must use a paper enrollment form for adult children.

**Health Plan** |  
BlueCross BlueShield of Tennessee network changing from Preferred to Select | **Maybe.** If you choose BlueCross Select for 2011, you must check whether your doctor, hospital and/or other provider is in the Select (S) network. The provider directory is available at [http://www.bcbs.com/members/vanderbilt/](http://www.bcbs.com/members/vanderbilt/). *(Note: Vanderbilt providers are in the S network)*

Non-Vanderbilt deductibles and out-of-pocket maximums are increasing. | **Maybe.** If you are covered on the Vanderbilt Health Plan and visit a non-Vanderbilt doctor you will see an increase in deductibles and out-of-pocket maximums.

**Dental and Vision** |  
Monthly premiums are increasing. | **Yes, if you enroll in either CIGNA Dental plan or the VSP Vision plan.**

**Short-term Disability** |  
New enrollments in Short-term Disability will require evidence of insurability. (You will need to answer questions about your health and any existing conditions.) | **Maybe.** If you declined to enroll in Short-term Disability previously and are enrolling for the first time or re-enrolling after a lapse in coverage, you will need to provide evidence of insurability. On The Hartford’s enrollment site, you will be given the opportunity to submit evidence of insurability. Coverage is effective only when approved by The Hartford.

**Flexible Spending Accounts** |  
Over-the-counter items may not be eligible. | **Maybe.** Due to Health Care Reform, if you want to purchase over-the-counter items and medicines using your Health FSA, you will need a prescription from your doctor. Keep this in mind when planning your 2011 Health FSA contribution, as any funds not used will be forfeited.

**Enrollment Assistance**  
A computer will be available for online enrollment in HR Express, 2525 West End Avenue on the second floor, from 7:30 a.m. to 5 p.m. each weekday during Open Enrollment. Enrollment Labs will also be available at various locations during Open Enrollment. To find a list of Enrollment Labs, visit [http://hr.vanderbilt.edu/benefits/oe.htm](http://hr.vanderbilt.edu/benefits/oe.htm). Faculty and staff will need to have their VUnetID and e-password to use the Web-based enrollment. Those needing to get a VUnetID and e-password, should contact ITS at 343-9999 or visit [http://its.vanderbilt.edu/epassword](http://its.vanderbilt.edu/epassword).

*Information for this article was provided by Ginny McLean, Benefits Marketing Coordinator, Human Resources*
Billy Hamblin says he had a simple goal every shift he flew as a Vanderbilt LifeFlight pilot: “For the nurses to go home each night.”

For 26 years, since the LifeFlight program’s beginnings in 1984, Hamblin achieved that goal. He was in the pilot’s seat for more than 5,000 LifeFlight missions and, at the end of every shift, the nurses went safely home.

Of course, a lot of other people did, too. LifeFlight’s coverage area of Middle Tennessee and Southern Kentucky is full of former patients—mothers, fathers, sons, daughters, sisters, brothers—who are living today because Hamblin was there to get them to medical care at a critical time.

“Billy has been here so long he is a part of the institution,” said John Morris, M.D., director of the Division of Trauma and Surgical Critical Care. “There is not one part of the program since day one with the first LifeFlight mission in 1984, where he has not been a part of and made contributions.”

Hamblin began his aviation career in the Army, serving in Vietnam with an assault helicopter company. Before leaving the service, his duties also included inspecting units for compliance to flight installation standards, and teaching others as an instructor pilot.

He says his military experience flying in support of ground troops prepared him for his second career flying in support of trauma victims.

In 1984, fresh out of his active duty military service, Hamblin heard that Vanderbilt University Medical Center was starting a helicopter ambulance service and called to find out how he could join.

“I felt like this was important work,” he said. “I live in Clarksville and I knew this would be a great opportunity to serve my community and the greater Nashville area.

“I was a lot younger when I came to Vanderbilt. I was 35; my life was still wide open. I knew anything could happen with my career, and [being an EMS pilot] was helpful [work].”

Change and growth
Since Hamblin’s career at LifeFlight extends to the entire history of the program, he has seen the change and growth over the years. The program began with one, single-engine aircraft, and over time switched to dual-engine craft, grew to multiple crafts in four base locations, and added fixed-wing flights to its program. Sight navigation gave way to GPS systems, and the number of nurses and ground staff grew in response. And, Hamblin says, all the changes have resulted in better service to patients and improved safety for the LifeFlight staff.

The patients Hamblin most recalls
are injured children and gunshot police officers.

"I have seen how this program saves lives and makes a huge impact on so many people, but never felt like I was saving anyone, I was just doing my part to help," Hamblin said. "The saving is being done in the back by the nurses and by the doctors at Vanderbilt. We just use our skills to fly the aircraft and get back safely."

