MT-2 Basic Spinal Course

MT-2 Course Description (21 Hours/2.5 CEUs)

The included 112 page Course Manual contains 146 digital photographs of the techniques.

Day 1:  8:30am-5:00pm* In some instances may be 12:30pm-8:00pm
Day 2:  8:00am-5:00pm
Day 3:  8:00am-2:00pm

MT-2 Course Requirements
May be taken as the first course in the series. Open to PTs, MDs, DOs. Enrollment limited. Lab clothes required for all sessions

MT-2 Course Objectives
At the conclusion of this course the participant will be able to:
Conduct a subjective & physical examination of the spine based upon the Maitland-Australian concepts of assessment as described by G. Maitland and others.

● Understand the principles of treating pain and stiffness using manual therapy
● Improve clinical reasoning skills
● Select the most effective treatment techniques for the patient based upon the clinical assessment
● Understand and use the 6 Clinical Hypothesis Categories as per M. Jones and other researchers
● Apply the principles of treating pain and stiffness as described by G. Maitland and other researchers

Pricing
Course is $550... Non Refundable  See Registration Page

PLEASE PRINT THIS PAGE FOR FURTHER REFERENCE

Course Schedule
We suggest that you check this page often to check course confirmation status and to check on new courses which are added frequently.

Register for Courses
Registering for classes is easy. Submit full payment with the registration form. Reservations are limited to a first come, first-served basis.

Resources
We update our "Research" page frequently with journal articles and reviews, and clinical updates by our senior teaching faculty.

Find a COMT
Looking for a COMT? This list includes MAPS Examiners and Instructors involved in the examination and training of COMT Graduates.
Seminars: 5 New Courses

***NEW*** MT-ST STABILIZATION TRAINING (See Below for Details)

MT-SIJ...THE SIJ AND PELVIS
MT-A...CADAVER ANATOMY
MT-R...MAITLAND REVIEW
MT-Manip...UK OSTEOPATHIC SPINAL MANIPULATION

Maitland Australian Physiotherapy Seminars (MAPS) presents 3 day (21 Hours/2.5 to 3.0 CEUs), clinical seminars primarily for PTs, MDs and DOs, however PTAs, may be permitted to take MT-1 and MT-2, provided they comply with APTA HOD RC 31-01(See Below): Our organized continuum of seminars incorporate the teaching of Geoff Maitland and others who have contributed to what has become known as the "Maitland-Australian Concept".

Accurate assessment and clinical decision making are the keys to effective treatment. This is taught in a 70% "Hands-On" laboratory format. "Live" patient assessment is also included, where allowed.

On a scale of 1(Poor) to 6 (Outstanding) the average for the last 13,778 participants was 5.77 or 96.16%
Techniques of assessment and treatment taught include:

- Spinal and Peripheral Joint Mobilization
- Spinal Manipulation (where permitted)
- Neurodynamics
- Traction
- Spinal Stabilization
- Spinal Instability Testing
- Clinical Reasoning
- Differential Diagnosis

APTA HOD RC 31-01(Modified) The material taught in these courses is not intended to be used outside the scope of the participants personal abilities, licensure or relevant regulations. Furthermore, elements of patient/client care are considered Physical Therapy only when performed by or under the direction of a Physical Therapist in accordance with APTA policies, positions, and standards.

**MT-1 Basic Peripheral Course**
Introduction to Maitland's principles for the assessment and treatment of the Peripheral joints. Includes Assessment & Treatment of the Gleno/Humeral, Scapulo/Thoracic, Acromio/Clavicular, Sterno/Clavicular, Elbow complex, Wrist and Hand. Lower limb segment include the Hip, Knee, Patello/Femoral, Ankle and Foot.

**MT-2 Basic Spinal Course**
Introduction to Maitland's principles for the assessment and treatment of the Cervical, Thoracic, and Lumbar spine.

**MT-3 Intermediate Spinal Course**
Continuation from MT-2, assessment and treatment of the Spinal column, refined and clarified. Including spinal instability testing, Traction, Stabilization, and Introduction to Cervical Manipulation.

**MT-4 Differential Assessment and Clinical Reasoning**
Continuation from MT-3, emphasis on Clinical Reasoning and Differential Assessment of the Cervical/Shoulder/Thoracic and Lumbo/Pelvic/Hip regions.

