Dear Newcomer to Nashville and to the Vanderbilt Community:

Welcome! Soon you will be making plans to relocate to Nashville. I hope you will fall in love with my hometown of Nashville and enjoy these year even amidst the rigors of training at Vanderbilt.

The Vanderbilt community is warm and friendly with multiple supports available to you. One of these is the Vanderbilt Housestaff Alliance (VHA). The VHA is a nonprofit social and philanthropic organization. Membership is open to the spouses and significant others of the Vanderbilt housestaff and alumni. Our mission is to promote friendship among members, to foster a supportive environment, and to serve the Nashville community. We hope that you will consider joining our organization!

One of the VHA services is to generate for incoming housestaff a guide to life in Nashville, the “Newcomer’s Guide”. Our members update this guide annually, and many of us have continued to draw upon this guide throughout our here. It contains information you will need for relocating, including information on real estate agents who sponsor VHA, as well as information on fun things to do. We have found Nashville to have many assets as a place to live, and I hope that you will find the same and quickly will be able to call it “home”.

I would like to thank the VHA editing committee and the Vanderbilt Graduate Medical Education office personnel for all of their work to produce and distribute the 2009 guide.

If you are interested in receiving more information about the VHA or have questions, please email, housestaffalliance@yahoo.com and a VHA member will contact you. Please also visit the VHA website, www.mc.vanderbilt.edu/VHA. We will be hosting a welcoming event in August. We sincerely hope that each of you will have the smoothest possible transition to Nashville and to your training years at Vanderbilt. We look forward to meeting you!

Sincerely,

Ansley B. Wells
Vanderbilt Housestaff Alliance President
(615) 554-3889
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GENERAL INFORMATION FOR NEWCOMERS:

Nashville Area Chamber of Commerce: (615) 743-3000 www.nashvillechamber.com
Website includes a wealth of information useful when planning a move to Nashville.

Nashville Convention and Visitors’ Bureau: (800) 657-6910 www.visitmusiccity.com
Website includes information on the many attractions and things to do when visiting Nashville – great for ideas when you’re still new to the city.

Tennessee.gov: www.tennesseeanytime.org/local/relocate.html
Website can answer all of your questions about relocating to Nashville including how and where to get your driver’s license, registering your vehicle, and registering to vote.

Nashville City Search: www.nashville.citysearch.com
Website includes the most up-to-date information on businesses, from restaurants and spas, to hotels and retail. Great place to find fun shops & restaurants around town.

HOUSING:
Housing assistance, whether buying or renting, is available from several sources. Those we recommend are listed below.

Vanderbilt’s “Off Campus Housing Referral Service”
https://apphost1a.its.vanderbilt.edu/housing/Main/
The Off-Campus Housing Referral Service has a great deal of information about all types of rental properties and information about purchasing a home, as well. Contact Kathy Hutchison in the Office of Housing and Residence Life at Kathy.hutchison@Vanderbilt.edu or at (615) 322-2594. The office is located at Branscomb Quadrangle, 2601 Vanderbilt Place, Rm 4119. They maintain files that are updated daily about everything from rental homes/duplexes, to efficiency apartments, to locating a roommate. They also provide information about utilities, school districts, realtors, etc. Their office hours are M-F, 8-5.

Office of Graduate Medical Education (GME)
The Office of Graduate Medical Education also has some limited housing information. The Office maintains a file of current house staff offering properties for purchase or rental. You may stop by to review this file at the GME office located at Light Hall, Room 209. In addition, if the house staff member has submitted the listing electronically, the listing is posted on the GME web page: http://www.mc.vanderbilt.edu/root/vumc.php?site=gme. Click on the “Housing Listings” link on the left side of the page.

Relocation Services
(Please note that the list provided below is for informational purposes only and is not a formal recommendation or endorsement.)
Some area banks offer complimentary relocation services to Vanderbilt house staff. They can provide information on Nashville area neighborhoods, schools, shopping, entertainment, places of worship, and any other information you may need. They also provide free tours of the city, rental assistance, spouse employment assistance, banking and mortgage assistance, and more. Also see Banking section below. Both of these groups are current or former VHA sponsors.
SunTrust Bank, Hillsboro Village location (2147 Belcourt Avenue, Suite 200 (walking distance from the medical center)
Carolyn Daniels, Mortgage Loan Officer: 615-297-7270, carolyn.daniels@suntrust.com
Josh Shamblin, Medical Private Banker: 615-297-7748, joshua.shamblin@suntrust.com
Mary Carlson, Medical Private Banker: 615-297-7675, mary.carlson@suntrust.com
First Tennessee Bank, 2525 West End Avenue, Suite 300 (walking distance from Vanderbilt)
Casey Guimbellot, Relocation Specialist: 615-734-6029, caguimbellot@firsthorizon.com

Moving Companies
(Please note that the list provided below is for informational purposes only and is not a formal recommendation or endorsement.)
Two Men and a Truck – www.twomen.com (877) 263-6444.
All My Sons Moving & Storage - www.allmysons.com/nashville/index.aspx
Nashville office: (877) 898-9028 or (615) 248-8500 National office: (800) 807-0081
Freedom Student Movers – Columbia, TN (931) 540-0068. For moves within TN.

Apartment Locator Services
Free national apartment rental publications on local listings are available at most Nashville area supermarkets. You may also contact the publishers directly at:
Apartment Blue Book www.apartmentbluebook.com (800) 222-3651
Apartment Guide www.apartmentguide.com
Other web sites www.apartments.com, www.rent.com

Realtors
Alliance members have worked with or recommended the following realtors. * Denotes current VHA sponsors or members.
(Please note that the list provided below is for informational purposes only and is not a formal recommendation or endorsement.)
*Carolyn Akins, Village Real Estate, (615) 383-6964 x325, cell (615) 504-2447
cakins@villagerealestate.com www.villagerealestate.com/cms/index.cfm?group_id=2409

*Bill Bell, Fridrich & Clark Realty, (615) 218-7991, cell (615) 351-6962
1516 16th Ave South, 37212 bill@thebellgroup.org, thebellgroup.org

*Shauna Brooks, French, Christianson, Patterson & Associates,
(615) 297-8744, cell (615) 347-2550
shaunabrooks@yahoo.com, www.homesinnashville.com/agents_details.php?agent_ID=42

*Julian Bryant, Crye-Leike, Realtors (615) 383-2050, cell (615) 491-2194
3815 Cleghorn Ave, 37215
julian.bryant@crye-leike.com, julianbryant.crye-leike.com

Karol Faragalli, Zeitlin & Co. Realtors, (615) 371-0185 cell (615) 289-3359
278 Franklin Rd. #140, Brentwood, 37027

Betty Finucane, Fridrich & Clark, (615) 327-4800
2909 Poston Ave., 37203
finucanb@realtracs.com, www.fridrichandclark.com/agent.asp?agentid=3892
Simon and Robin Hartland, Realty Executives, (615) 376-4500, (800) 977-7876
1600 Westgate Circle #100, Brentwood, 37027
contact@SimonandRobin.com, www.simonandrobin.com

Tara Hinman, Pilkerton Realtors, (615) 690-8452, cell (615) 519-7156
2021 Richard Jones Road, Suite 210, 37215, thinman@realtracs.com

Lynn Huffman, Weichert Realtors, (800) 383-3142
2207 Crestmoor Road Suite 101, 37215 www.lynnhuffman.com

Patty Johnston, Benchmark Realty, (615) 371-1544, cell (615) 202-9247
7127 Crossroads Blvd. Suite 102, Brentwood, 37027
PattyJohnston02@comcast.net, www.pattyjohnstonhomes.com

Jean Mayes, Keller Williams Realty, (615) 300-5936

Donnel Milam, Coldwell Banker, (615) 371-5411, cell (615) 400-4211
5400 Maryland Way, Brentwood, TN 37027, 373-1455
Donnel@TheMilamGroup.com, www.themilamgroup.com

Monica Neubauer, Keller Williams Realty, (615) 778-1818, cell (615) 568-8384
9175 Carothers Parkway, Franklin, 37067, website: 101778.yourkwagent.com/

Danny Newman, Providence Real Estate Group (615) 301-0181
info@ providencerealestategroup.com, providencerealestategroup.com

*Missy Rodriguez Brower, Zeitlin & Co. Realtors, (615) 383-0183 x114, cell (615) 476-5455
4301 Hillsboro Road Suite 100, 37215, missy.brower@zeitlinrealtors.com

Jennifer Rogers, Coda Realty, (615) 491-5606
5042 Thoroughbred Ln, Suite 200, Brentwood, 37027, www.codacorp.net/contact.php

Micki Stayton, Village Real Estate Services, (615) 383-6964, cell (615) 887-5616,
2206 21st Ave South, Ste 200, 37212
mstayton@villagerealestate.com, www.coolnashvillehomes.com
GREATER NASHVILLE - WHERE TO LIVE?:

The residential districts of greater Nashville are subdivided into 13 general areas. The attached page is a map of these areas. Vanderbilt residents reside all over the map, with the majority living in Area 2. Listed below are descriptions of the five areas where most Vanderbilt House Staff Alliance members reside, both as renters and homeowners.