Over the years Hamblin held many positions in the program including lead pilot, and safety officer, and has been a mentor and guiding hand to more than two decades of pilots and flight officers. Over that time, Hamblin has honed the precepts he emphasizes: "A pilot is only as good as his last mission," Hamblin says. He tells pilots to stay focused, stay calm, and—that phrase again—get the nurses home at night. "I always told the new guys the same thing," he said.

"It was a privilege and honor to work with such bright people," he said. "[Vanderbilt is] such a quality institution."

One Last Flight
Earlier this summer, almost 26 years to the day after LifeFlight’s first mission in 1984, Hamblin made his last flight as an EMS pilot. It was reasonably routine; the crew flew from the Clarksville base and picked up a cab driver with gunshot wounds. On the way to Vanderbilt, the patient was conscious and, in the way that patients sometimes ask questions to pass the time, asked the nurses who was flying the helicopter. And, in the way that nurses will answer questions to help a patient feel comfortable, they told him Billy Hamblin’s name.

After the craft was safely on the helipad, the patient made good use of that information and, at the same time, put a fitting cap to the veteran pilot’s career. The gunshot man looked up from his stretcher into the eyes of the man who had flown the helicopter. “Billy, you did a good job,” he said.

"I have seen how this program saves lives and makes a huge impact on so many people but never felt like I was saving anyone, I was just doing my part to help."
what the best time is to ask a favor, and you see the boss coming down the hall from a distance, her Mood Suit all yellow. You quickly consult your Mood Suit color key and see that yellow means stressed. Bad time! You duck into the break room and avoid contact with a stressed boss. Better to hold off until the suit is a nice dark blue or even purple.

Or take the opposite situation. Suppose you want to put in for vacation time and you’re afraid it may not be approved. But you’re crafty. You take a quick look and see that the boss’ mood suit is aglow with the telltale dark blue—relaxed and at ease. Bingo! Book your trip!

This could be the greatest breakthrough in office personal relations since the invention of the coffee pot.

I’m telling you, when I’m this inventive, I’m dangerous.

Follow Wayne on Twitter: @woodw

Employee Celebration Month becomes Employee Celebration Year

Since 2002, Vanderbilt has held Employee Celebration Month each year during September. Employee Celebration Month was filled with festivities such as a picnic, tailgate, Employee Service Awards, tours, concerts, brown bag learning sessions, tasting events, fashion shows and many other events to encourage celebration across the university.

Celebration Month has become a time many staff and faculty look forward to each year.

However, staff and faculty feedback has consistently demonstrated that attempting to hold too many festivities during only one month creates schedule conflicts for those who wish to attend.

Employee Celebration events will now be held throughout the year to maximize opportunities for participation. After conducting a staff and faculty Celebration survey, and reviewing hundreds of responses, the Employee Celebration Committee is implementing a schedule change which will include all the same great events, and a few changes such as a University picnic in May.

“The committee has done a fine job in evaluating Employee Celebration’s event schedule, reviewing survey data and making recommendations for this change,” said Jerry Fife, vice chancellor for Administration. “While many of our faculty and staff would enjoy attending events, fall is an extremely busy time across the University with our students returning. Changes in the calendar will allow for much better attendance and celebration.”

Jeff Balser, M.D., Ph.D., vice chancellor for Health Affairs and Dean of the School of Medicine, also spoke in favor of the change.

“Employee Celebration has evolved into an important component of Vanderbilt’s culture. Whether announcing our newest Commodore Award winner or congratulating colleagues for years of distinguished service, Celebration is an experience which bonds us together as one university,” he said. “Broadening Employee Celebration’s schedule improves our opportunity to acknowledge the significant contributions of our staff and faculty.”

Employee Celebration Events—September

- Saturday, Sept. 4, 3:30-6 p.m., Rob Roy Purdy Field at the Student Recreation Center. Tailgate—The annual employee party before a Commodore football game will be before the Vanderbilt-Northwestern game, which kicks off at 6:30 p.m.

- Monday, Sept. 27, Service Recognition Ceremony 3 to 5 p.m., Sept. 27, in Langford Auditorium

- Throughout the month: Know Your Numbers, in which Health Plus provides a chance to get a blood pressure check and other important health information. Tuesday, Sept. 7, noon–2 p.m. One Hundred Oaks, 26102; Thursday, Sept. 9, 3401 West End, suite 380; Wednesday, Sept. 15, 11 a.m.–1 p.m. Light Hall, North Lobby; Tuesday, Sept. 21, 11 a.m.–1 p.m., VMG Clinic, Edward Curd Lane; Thursday, Sept. 23, 11 a.m.–1 p.m. Law School, Flynn Auditorium; Wednesday, Sept. 29, 7–10 a.m. Monroe Carell Jr. Children’s Hospital at Vanderbilt, 2104.

More information on these and upcoming events throughout the year are at the Employee Celebration website, http://www.vanderbilt.edu/employeecelebration

Environmental Services’ Dorothy Ogburn, left, and Carolyn Threat, right, get down at Night Owl Howl.