**MT-5 CERTIFICATION in Manual Therapy**
Extensive examination leads to Manual Therapy CERTIFICATION at the Intermediate level.

**ELECTIVES...NOT REQUIRED for MT-1 through MT-4 series, or COMT**

**MT-SIJ...SIJ-PELVIS COURSE**
15 Hours Direct (2 Days), 9 Hours Home Study, 1.5 CEUs, $425
This 2 day course is an introduction to Evidence based assessment and treatment of the SIJ and Pelvis. The emphasis is on using current best evidence to improve diagnostic and treatment outcomes. Differential assessment of the Lumbar spine, Hip, SIJ and Pelvis are taught and practiced. The
The seminar is 75% lab format, offering individual, supervised laboratory instruction. 15 hours over 2 days. Examination and treatment methods are based upon peer reviewed published evidence. An extensive reference list is provided.

**MT-GMT...GERIATRIC MANUAL THERAPY**

15 Hours Direct (2 Days), 9 Hours Home Study, 2.4 CEUs, $475

MAPS Senior faculty member Chad Cook wrote this 2 day, 75% hands on, workshop on the evidence based role of manual therapy in the disease specific management of the geriatric population. The course is taught by senior Instructors and addresses manual therapy intervention for Osteoporosis, Joint replacements, Arthritis, and Degenerative disc dysfunction and other specific diagnoses based upon the evidence based best practices available. An extensive, interactive CD-Rom is included as well as a comprehensive home examination.

**MT-Manips UK OSTEOPATHIC SPINAL MANIPULATION COURSE**

15 Hours Direct (2 days) 1.5 CEUs, $595

This 2 day course is an introduction to Spinal Manipulation for the Cervical, Thoracic and Lumbar regions based upon the world renowned UK Osteopathic philosophy. This approach utilizes minimal leverage, high velocity, low amplitude thrust techniques...believed to be one of the safest and gentlest forms of manipulation.

**MT-R REVIEW COURSE**

21 Hours Direct, 3 days, 2.4 CEUs, $595

Open to participants who have completed the MT1-4 series. HIGHLY RECOMMENDED, although NOT mandatory for COMT candidates. This course covers essential principles and concepts of the Maitland-Australian approach. 80% laboratory sessions review many of the techniques for major peripheral and spinal joints in the body.

**MT-A CADAVER ANATOMY COURSE**

21 Hours Direct, 3 days, 2.4 CEUs, $750

This hands-on anatomy course allows licensed professionals to explore prossected, intact cadavers to supplement their anatomical knowledge. Designed for professionals who wish to correlate their clinical experience with the in-situ anatomy. The cadavers are pre-dissected to allow for maximum learning during the course. Particular emphasis is given to manual therapy and how it relates to the actual anatomy. Major peripheral joints and spinal regions are covered. Class size is strictly limited due to the nature of this course. The course is held at George Washington University, Washington, DC. Participants must hold a PT, MD, or DO license to attend.

### Find a COMT
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### Course Schedule
We suggest that you check this page often to check course confirmation status and to check on new courses which are added frequently.

### Course Descriptions
Our seminars incorporate the teaching of Geoff Maitland and others who have contributed to what has become known as the "Maitland-Australian"

### Register for Courses
Registering for classes is easy. Submit full payment with the registration form. Reservations are limited to a first come, first-served basis.

### Faculty
Come meet our faculty staff. Each of our faculty has experience a wide variety of manual therapy practices as well as specialty areas.

http://www.ozpt.com/seminars.html
Concept".
Spring 2008 Provisional Course Schedule

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MT-4 Differential Assessment and Clinical Reasoning (2.8 CEUs)

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**MT-S Certification (0 CEUs)**

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**MT-A Cadaver Anatomy (2.4 CEUs)**

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**MT-G Geriatric Manual Therapy (2.4 CEUs)**

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**MT-M UK Osteopathic Manipulation (1.5 CEUs)**

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### MT-R Review Course (2.5 CEUs)

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### MT-S SIJ and Pelvis (1.5 CEUs)

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### MT-ST Stabilization Training

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http://www.ozpt.com/schedule.php
Course Schedule
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