Bellevue
With plentiful housing in the rolling hills just 8 miles west of downtown Nashville, it’s easy to see what makes Bellevue so popular. This area has a lot of apartments, condos and subdivisions that are affordable. (If you’re looking for a big yard or an older house, this isn’t the suburb for you.) The Bellevue area is quiet and safe, making it a good place to raise children. Many residents choose to live in Bellevue with easy access to Interstate 40 and a 20 minute drive to Vanderbilt. Bellevue also has a good public grade school, Harpeth Valley Elementary, and a relatively new YMCA. It is difficult to get to the Cool Springs area from this side of town. On the map provided, Bellevue is in Area 2, located right off I-40 west (or straight south on West End Ave).

Brentwood/Cool Springs/Franklin
From Vanderbilt, go South on I-65 and you will find the areas of Brentwood, Cool Springs, and Franklin. These three areas are located in Williamson County and provide a fantastic school system and a booming local economy. The Cool Springs area, which has grown significantly in recent years, has many movie theatres, restaurants and strip malls. Traffic during rush hour can be heavy. Many residents in this area with children agree that the larger investment in real estate is worth it for the excellent Williamson County schools. On the map provided, this area is located south of Nashville off I-65 and Franklin Road (Areas 1 and 10).

Crieve Hall/Nippers Corner
Residents in this area say you get more for your money. The Crieve Hall area is full of subdivisions built in the early 1960s. It is a quiet and safe area where you can buy an older house (predominantly ranch-style) with a nice yard for a nice price. It is a great area for raising a family. Crieve Hall has several good public grade schools and a beautiful new public library. This centrally-located area is about 8 miles from Vanderbilt, but has great access to I-65, making a trip to Vanderbilt about 12-15 minutes.

East Nashville
If you enjoy urban living, East Nashville's got the right stuff. It sits right across the Cumberland River from downtown and was Nashville’s first urban neighborhood, full of beautiful historic homes offering everything from Victorian cottages built before the turn of the century & quaint 1920’s bungalows to modern homes and condos. Its low-key vibe, neighborly feel, and down-to-earth personality make this community a great place to escape the city without leaving town. Shelby Park offers a 16 mile run/bike path, several playgrounds, two golf courses and a dog park. Walk from your house to a variety of unique shops, art galleries, coffee shops and eateries in East Nashville or cross the pedestrian bridge and stroll through downtown! Research more at www.eastnashville.org. On the map provided, East Nashville is in Area 6, in the North East quadrant near downtown Nashville.

Green Hills
Green Hills is an upscale area about five miles southwest of downtown Nashville. Consisting of mostly older homes and newer condominium complexes, this area offers safety, good
neighborhoods, quiet streets for walking and running, and good schools. Green Hills is convenient to both Vanderbilt and the interstates. The Mall at Green Hills is a favorite of Nashville shoppers because its variety of stores includes: Coach, Bebe, Restoration Hardware, Pottery Barn, Kiehl’s, Macy’s, etc. It also has several great restaurants including Cheesecake Factory, Carraba’s Italian Grill and Panera Bread. The disadvantages to the Green Hills area are that the housing tends to be expensive and the traffic can be heavy. On the map provided, Green Hills is in Area 2 nestled between Lynwood Blvd. and Franklin Road.

**Vanderbilt/ Belmont/Sylvan Park/West End**
The Vanderbilt/Belmont/Sylvan Park/West End area has many well-constructed older homes (predominantly 1920s-1960s), as well as a number of apartments, town homes, and condominiums. These in-town neighborhoods are pedestrian-friendly, near Vanderbilt and Hillsboro Village, convenient to downtown, and loaded with amenities. This area has coffee houses, brew pubs, good restaurants, banks and unique shopping. Eakin, the public grade school in the area, is one of Nashville’s best. The biggest advantage to living in this area is its proximity to Vanderbilt. Some residents live close enough to even walk or ride a bike. Of course, this close proximity has a price. Housing in the Vandy/West End area can be expensive, but some reasonably priced housing is available. This area is in Area 2 on the map, close to Vanderbilt between West End Avenue and Charlotte Pike.

If you’re looking to buy a house, check out the following website: [www.realtracs.com](http://www.realtracs.com)
It contains all of the MLS listings in Tennessee. To search for a property you must select the MLS area in which you want to look. Use the following map to familiarize yourself with the MLS areas (#1-8 in Davidson county, 9-14 in the surrounding counties)
**UTILITIES:**

Before moving into your new home, you should make arrangements with the following utility companies for services.

**Electricity:**

**Nashville Electric Service (NES),**  
1214 Church St, Nashville (615) 736-6900  [www.nespower.com](http://www.nespower.com)  
Call Center Hours: M-F 6 a.m. - 11 p.m., Sat. 7 a.m. - 5 p.m.  
Walk up Hours: M-F 8 a.m. – 6 p.m.

To establish service, call or stop in with two forms of identification (driver’s license, social security card, passport, birth certificate). New customers will need to pay a $180 deposit before service can be connected. In some cases, that fee can be waived: (1) **Letter of Credit**—A satisfactory letter of credit for the last 12 months of service from any gas or electric utility (no more than 2 disconnect notices, no more than one returned check, and no disconnects for non-payment). (2) **Credit Check**—An instant credit check with a credit bureau at no expense to the customer.

An initial service fee of $15 is charged if electricity is already on at your new location. If not, a connection fee of $45 (for same day service) or $30 (for scheduled service) is charged to have the electricity restored.

**Natural Gas:**

**Piedmont Natural Gas**  
(800) 752-7504, (615) 734-0665  [www.piedmontng.com](http://www.piedmontng.com)  
Call Center Winter Hours: M-F 6 a.m.-8 p.m., Sat 6 a.m. – 6 p.m., Sun 11 p.m. – 4 p.m.

To establish service, call customer service at the above number or make a service request through their online system (company is based out of North Carolina—no local office available). New customers will need to provide social security and driver’s license numbers and give permission to undergo a credit check or leave a deposit with the utility. If a deposit is required, it will be based on the two previous highest bills at the location. If the prior customers at your location were delinquent, you will need to provide a notarized copy of the lease showing your date of occupancy. Electricity and water will need to be active prior to your gas service start date.

**Water:**

**Metro Water Services**  
1700 3rd Ave N, Nashville (615) 862-4600  [www.nashville.gov/water/customer_service.htm](http://www.nashville.gov/water/customer_service.htm)  
Business Hours: M-F 8:00 a.m.-5:00 p.m.

Residential customers starting water service must pay a non-refundable service initiation fee of $35.00 for guaranteed same day service or $25.00 for any day thereafter. When you call, be prepared to provide them with your driver’s license information. If there is an outstanding balance on the address, you’ll have to set up service with Nashville Electric Service before your water service can be established.
Cable, Telephone, & Internet:
Comcast  
(615) 244-5900 or 1-800-COMCAST  www.comcast.com  
Call Center Hours: 24/7  
Visit website for numerous retail locations in your area: (select “Shop” then “Retail Locations” on left-hand side)  
Appointments can be scheduled for morning (8am – 12pm) or afternoon (1pm -5pm), but expect to be available most of the day, and allow up to 7 days to establish service. There are numerous options and packages available. Please visit their website for pricing and promotions.

AT&T  
(888) 757-6500; www.att.com  
Call Center Hours: M-F 7 a.m. – 6 p.m., Sat. 7 a.m. – 4 p.m.  
You can place orders through their website, and qualify for additional discounts for doing so. Allow at least 10-15 days to establish service. You will need to provide your complete street address, your social security number (for credit check), the name of your landlord (if renting), employment information, and a contact number.

Garbage Collection & Recycling:  
Metropolitan Department of Public Works  
(615) 862-8750   www.nashville.gov/pw/  
Each home in the Nashville Urban Services District is given two 96 gallon containers. One is designated for trash and the other for recycling. The trash containers are picked up weekly and the recycling containers are picked up monthly. Consult the underside of the container’s lid for pickup information. Nashville recycles paper, cardboard, metal cans (aluminum and food cans) and plastics (1-7). If your home doesn’t have a bin for recycling you can take paper, cardboard, metal, plastics and glass to centers located throughout the community. Metro Public Works also offers brush pick up four times per year. If you live outside the Urban Services District or outside of Davidson County, you must contact the local trash removal company (e.g.: PDQ, BFI, Hudgins, etc.). This service costs approximately $15 a month but is sometimes covered by the Home Owner’s Association fee in some subdivisions. Check your phone book for listings.

HOUSEHOLD REPAIRS:  
(Please note that the list provided below is for informational purposes only and is not a formal recommendation or endorsement.)

A and B Home Repair  Ben Tarpley, (615) 831-0660 (leave message)  
A&F Electric  (615) 244-4443, 2300 Kline Ave, 37211  
Art’s Quality Plumbing  (615) 294-6497  Family owned and operated.  
Bill Ragan Roofing Co.  (615) 242-0333  
Cloud’s Heating & Cooling  Curtis Cloud, (615)791-7499, cell: (615) 305-6121  
Green Hills Painting  (615) 485-1387, owner Terry York.  
Hiller Plumbing  (615) 292-6110 www.hillerplumbing.com  Nashville and Brentwood offices  
Sears Retail Outlet Store  640 Thompson Lane, (just past 100 Oaks Mall), M-Sat. 9 am.-9 p.m., Sun. 10 a.m. – 6 p.m., (615)742-1237  This store is essentially a Sears “Scratch & Dent” store. Appliances here are offered at significant savings but are discontinued models or models with some cosmetic damage. Good place if you need an appliance quickly and at a reduced price. There is also a Sears parts store attached for those who are handy enough for home repairs.  
Wehby Plumbing & Heating  (615) 255-7424 www.wehbyplumbing.com
DRIVER'S LICENSE:

- Upon establishing residency in the state, a Tennessee driver's license must be issued within 30 days. Take your Social Security card (or proof of your Social Security number) and valid out-of-state license, a current utility bill with NEW address, and a current bank statement or mortgage contract with NEW address to one of the testing centers (for a complete list of acceptable documents to establish your Tennessee address, please visit the website). Once there, if your old license is still valid, you will only have to take a vision test, have a new picture taken, and pay a fee. If your old license is expired, you may be required to take a written and/or road test in order to get your license. The fee is typically $19.50 for a five-year license and must be paid with cash, check or money order. However, the fee could be slightly more or less as it will be prorated in order to set your license expiration date to fall on a birthday divisible by five (i.e. 25, 30, 35, etc.). Also, if you are recently married and will require a name change on your new driver's license, remember to bring along your original marriage license. All your driver's licensing questions can likely be answered at http://www.tennessee.gov/safety

Driver's License Testing Centers:
6604 Centennial Blvd., (615) 741-4560 or 4561, M-F 8:30 a.m. – 5 p.m.
624 Hart Lane, (615) 532-9780, M-F 8:30 a.m. – 5 p.m.
4248 South Carothers Rd. (Franklin, TN), (615) 790-5515, Tues.-F 7 a.m. – 5:30 p.m.
All of these centers are full-service, offering road and traffic-rules tests. No road tests are given after 4:30 p.m. 2nd Wednesday of the month, opens 1 hr late.

Driver's License Express Centers: **NO TESTS AVAILABLE**
Express centers provide license duplicates and license renewals only. All centers open one hour later on the second Wednesday of the month.
1601 Murfreesboro Rd., (615) 741-2541, M-F 8:30 a.m. – 5 p.m.
William R. Snodgrass Bldg., 3rd fl., 312 8th Ave. N. (615) 253-2062, M-F 10 a.m. – 2 p.m.

AUTOMOBILE REGISTRATION:
www.state.tn.us/environment/apc/emmissions
Upon establishing state residency, you must purchase a Tennessee license plate for your car. Prior to purchasing your license plate, all vehicles (except diesel engines and motorcycles) manufactured in or after 1976 must pass the Middle TN Vehicle Inspection Program's emission test. Emission testing costs $10 (cash only-nothing larger than a $20 bill) and can be done at any of the stations in the Metro area. You’ll need to have your current registration (from your previous state) to have the inspection completed. The Davidson County emissions testing centers are open 7 a.m. - 6 p.m., Monday & Tuesday and 7 a.m.-5 p.m. Wednesday through Friday. Should your vehicle fail the inspection, you are entitled to one free re-inspection. Davidson County Centers are located at:

- 501 Craighead Street (just east of Franklin Pike, on west side of I-65 overpass)
- 3494 Dickerson Road (approx ½ mile north of I-65)
- 715 Gallatin Road, North, Madison (across the street from Regent Dodge)
- 3363 Stoners Bend Drive (Lebanon Rd. to Central Pike, Turn at Rippy's Auto Bodyshop)
- 1317 Antioch Pike (east of Harding Place, ½ block from Sam's Club) – This facility is open Sat. 7 a.m. to 3 p.m. but closed Monday
• 7008 West Belt Drive (go West from Centennial/Cockrill Bend stoplight, Westbelt is first right)

After your car has passed the emissions test, you may apply for a Tennessee license plate. The fee for a license tag, a Metro sticker and title change (if you own your car) is $89.50 (first TN license) and then the renewal each year is $79. If you own your car, you will need the title and emissions certificate. If there is a loan on your car, you will need to show current registration, the full address of the loan company and the emissions certificate. If your car is leased, you will need your current registration, your emissions certificate, and power of attorney from the lease company, & their tax exempt ID number. A copy of the lease is also helpful. Bring all paperwork to the main County Clerk's Office, Metro Howard Office Building, 700 2nd Avenue South, Room 153 (M-F 8a.m. - 4:30 p.m.), or any of the satellite offices, which include:

• Hermitage Police Precinct, 3701 James Kay Lane, M-F 9:00 a.m. to 5:00 p.m.
• South Police Precinct, 5101 Harding Place, M-F 9:00 a.m. to 5:00 p.m.
• Green Hills, Grace's Plaza, 2131 Bandywood Dr., Suite 205B, M-F 9:00 a.m. to 5:00 p.m.
• Old Madison Library, 501 Heritage Drive, M-F 9:00 a.m. to 5:00 p.m.
• North Police Precinct, 2231 26th Avenue North, M-F 9:00 a.m. to 5:00 p.m.

For more information, call the County Clerk's office at (615) 862-6251 or email at countyclerk@metro.nashville.org. The office is open 8 a.m. - 4:30 p.m., Monday-Friday; The automated information line is accessible 24 hours a day. The web site address is www.nashville.gov/cclerk/vehicles.htm
AUTO REPAIRS/SERVICE:
(Please note that the list provided below is for informational purposes only and is not a formal recommendation or endorsement.)

Eddie’s Garage, 412 40th Ave. N, (615)321-3602
Firestone Tire and Service Center, 6618 Charlotte Ave., (615) 352-5540
Polly’s Service Station, 3200 Belmont Blvd., (615) 297-7624
Rhea Little Tire & Auto Repair, 9042 E. Church St., Brentwood, (615) 373-5868
Sevier Tire & Auto Service, 234 Old Hickory Blvd., Bellevue, (615) 662-2550

VOTER REGISTRATION:
To vote in Nashville or the surrounding area, a person must be a citizen of the United States, be at least 18 years old and be a resident of Tennessee. You need to register to vote at least 30 days before an election. In Nashville there is a permanent registration.

To register, appear in person at the Davidson County Election Commission Room, 800 Second Ave. South, First Floor or pick up a mail-in form at any post office or public library. Mail this form to the Davidson County Election Commission, P.O. Box 650, Nashville, TN, 37202. You can also register while getting your driver's license. For more information. Additional information is available at the Election Commission’s website: http://www.nashville.gov/vote

MARRIAGE LICENSE:
Anyone over the age of 18 can purchase a Marriage License. It must be purchased no more than 30 days prior to the marriage ceremony at the County Clerk’s Office, 700 Second Avenue South. Both parties must be present with valid ID (that has proof of your SSN) and birth certificate to purchase the license. For more information, contact the County Court Clerk's Office, (615) 862-6256, 8 a.m. to 4:30 p.m. Monday - Friday. The fee is $99.50; however, those who complete a premarital course or any premarital counseling within the year prior to their wedding are exempted from paying $60.00 of the fee. The State of Tennessee has statutes in place prohibiting same sex marriages and will not recognize such marriages performed in another state. Tennessee law also does not allow for common law marriages, but Tennessee will recognize the common law marriage of a couple relocating from a state which legally recognizes such unions. More information is available at the Clerk’s website: http://www.nashville.gov/cclerk/marriage.htm

VARIOUS OTHER LAWS:
Liquor Laws: The legal drinking age in Tennessee is 21. Bars are permitted to stay open until 2 a.m. seven days a week. Liquor and wine are only sold through licensed package stores. Beer can be purchased at most grocery and convenience stores, as well as package stores, but not where liquor and wine are sold. Liquor stores are closed on Sundays.

DUI: Tennessee has one of the strictest DUI laws in the United States with .08 being the legal limit. If you are convicted of a first offense DUI, you will incur a jail sentence, probation, required public service, a $350 fine, court costs, and loss of your driver's license for one year.

Traffic Laws: Right turns on red lights after stop are legal at most intersections unless otherwise posted. Tennessee drivers are required to “move over” when passing a stopped emergency vehicle by switching lanes where applicable (four lane road) or slowing down while passing where “moving over” is not possible. Seat belts are required for vehicle drivers and all passengers.
regardless of age, and a vehicle can be stopped solely for a belt related offense. The drive of a vehicle is responsible for insuring that all children under the age of 16 are properly restrained in any vehicle, this includes requiring the use of car seats and belt positioning boosters. For a detailed list of the Child Restraint Laws, please refer to the state’s website at http://www.state.tn.us/safety/newCRD.htm

**TAXES:**
Currently, there is no personal income tax on most income including salaries, in Tennessee. However, Tennessee does have a tax on certain interest and dividend income over $1250 per person. The current state sales tax is 7% and the city sales tax is 2.25%, making a total of 9.25%. This combined tax is assessed against virtually all retail goods sold in Tennessee. For information on residential property taxes, contact the Metropolitan Property Assessor at (615) 862-6080. In Davidson County, tax is assessed at a rate of $4.04 per $100 of assessed value, with an assessment ratio of 25% for residential property owners. That is to say, a home with an assessed value of $100,000 would have property taxes of approximately $1,010.00 (or ($100,000*.025)*(4.04/100)). For the current taxes on a piece of property, consult the tax records online through the Property Assessor’s website: http://www.padctn.com/

**PUBLIC LIBRARIES:**
Downtown Nashville Public Library is located at 615 Church St., Nashville, TN 37219; (615) 862-5800. It is open M-Th. 9 a.m. – 8 p.m., Fri. 9 a.m. – 6 p.m., Sat. 9 a.m. – 5 p.m. and Sun. 2 p.m. – 5 p.m. Garage parking is available, and the first hour is free with library desk validation. In order to obtain a Davidson County library card, you must present a valid Tennessee driver’s license with a Davidson County address. There are a number of branch libraries in the system. For information on all the branches and the library’s programs, visit their website at: http://www.library.nashville.org.

**NEWSPAPERS & LOCAL PUBLICATIONS:**
*The Tennessean* is Nashville’s daily newspaper. The office is located at 1100 Broadway. For a subscription, call (615) 254-5661. For placing a classified ad you can , call (615) 259-8000. There are also several free publications with large circulations that are great resources. These publications may be picked up at many newsstands, local stores and YMCA locations.

*The Nashville Scene* is a great source for Nashville politics, arts, and entertainment. It is published weekly with distribution beginning on Wednesday. Visit their web site at www.nashscene.com

*The Nashville City Paper* is a free, locally focused daily newspaper.
www.nashvillecitypaper.com

*The Nashville Business Journal* is a local business-oriented paper published weekly.

*The Nashville Parent* and *The Williamson Parent* are a great resource for anything relating to children. Each issue features articles regarding parenting tips, family finances, baby pages, educational pages, community connections, book and video reviews, and children’s health issues. Most useful, however, is a detailed day-by-day calendar that includes virtually every family activity occurring in the greater Nashville area for the upcoming month. Visit www.parentworld.com for more information about The Nashville Parent.

*The Urban Journal* is America’s largest black-owned community newspaper.
www.urbanjournalonline.com
PUBLIC TRANSPORTATION:
The Metropolitan Transit Authority (MTA) located at 130 Nester St., and can be reached at (615) 862-5969. The MTA operates approximately 40 bus routes and trolley routes in the Nashville area. A monthly pass for unlimited rides on the MTA currently costs $60, but Vanderbilt will pay for any employee’s pass. Schedules and routes can be accessed via the MTA’s website at: http://www.nashvillemta.org.

Park’n Ride & Ridesharing program information can be obtained by calling (615) 862-8833. There are numerous lots around the city for ridesharing and there is a “guaranteed ride home” program for ride share participants.

Music City Star Commuter Rail Service – Recently, Nashville’s first commuter rail service opened. It runs from Nashville to points east, including station stops at: Donelson, Hermitage, Mt. Juliet, Lebanon, and Martha. A monthly pass ranges from $134-$168 depending on the stop from which you normally originate. More information can be found on the website: http://www.musiccitystar.org/

PLACES OF WORSHIP:
Nashville is an important religious center with more than 800 churches, synagogues, and temples. They say that there is a church on every corner...and that is about the truth. To find out more, pull up www.yp.bellsouth.com or www.nashvillelife.com on the Internet and then type in “church” or “synagogue.”

PET INFORMATION:
(Please note that the list provided below is for informational purposes only and is not a formal recommendation or endorsement.)

Grooming, Kennels and Veterinary Hospitals
(West Nashville/Bellevue Area)
Belle Meade Animal Hospital, 5121 Harding Road, (615) 352-4370
Belle Forest Animal Hospital & Kennels, 154 Belle Forest Cir., (615) 662-1700
Kritter Korner Boarding & Grooming, 9044 S. Harpeth Ct., (615) 662-5703
Pet Resorts of America, 7200 Charlotte Pke., (615) 356-6996

(Brentwood)

(Crieve Hall Area & Nolensville Road Areas)
Grassmere Animal Hospital, 3926 Nolensville Rd., (615) 832-6535
Music City Kennels Inc., 5950 Edmonson Pke., (615) 834-4455

(Vandy/West End/Sylvan Park Areas)
Murphy Road Animal Hospital & Pet Grooming, 4408 Murphy Rd., (615) 383-4241
Harris Veterinary Clinic, 6410 Charlotte Pike, Suite 109, (615) 356-7939

Pet Sitting Services
Animania Pet Sitting, 887-8984, www.animaniapetsitting.com
Posh Pooch Pet Sitting, 419-9685, www.theposhpoochspa.com
For those of you looking for a dog or cat, animal shelters always have a large selection of homeless animals that are looking for someone to love them. Fees are usually $75-95, but sometimes shelters will give away older animals for free to loving homes. For additional information contact:

**Happy Tales Humane**, located at The Factory Shops of Franklin, 230 Franklin Rd. (615) 791-0827, [http://www.happytaleshumane.com](http://www.happytaleshumane.com)

**Nashville Humane Association**, 213 Oceola Avenue, (615) 352-1010, [http://www.nashvillehumane.org](http://www.nashvillehumane.org)

**Love at First Sight Pet Adoption Center**, 4423 Murphy Road, (615) 297-2464, [http://www.lafspetadoption.com](http://www.lafspetadoption.com)


For complete information on rabies control, leash laws and other canine necessities, contact **Metro Nashville Health Department**, 311 23rd Ave. N., (615) 340-5616 between the hours of 8 a.m. - 4:30 p.m., Monday - Friday.

**BANKS/CREDIT UNION WITH SPECIAL FINANCIAL SERVICES FOR HOUSE STAFF:**

(Please note that the lists provided below are for informational purposes only and are not formal recommendations or endorsements.) * Denotes current VHA sponsors.

**AmSouth/Regions Bank**

*Martin T. Harris*, 1604 21st Avenue, Nashville, TN 37212, (615) 748-2440, martin.harris@regions.com. Mortgages in all 50 states, and 100% physicians loans with NO mortgage insurance in many states.

**SunTrust Bank**


**Carolyn Daniels**, Mortgage Loan Officer: 615-297-7270, carolyn.daniels@suntrust.com

**Josh Shamblin**, Client Advisor: 615-297-7748, joshua.shamblin@suntrust.com

**Mary Carlson**, Client Relationship Manager: 615-297-7675, mary.carlson@suntrust.com

**First Tennessee Bank**, 2525 West End Avenue, Suite 300 (walking distance from Vanderbilt)

*Nancy Vogel Benskin*, Private Banker: 615-734-6172, nwbenskin@ftb.com

**Civic Bank and Trust**

R. Chad Hankins, Vice President, 1798 West End Avenue, P.O. Box 331287, Nashville, TN 37203, Office, (615) 620-8085 Direct Line, (615) 515-8100 Fax chankins@civicbanktn.com

Free interest checking for life with NO ATM charges, Auto Loans, & Home Loans to the Vanderbilt residents and fellows. “One-stop-banking.”

**Vanderbilt Employee Credit Union**
Located in the medical center. Membership for Vanderbilt employees is a one-time fee of $0.25. http://www.vanderbiltcu.org/ Loans, savings accounts, and more.

**AREA BANKS:**
- AmSouth/Regions Bank – (615) 781-7000
- Bank of America – 1-800-299-2265
- Civic Bank and Trust – (615) 515-8000
- Cumberland Bank – (615) 661-5118
- Fifth Third Bank – (615) 687-3100
- First Tennessee Bank – (615) 748-8380
- Firstar Bank – 1-800-627-7827
- SunTrust Bank – (615) 391-2265

**INSURANCE AND FINANCIAL SERVICES:**
(Please note that the lists below are for informational purposes only and are not a formal recommendation or endorsement.) * Denotes current VHA sponsors.

*Jeff Fisher, Senior Vice President and Financial Advisor, Pinnacle Financial Partners*
Contact: Jeff Fisher, Pinnacle Financial Partners, 211 Commerce Street, Suite 300, Nashville, TN, 37201, (615) 744-3722, email: jeff.fisher@pnfp.com
Jeff has worked with the GME office for several years conducting financial planning seminars. He has a good working knowledge of the Vanderbilt retirement plan and other investment alternatives.

*Bob Klee, Insurance Agent*
Contact: Bob Klee at (615) 599-5444, insurancequotes1@hotmail.com. Specializing in personalized family insurance plans.

*Ron Knox, CLU, Chartered Financial Consultant, Northwestern Mutual Life*
Contact: Ron Knox, Suite B-22, 5120 Virginia Way, Brentwood, 37027, (615) 370-5800
Ron is a member of a nationwide organization of financial representatives that work with physicians. He can discuss the options with you while you are here in Nashville and transfer your records to a knowledgeable representative in other parts of the country. This has been an extremely valuable service to many of our members in past years. The services that Ron provides for his clients include:
- Personal life insurance protection
- Personal disability income insurance
- Coordinating individual coverage with group benefits provided by Vanderbilt
- Establishing a guarantee of your future insurability so that you can expand your personal insurance program when your income will allow you to do so.

*J. Clay McCord, John Hancock Financial Innovative Financial Group LLC*
Matthew McLean & Tracy Hackney, Financial Representatives with Northwestern Mutual Financial Network
Contact: Matthew McLean, 1600 Division Street, Ste. 400, Nashville, 37203, (615) 742-8748 or (615) 480-7319, matthew.mclean@nmfn.com; Tracy Hackney (same address), (615) 742-8718, tracy.hackney@nmfn.com. Providing life and disability insurance, retirement planning, and education funding assistance.

Merrill Lynch
The local Merrill Lynch office is located at 150 Fourth Avenue North, Nashville, TN, 37219, (615) 747-5600. There is also a Brentwood branch located at 750 Old Hickory Blvd., Brentwood, TN 37027, (615) 373-9538.

Principal Financial Group
The local office for Principal Financial Group is 5217 Maryland Way, Brentwood, TN, 37027, (615) 377-6780.

*Scot Rand, Investment Representative, Edward Jones Investments
Contact: Scot Rand, 3100 West End Ave., Suite 880, Cell: (615) 831-0929, swrand@bellsouth.net. Specializes in college savings plans, IRA’s, retirement planning, and investing.

*Jeremy Smith, Financial Advisor, Shoemaker Financial
Office: 615-383-0262; 1-800-426-7158; jeremy.smith@shoemakerfinancial.com

ACCOUNTING SERVICES:
(Please note that the list below is for informational purposes only and is not a formal recommendation or endorsement.) * Denotes current VHA sponsor.

Crowe, Chizek and Company, LLC
Contact Jan Kolb (615)360-5500, jkolb@crowechizek.com
CPA and consulting firm with services for the individual as well as small/large businesses; possess physician knowledge and expertise.

H&R Block
There are several locations in Nashville and surrounding areas. Check the yellow pages for a location near you.

*Jim Durham, Certified Public Accountant
Contact: Jim Durham, 171-B Belle Forest Circle, Nashville, TN 37221, (615) 662-2808 jrd59@bellsouth.net
Jim has been in business for over 25 years. Numerous physicians in the area use Jim for all of their tax needs. He and his staff will complete year-end tax returns, assist with quarterly self-employment filings, prepare estate tax returns and answer questions regarding personal tax status such as appropriate tax deductions and withholdings. Jim can also assist with a personal financial plan. He brokers through H D Vest, a division of Wells Fargo, and can offer mutual funds, IRAs and various stock options.
**Kraft CPAs PLLC** Since its inception in 1958, Kraft CPAs PLLC has become one of the largest independent certified public accounting firms in middle Tennessee. Founded by the late Joe Kraft, the firm presently has three offices in Tennessee, 15 members, a total staff of over 100 men and women and approximately 50 CPAs. Our tax services for individuals include income tax planning and tax return preparation, estate and gift tax planning, comprehensive personal financial planning, special projects e.g., education funding, loan comparison analysis, lease versus buy analysis, and investment advisory services through our affiliate, Kraft Asset Management, LLC. For more information on our services, please visit our website at www.kraftcpas.com. To set up a free consultation, contact Valerie Shelton, CPA at 782-4258 or vshelton@kraftcpas.com.

**EDUCATION IN NASHVILLE:**

**Public School System:**
Nashville has one school system for Davidson County. For kindergarten, a child must be 5 years old on or before September 30. A birth certificate is mandatory. Kindergarten is mandatory for enrollment in first grade. For more information concerning public schools, call Metro Nashville School System at (615) 259-8400. www.mnps.org

The Metro school system also includes 11 magnet schools. For these magnet schools students are chosen by lottery for places in entry-level grades. If your child is already above the entry-level grade of the school, he or she can be placed on a waiting list. While applications are accepted year-round for the waiting list, the deadline for the entry-level lottery is February 9th. For more information concerning Metro Nashville magnet schools specifically, call (615) 259-4636.

**Schools & Services for Children with Special Needs:**
For an exhaustive listing of area centers, schools, and programs serving children & families with special needs, go to www.parentworld.com and type in “teis” in the search box.

**Tennessee’s Early Intervention System** (TEIS) (look up special education) www.state.tn.us/education; 800-852-7157 or (615) 936-1849 in Nashville, helps to promote, coordinate and implement early intervention services for children with special needs ages birth – 3 yrs.

**Tennessee Disability Information and Referral Office**
Vanderbilt Kennedy Family Outreach Center, 1810 Edgehill Ave., Nashville (across from VUMC), (615) 322-8529, www.kc.vanderbilt.edu/kennedy/pathfinder, is a free statewide information and referral service for persons with disabilities and their families. It maintains an established Internet community for families seeking disability resources. Also publishes the annual statewide disability directory.

**Private Schools:**
There are numerous private schools in Nashville and its surrounding areas. All of the schools listed have been approved by the Tennessee State Department of Education, a private, state-approved accrediting agency, or the Southern Association of Colleges and Schools. For a larger list, including tuition amount, go to www.parentworld.com or www.nashvillelife.com/education.
Abintra Montessori School
914 Davidson Dr 37205
352-4317
www.abintra.org
Grades Infant/Toddler-8

Akiva School
809 Percey Warner Blvd 37205
356-1880
www.akivanashville.net
Grades K-6

Ascension Lutheran School
610 W. Old Hickory Blvd 37115
868-2346
Lutheran
Grades PreK-6

BattleGround Academy
150 W. Old Hickory Blvd 37115 (lower)
1314 Columbia Ave 37064 (middle)
336 Ernest Rice Ln 37064 (upper)
794-3501
www.bganet.com
Grades PreK-12

Bentley Hall
2420 Bethlehem Loop Rd
Franklin 37069
791-6467
Grades K-12 (High Ability K-6)

Benton Hall
2420 Bethlehem Loop Rd
Franklin 37069
791-6467
Grades K-12 (High Ability K-6)

Brentwood Academy
219 Granny White Pk, Brentwood 37027
373-0611
www.brentwoodacademy.com

Buchanan Christian Academy
2209 Old Hwy 31, Antioch 37013
790-7877
Grades Prek-12

Cedarcreek Schoolhouse Academy
277 Cedarcreek Dr 37211
833-0745
Grades 5-12
www.cedarcreekschoolhouse.com

Christ The King School
3105 Belmont Blvd 37212
292-9465
Catholic
Grades K-8

Christ Presbyterian Academy
2323-A Old Hickory Blvd 37215
373-9550
Presbyterian
Grades K-12
www.christpres.org

Currey Ingram Academy
6544 Murray Lane
Brentwood 37027
507-3242
www.currey Ingram.org
Grades K-12

Davidson Academy
1414 Old Hickory Blvd 37216
860-5300
www.davidsonacademy.com
Grades K-12

Donelson Christian Academy
300 Danyacrest Dr 37214
833-2926
www.dcanet.org
Grades K4-12

Eagles Nest Academy
810 Del Rio Pk, Franklin 37064
790-8556
Grades PreK-6
www.eaglesnestacademy.com

Ensworth School
211 Ensworth Ave 37205
383-0661
www.ensworth.com
Grades PreK-12

Ezell-Harding Christian School
574 Bell Rd, Antioch 37013
367-0532
Church of Christ
Grades PreK-12

Father Ryan High School
700 Norwood Dr 37204
383-4200
www.fatherryan.org
Grades 9-12

Franklin Classical School
PO Box 1601, Franklin 37065
595-5337
Grades 6-12

Franklin Road Academy
4700 Franklin Rd 37220
832-8845
www.fra.pvt.k12.tn.us
www.frapanthers.com
Grades PreK4-12
B.C. Goodpasture Christian School
619 Due West Ave, Madison 37115
868-6171
www.goodpasture.org
Church of Christ
Grades PreK-12

Harding Academy
170 Windsor Dr 37205
356-5510
www.hardingacademy.org
Grades K-8

Islamic School of Nashville
7335 Charlotte Pk 37209
352-5903
Islamic
Grades PreK-5

Lighthouse Christian School
5100 Blue Hole Rd, Antioch 37013
331-6286
www.lighthouseministries.org
Independent Baptist
Grades K-12

Madison Academy
100 Academy Rd, Madison 37116
865-4055
www.madisonacademy.com
Seventh-Day Adventist
Grades 9-12

Madison Nazarene Christian School
503 Lanier Dr, Madison 37115
865-2746
Grades PreK-12

Montgomery Bell Academy
4001 Harding Rd 37205
298-5514
www.montgomerybell.com
Grades 7-12 (Boys)

Nashville Christian School
7555 Sawyer Brown Rd 37221
356-5600
www.nceagles.net
Grades K-12

Oak Hill School
4815 Franklin Rd 37220
297-6544
Grades K-6
www.oakhillschool.org

Greater Nashville Jr Academy
3307 Brick Church Pike 37207
227-5797
Seventh-Day Adventist
Grades K-8

Holy Rosary Academy
190 Graylynn Dr 37214
883-1108
www.holyrosary.edu
Catholic
Grades K-8

F.H. Jenkins Elementary
814 Youngs Ln 37207
228-8827
Seventh-Day Adventist
Grades 1-8

David Lipscomb Campus School
3901 Granny White Pk 37204
269-1783 or 269-1000
www.dlcs.dlu.edu
Church of Christ
Grades PreK-12

Madison Campus Elementary School
1515 Sutherland Dr, Madison 37115
865-4575
Seventh-Day Adventist
Grades K-8
www.mcesda.org

Metropolitan Baptist School
730 Neely’s Bend Rd, Madison 37115
868-6674
www.metrobaptistchurch.org
Grades K-12

Nashville Academy
2400 10th Ave S 37203
279-5310
Grades 9-12

New Hope Academy
1325 W Main St, Suite E, Franklin 37064
595-0324
Grades PreK-5
www.nhafranklin.org

Overbrook School
4210 Harding Rd 37205
292-5134
www.overbrook.edu
Catholic
Grades PreK3-8
HIGHER EDUCATION:

PUBLIC COLLEGES:

Austin Peay State University
601 College St, Clarksville 37044
(931) 221-7011
www.apsu.edu

Nashville State Technical Community College
120 White Bridge Rd 37209
353-3333
www.nsti.tec.tn.us

Tennessee Technological University
1000 N. Dixie Ave, Cookeville 38505
(800) 255-8881
www.tntech.edu

Middle Tennessee State University
1301 E. Main St, Murfreesboro 37132-0001
898-2300
www.mtsu.edu

Tennessee State University
3500 John A. Merritt Blvd 37209
963-5000
www.tnstate.edu
**PRIVATE COLLEGES:**

**American Baptist College**
1800 World Baptist Center Dr 37207
256-1463
www.abnash.edu

**Aquinas College**
4210 Harding Rd 37205
297-7545
www.aquinascollege.edu

**Belmont University**
1900 Belmont Blvd 37212-3757
966-1000
www.belmont.edu

**Cumberland University**
1 Cumberland Sq, Lebanon 37087-3554
444-2562
www.cumberland.edu

**David Lipscomb University**
3901 Granny White Pike 37204
269-1000
www.lipscomb.edu

**Emmanuel Bible College**
610 Boscobel Street 37206
255-8963

**Fisk University**
1000 17th Ave N. 37208
329-8500
www.fisk.edu

**Free Will Baptist Bible College**
3606 West End Ave 37205
844-5000
www.fwbbc.edu

**Meharry Medical College**
1005 Dr. D.B. Todd Jr Blvd 37208
327-6000
www.mmc.edu

**Nashville School of Law**
4013 Armory Oaks Dr. 37204
256-3684
www.nashvilleschooloflaw.net

**O’More College of Design**
423 S. Margin St, Franklin 37064
794-4254
www.omorecollege.edu

**Trevecca Nazarene College**
333 Murfreesboro Rd 37210-2877
248-1200
www.trevecca.edu

**Vanderbilt University**
2201 West End Ave 37240
322-7311
www.vanderbilt.edu

**Watkins College of Art & Design**
2298 Rosa L. Parks Blvd 37228
383-4849
www.watkins.edu

**PROFESSIONAL TRAINING SCHOOLS:**

**Draughons Junior College**
Plus Park Blvd 37217
361-7555
www.draughons.edu

**National College of Business and Technology**
3748 Nolensville Pike 37211
333-3344

**John A. Gupton College**
1616 Church Street 37203
327-3927
www.guptoncollege.com

**ITT Technical Institute**
2845 Elm Hill Pike 37214-3717
889-8700
www.ittech.edu

**Nossi College of Art**
907 Rivergate Pkwy, Goodlettsville 37072
851-1088
www.nossi.com
CHILDLCARE INFORMATION:
Information may be found at: https://medschool.mc.vanderbilt.edu/vumcfrr/children.php

Vanderbilt Child Care Center (VCCC)
Enrollment is open to the children of all Vanderbilt University faculty and staff. They accept children 6 weeks to 5 years of age. Rates are based on the age and the number of days children receive on-site care. An application is available online at: http://www.vanderbilt.edu/HRS/wellness/childcare.htm. Be sure to call immediately to get on the waiting list. There are 3 locations:

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<tr>
<th>Belcourt Site</th>
<th>Edgehill Site</th>
<th>18th Avenue Site</th>
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<tr>
<td>2140 Belcourt Ave</td>
<td>Stallworth Building</td>
<td>1105 18th Avenue South</td>
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<tr>
<td>Nashville, TN 37232-8185</td>
<td>Box 89, Peabody Station</td>
<td>Nashville TN 37203</td>
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<tr>
<td>(615) 936-1990</td>
<td>(615) 322-8076</td>
<td>(615) 322-5332</td>
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Other Area Childcare Centers
The website, www.state.tn.us/humanserv/childcare/19/prov.htm, lists all registered daycares in Middle Tennessee as well as rates, ages, special needs facilities, and includes the state’s ranking system. Additionally, for a complete list of family home (5 to 7 kids), group home (8 to 12 kids), and daycare center (more than 12 kids) facilities in Davidson County, you can contact the Tennessee Department of Human Services of Davidson County Resource and Referral at (615) 313-4778 or (800) 462-8261. The Department does try to respond to requests within 48 hours. Other childcare resources include churches, local universities, gyms, neighbors, and word of mouth from other parents. Programs in the Vanderbilt area typically have long waiting lists—call early!

Nanny Services
(Please note that the list provided below is for informational purposes only and is not a formal recommendation or endorsement.)

Nannies of Green Hills. Professional nannies, full or part time. Voted Nashville’s #1 Nanny Service – Best of Parenting Award 1998-2006. Call (615) 673-1150 or visit www.nanniesofgreenhills.com for more information.

Family Care Connection. Nashville’s oldest and largest childcare service. In-home, temporary, part time, full time. Voted #1 Area Childcare – Best of Parenting Award 2006. Call (615) 371-0600 or visit www.familycareconnection.net for more information.

PARENT’S DAY OUT/ PRESCHOOL PROGRAMS:
Parent’s Day Out programs offer young children the opportunity to be in a social and learning environment. They also allow the parent to run errands, go for lunch, or even spend time with a new baby! Some of the programs accept children as young as 6 weeks old. The child attends anywhere from one day a week to multiple times a week, usually sometime between 9 a.m. to 3 p.m. The day includes lots of “school-like” activities, including painting, coloring, singing, story time, etc. Most programs also feed the children lunch and let them take an afternoon nap. Since each program is a little different, be sure to ask very specific questions about registration, children’s ages, class size, discipline, hours, and the curriculum.
Due to the popularity of Parent’s Day Out, a lot of the programs have very long waiting lists for enrollment. Most programs provide first preference to children currently enrolled, siblings of children currently enrolled, and church members before enrollment is open to the public. Don’t wait too long (maybe even once you find out you are pregnant) to find the place you want to go and get signed up.

Many of the churches with Parent’s Day Out programs also have pre-school and kindergarten programs. Once your child is enrolled in Parent’s Day Out, he or she is usually given first preference for enrollment in the pre-school and kindergarten programs. In addition to the church schools, there are many other preschool and kindergarten programs available in Nashville. Refer to various educational publications for listings.

Here are just a few of the Parent’s Day Out programs used by Housestaff Alliance members. Be sure to check churches near where you plan to live for additional programs.

(Please note that the list provided below is for informational purposes only and is not a formal recommendation or endorsement.)

- **Bellevue Church of Christ Preschool** - 7401 Highway 70-South, Bellevue, (615) 646-9828
- **Bellevue Presbyterian Church Nursery School** – 100 Cross Timbers Rd., Bellevue, (615) 646-1666
- **Brentwood Baptist Church School** – 7777 Concord Rd., Brentwood, (615) 373-2992
- **Brentwood United Methodist Church Day School** – 309 Franklin Rd., Brentwood (615) 373-3663
- **Brook Hollow Baptist Church Week Day Education** – 678 Brook Hollow Rd., (615) 352-1295
- **Calvary United Methodist Church Young Children’s School** – 3701 Hillsboro Road, (615) 269-7562
- **Christ Church: The King’s Kids** – 15354 Old Hickory Blvd, (615) 834-6171
- **Christ Presbyterian Church** – 2323 Old Hickory Blvd., (615) 373-2311
- **Community Bible Church** – 6005 Edmondson Pike, (615) 833-9148
- **The Covenant School** – 33 Burton Hills Blvd (615) 467-2313
- **First Presbyterian Church** – 4815 Franklin Rd. (615) 383-1815
- **Harpeth Heights Baptist Church Preschool** – 8063 Highway 100, Bellevue, (615) 646-5050
- **Hillsboro Church of Christ Mother’s Day Out** – 5800 Hillsboro Road, (615) 665-0014
- **Judson Baptist Church Pre-Kindergarten-Mother’s Day Out** – 4900 Franklin Pike, (615) 833-6600
- **St. Bartholomew's Episcopal Church** – 4800 Belmont Park Terrace, (615) 377-4750
- **St. George’s Episcopal Church Day Kindergarten/ Mother’s Day Out** – 4715 Harding Rd, (615) 269-9712
- **West End United Methodist Playschool** – 2200 West End Ave, (615) 321-8500
- **Westminster Presbyterian Church Toddlers & Twos** – 3900 West End Ave., (615) 292-5526
- **Woodmont Baptist Church Preschool and Parent’s Day Out** – 2100 Woodmont Blvd, (615) 297-5303
- **Woodmont Christian Church Preschool and Mother’s Day Out** – 3601 Hillsboro Road, (615) 297-8563
- **Woodmont Hills Church of Christ/Minds in Motion** – 3710 Franklin Pike,(615) 297-8551

**ACTIVITIES FOR CHILDREN:**

**Playgrounds and Parks**

The Metro Parks and Recreation Department has a lot to offer Nashville families. In addition to the many beautiful parks, there are many free activities offered throughout the year. Some of the family favorites are Movies in the Park, Music in the Park, Stories under the Stars, Concerts in the Park, Jazz on the Porch, and the Shakespeare Festival. They also offer a full schedule of visual art classes, music classes, and dance classes. (See also: Museums & Special Attractions and Parks)
Here are a few of the “Housestaff Alliance Family Favorite Parks” in Nashville:

**Centennial Park** – 25th Ave. S. and West End Ave., Vanderbilt area

**Crockett Park** – Crockett Rd., Brentwood

**Elmington Park** – 3531 West End Ave., Vanderbilt area

**Fannie Mae Dees Park/Lilly's Garden** – 2400 Blakemore Ave., Vanderbilt area

**Granny White Park** – 610 Granny White Pike, Brentwood

**The Jungle Gym at the Nashville Zoo at Grassmere** – 3777 Nolensville Road, (615) 833-1534

**McCabe** – 46th Avenue and Murphy Road, Sylvan Park, 862-8457

**Parmer Park** – Leake Ave., Belle Meade

**Radnor Lake** – 1160 Otter Creek Road, Brentwood (615) 373-3467

**Red Caboose Park** – 656 Colice Jeanne Road, Bellevue

**Sevier Park** – 3000 Granny White Pike, Green Hills/Berry Hill, 37204, (615) 862-7974

**Warner Parks Nature Center** – 7311 Hwy. 100, Bellevue

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**Art and Science Activities**

**Adventure Science Center** – Hands-on science museum and planetarium for children. 800 Fort Negley Blvd., (615) 862-5160 or www.adventuresci.com.


**Creative Fitness Center** – Classes for all ages – Art-O-Rama, pottery, drawing, and more. Voted #1 Kids Art Center – Best of Parenting Award 2000. 1207 Linden Avenue, (615) 383-9119

**Dyer Observatory** – Scheduled Kids’ Night for programs about outer space and viewing through telescopes. 1000 Oman Dr. (615) 373-4897 or www.dyer.vanderbilt.edu

**Imaginarium** – Hands-on adventure. Drive a fire truck, explore a rain forest, dig for dinosaur bones, blast off into space, and paint a masterpiece. 1111 Laurel St., (615) 373-9596.

**Schermerhorn Symphony Center** - Programs for children of all ages. (615) 687-6500 or www.nashvillesymphony.com and look under Education and Community Engagement

**Watkins Young Artists Program** – Classes for ages 4-18 in 8 week sessions. Painting, sculpture, photography, computer illustration, and mixed-media all age appropriate. 2298 Rosa L. Parks (Metrocenter) Blvd., 383-4848 or www.watkins.edu for more information.

**Frist Center for the Visual Arts** – Periodic free family weekend-days with activities especially for children. 919 Broadway, 244-3340, www.fristcenter.org.

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**Music and Play Activities**

**Gymboree Play & Music** – Kids 0 months to 5 years can have fun with singing, dancing, playing simple rhythm instruments and more. Shoppes @ Mallory Lane, 1731-A Mallory Lane, Suite 108, Brentwood 37027 www.gymboreeclasses.com

**Kindermusik** - Fun and interactive music classes for children of all ages (2 months – 5 years). Over a dozen locations in Nashville. Go to www.kindermusik.com for locations and educators. The Jan Williams School of Music, www.janwilliamsmusic.com, in Brentwood (500 Wilson Pike Circle, Ste 204 371-8086) is a highly recommended educator.
**Let it Shine** – Gymnastics for kids 12 months and up. Parent-child classes, preschool classes, and more! Cool Springs area off Moores Lane. 1892 General George Patton Drive, Franklin (615) 377-9005. www.letitshinegym.com

**Little Gym** - Programs include movement, music, gymnastics, sports, exercise, games, listening and cooperation. Each child receives individual attention and progresses at their own pace in a non-threatening, warm and nurturing environment. www.thelittlegym.com. 99 Seaboard Lane, Suite 1000, Brentwood, 661-6700

**My Gym** - My Gym has created an extraordinary program and facility devised to help children three months to nine years of age develop physically, cognitively and emotionally. www.my-gym.com 300 Franklin Road, Brentwood 371-5431

**Children’s Story Time and Entertainment**

**Borders Story Time** – Brentwood and Cool Springs locations.


**Nashville Children’s Theatre** – Nashville’s premier theater for kids and the whole family. 724 Second Ave., (615) 254-9103 www.nashvillechildrenstheatre.org

**Nashville Public Library story time and theatrical performances** – Available at the many public libraries throughout the week. For a full schedule of children’s programs at all area libraries, including marionette theater performances, visit www.library.nashville.org and go to the “kids zone” link.

**Books from Birth of Middle Tennessee program** – This is a pro-literacy program in middle TN that provides monthly free books by mail for children under the age of 5 who live in Davidson, Sumner or Williamson counties. All children who meet these criteria are eligible, regardless of income bracket. For more information and to sign up your child, visit http://www.vanderbiltchildrens.com/ and go to the Books from Birth link.

**Etc.**

**Bellevue Community Center** – Offers a variety of activities for children, including free-play in gym on winter mornings. 656 Colice Jeanne Road, Bellevue, (615) 862-8435.

**The Monkey’s Treehouse** – The ultimate indoor playground, perfect for casual afternoon playdates or planned birthday celebrations. www.themonkeysroomhouse.com. 8074 Highway 100, Bellevue 646-5002

**Nashville Zoo at Grassmere** – 3777 Nolensville Road, (615) 833-1534 or www.nashvillezoo.org. Summer classes for toddlers; zoo members receive discount on class tuition.


**Strike & Spare** –Bowling, video games, bumper cars, virtual roller coaster, food, karaoke. Charlotte Pike.

**Tennessee Fox Trot Carousel** – Outdoor carousel with characters that tell the history of Tennessee. 1st Ave. & Broadway in Riverfront Park, downtown Nashville, (615) 254-7020.

**Phillip’s Toy Mart** – Educational toy store with a large model train display and numerous hands-on toys that customers may play with. 5207 Harding Rd., Belle Meade, (615) 352-5363.
**Pump It Up** - Pump It Up has the latest inflatable designs that are engaging, challenging and interactive. www.pumpitupparty.com, Brentwood.

**MEDICAL AND DENTAL REFERRALS:**
Contact the Vanderbilt University Benefits Department at (615) 322-8330 for more information on the insurance programs available to Vanderbilt Housestaff. They can provide you with a listing of network providers.

**HAIR STYLISTS, BARBERS, & SPAS:**
Here is a listing of some of the hair stylists, barbers, and spas used by Housestaff Alliance members. Be sure to check the local yellow pages for additional listings.

*Please note that the list provided below is for informational purposes only and is not a formal recommendation or endorsement.*


**Carol G’s Hair & Color Salon**, 2100 West End Avenue, Suite 103, 321-2321, stylist: Amy.

**David Bishop’s Salon**, 7073 Hwy 70 S., 662-4040, stylist: David Bishop.


**Dior African Hair Braiding** 220 Thompson Lane, (615) 445-3013

**The Edge of Belle Meade**, 992 Davidson Dr., 353-6464, stylist: Angela Thompson. www.theedgesalon.com

**Elan Hair Salon**, 3756 Hillsboro Pk, 269-0222, stylist: Shelly Estet, Raquel & Choyer. www.elannashville.com

**Hair Expressions**, 245 Franklin Rd., Brentwood, 373-2415


**Jon Alan Salon** 7108 Hwy 70 S. Bellevue, 646-8600, stylist: Jon Alan. www.jonalansalon.com


**Salon FX**, 1915 Broadway, 321-0901, stylists: Mark Henry & Tracy Mathews & Terri Smith. www.salonfxspa.com

**Salon P’Nash**, 91 Seaboard Lane, Brentwood, 377-6700


**Salon YaYa**, 2200 21st Avenue S, 460-0051, www.stylenet.com/salonyaya


**Studio West**, 127 Belle Forest Circle, Bellevue, 662-2424, stylist: Julee Martin.


**Barber Shops:**

**Fred’s Barber Salon**, 4811 Trousdale Drive Suite H, 833-8731.

**Oxford Barber Shop**, 1313 21st Ave S, #103, Vanderbilt, 327-4680.

**Salon/Spas:**

**Alpha Nail**, 4121 Hillsboro Pike, Nashville, 37215, 269-9993.

**Blue River Canyon**, 4908 Thoroughbred Lane, Brentwood, 377-3336, www.bluerivercanyon.com

The Healing Room, 95 White Bridge Rd., Nashville, 37205, 220-5512
La Bella Spa, 3326 Aspen Grove Drive, Franklin, Ste 275B, 778-7668
Millennium Nails 493 Old Hickory Blvd, Brentwood, 831-2325
Rodeo Drive Salon/Spa, 204 Ward Circle, Suite 300, Brentwood, 37027, 370-8333.
Signature Nails Spa, 3900 Hillsboro Road, Nashville, 37215, 292-6838
T-Nails, 8159 Highway 100, Nashville, 37221, 662-3141.

WORK OUT LOCATIONS:

Centennial Sportsplex – Phone: (615) 862-8480. 222 25th Avenue N
Sportsplex, located next to Centennial Park, is one of the largest sports facilities in Nashville, with the Olympic-size Tracy Caulkins pool (splits into 2 pools), indoor and outdoor tennis courts, and enormous fitness center. Swimming and tennis competitions are regularly held at this sports center. Membership includes yoga, kickboxing, boxercise, piloga (combination of yoga and Pilates), marathon training group, and more. The sportsplex also houses Nashville's oldest ice-skating rink, which offers open skating throughout the week. Call the rink for details at (615) 862-8480.

Hours: (Fitness center) Monday-Thursday 5:30am – 8pm, Friday 5:30am – 6pm, Saturdays 9am – 5pm, Sundays Closed.
Prices: Membership is $440/year for one person, and $200 for spouse. It is $60 per month, $125 for three months, $225 for 6 months. Ages 5-15 $120/yr, 16+ $200, seniors $300. 10 Day Pass $54 adult/$45 child/senior. ***prices increase for residents outside of Davidson County

Vanderbilt Student Recreation Center – Phone: (615) 343-6627. www.vanderbilt.edu/campus recreation/
Offers complete weight room, aerobics, yoga, intramural sports, indoor 25-meter pool, indoor/outdoor track, racquetball, volleyball, basketball, squash and more. Parking is very limited. Tours on drop-in basis.

Hours: Monday-Thurs 5:30am – 11pm, Friday 5:30am-Midnight, Saturday 9am – 10 pm, Sunday 12:00pm – 11:00pm. (Summer hours differ).
Prices: Faculty staff and spouse’s membership is $247 per semester. Summers are additional. Also available is a “Limited use” program. Payroll deduction is available.

Vanderbilt Dayani Center – 1500 Medical Center Dr 322-4751 www.dayanicenter.org
A health center with all the regular gym amenities (indoor track, indoor pool, aerobics, weights and cardio equipment), plus includes a “medical” component. Membership includes a full fitness evaluation, personal training, stress management, nutrition and more. The only thing that costs extra is massage therapy.

Hours: Monday-Fridays 5:30am-8:30pm; Saturdays 8am-5pm; closed Sundays.
Prices: Residents’ membership is FREE. Spouses pay a $140 enrollment fee plus $62/month for membership.

YMCA – Phone: (615) 259-YMCA. www.ymcamidtn.org
Without a doubt, YMCA has the most gyms throughout Nashville, including locations at Downtown, Uptown, Bellevue, Green Hills, Donelson, Brentwood, and Maryland Farms- most of which have been completely renovated in the last two years. Membership includes access to all 21 facilities. Offers aerobic, spinning, yoga, advanced yoga, aero box, Tai Chi, Pilates, access to indoor or outdoor pool- or both (Maryland Farms YMCA has an outstanding Olympic size outdoor pool and water play area for children in the Summer) and for a fee kick boxing, tennis
classes, & Tae Kwon Do) also offers various children’s classes (for a fee), including dancing, gymnastics and swimming.

**Hours:** vary by location

**Prices:** Membership fees based on an income-based rate scale. There is also an “open door” policy where financial aid is available (no one has been turned away), call above number for details.

**The Club Athletics and Fitness Centers** – 11 Vaughns Gap Road, (615) 352-8500

Tennis buffs definitely should check out this club. –deleted text in this para-

**Hours:** Monday – Thursday 5am – 10pm, Friday 5am – 9pm, Saturday 7am – 8pm, Sunday 7am – 6pm

**Prices:** $1 enrollment fee, $399/year for residents; $699 for resident + spouse

**Curves For Women** - Many facilities exist throughout the Nashville area – Downtown, Green Hills, Belle Meade, Donelson, Providence and Madison. Log onto [www.curves.com](http://www.curves.com) to locate a center or call 1-800-754-7505.

**SPECTATOR SPORTS:**

**NASHVILLE PREDATORS**
(615) 770-PUCK (2355), [www.nashvillepredators.com](http://www.nashvillepredators.com), 99.7 FM

Nashville’s NHL team, home ice is the Gaylord Entertainment Center.

**NASHVILLE SOUNDS**
(615) 242-4371, [www.nashvillesounds.com](http://www.nashvillesounds.com)

Nashville’s baseball team is an AAA affiliate of the Pittsburgh Pirates. Sounds games are family-oriented entertainment playing at their home field, Greer Stadium, tickets $6 - $12 (kids $1 off). Family 4 Pack $48 for 4 tickets, 4 hot dogs, and 4 soft drinks ($56 on gameday)
RESTAURANTS:
(Please note that the following lists are for informational purposes only and are not a formal recommendation or endorsement.)

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<th>Key</th>
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American:
- **Applebees*** various locations $ $ KF
- **Chili’s Grill & Bar** Ten locations around the city! www.chilis.com
- **Dalt’s** 38 Whitebridge Road 352-8121 (WN) $ KF
- **Ellendale’s** 2739 Old Elm Hill Pike 884-0171 (E) $$$
- **Hard Rock Cafe** 100 Broadway 742-9900 (DT) $
- **J. Alexanders*** 73 Whitebridge Road 352-0981 (WN) & 1721 Galleria Blvd. 771-7779(F) & 2609 West End Ave 340-9901 (WE) $$$
- **Midtown Café*** 102 19th Ave South 320-7176 (WE) $$$$$
- **Mirror Restaurant** 2317 12th Avenue 383-8330 (GH)$$$$
- **O’Charley’s*** 17 Whitebridge Rd 356-1344 and many other locations around Nashville (WN) $ (KF)
- **Shoney’s Restaurant** Nearly twenty area locations; Check yellow pages for a complete listing $ KF
- **Sportsman’s Grille*** 1601 21st Ave South 320-1633 (HV); 5405 Harding Pk. 356-6206 (BM) & 1640 Westgate Cir. 373-1070 (BCS) $
- **Tin Angel*** 3201 West End Avenue 298-3444 (WE) $-$ $$
- **Vittles** 4936 Thoroughbred Lane 371-2525 (BW) $ $

Asian:
- **Asahi Sushi*** 5215 Harding Road 352-8877 (BM) $-$ $$
- **China Spring** 8165 Hwy 100 662-3883 (BV) $-$ $$
- **China Town** 3900 Hillsboro Pike 269-3275 (GH) $-$ $$
- **Chinese Kitchen** 2010 Richard Jones Road 298-2929 (GH) $-$ $$
- **Dragon Garden** 2817 West End Avenue 329-2019 (WE) $ 
- **Goten Japanese Restaurant*** 110 21st Avenue South 321-4537 (WE) $-$ $$
- **Goten 2 Japanese Restaurant** 209 10th Avenue South 251-4855 (DT) $-$ $$
- **International Market and Restaurant** 2010 Belmont Blvd 297-4453 (HV) $ 
- **Ken’s Sushi** 2007 Division St 321-5084 (WE) $ 
- **Kobe Steaks Japanese Restaurant** 210 25th Avenue 327-9081 (WE) $-$ $$
- **P. F. Chang’s China Bistro*** 2525 West End Avenue 329-8901 & 439 Cool Springs Blvd. 503-9640 (WE) (BCS) $-$ $$
- **Royal Thai** 210 Franklin Road 376-9695 (BCS) $-$ $$
- **Ru Sans Sushi and Seafood** 505 12th Avenue South 252-8787 (DT)
- **Shintomi** 2184 Bandywood Drive 386-3022 (GH) $-$ $$
- **Siam Cuisine*** 265 White Bridge Road 354-0082 (WN) $-$ $$
- **Sonobana Japanese Restaurant*** 40 White Bridge Road 356-6600 (WN) $-$ $$
- **Wantanabe** 1400 McGavock Pike, 226-1112
**BBQ & Southern:**
Bar-B-Cutie 5221 Nolensville Pike 834-6556 (SN) $
Bro’s Cajun Cuisine 3214 Charlotte Ave 329-2626 (WN) $-$ (KF)
Cabana 1910 Belcourt Ave 577-2262 (HV) $
Calhoun’s 96 White Bridge Rd 356-0855(WN) $
Corky’s* 100 Franklin Road 890-1742 (BCS) $ (KF)
Cracker Barrel Old Country Store 6941 Charlotte Pike 356-5229 (Locations throughout Nashville) $-$
Elliston Place Soda Shop 2111 Elliston Place 327-1090 (WE) $
Hog Heaven* 998 Davidson Drive 353-3885 & 115 27th Avenue North 329-1234 (WN)(DT) $
Jim’n Nick’s Bar-B-Q 7004 Charlotte Pike 352-5777 $
Loveless Café* 8400 Highway 100 646-9700 (BV) $-$ (KF)
McCabe Pub 4410 Murphy Road www.mccabe-pub.citysearch.com 269-9406 (WN) $-$
Monell’s Dining & Catering* 530 Church Street 248-4747 www.monellsdining.citysearch.com & 1235 6th Avenue North 248-4747 (DT)(GT) $-$
Whitt’s Bar-B-Q* 5310 Harding Road 356-3435 (BM) $

**Brew Pubs and Taverns:**
Big River Grill and Brewing Works* 111 Broadway 251-4677 (WE) $-$
Blackstone* 1918 West End Ave 327-9969 (WE) $
Bosco’s* 1805 21st Ave South 385-0050 (HV) $$$
Broadway Brewhouse* 1900 Broadway 340-0089 (WE) no food served
Flying Saucer* 1010 Demonbreun St 259-7468 (DT) no food served
Gerst House 301 Woodland St 244-8886 (DT) $
Gold Rush 2205 Elliston Place 321-1160 (WE) $
Jonathan’s Grille* 7135 South Springs Dr 771-0355 & 5805 Nolensville Pike 833-2799 & Hwy 70S (BCS) (SN) (BV) $-$
Market Street Brewery & Pub House 134 2nd Ave North 259-9611 (DT) $$$
McCabe Pub* 4410 Murphy Road 269-9406 (WE) $
Mulligans 117 2nd Ave North 242-8010 (DT) $$$
Sam’s Place 1803 21st Ave 383-3601 (HV) $
The Villager Tavern 1719 21st Ave 298-3020 (HV) $

**Brunch:**
Capitol Grill* 231 6th Avenue North 345-7116 www.capitolgrille.com (DT) $$$-$$$$
Copper Kettle* 4004 Granny White Pike 383-7242 www.copperkettlenashville.com (GH) $-$
Dalt’s* 38 White Bridge Road 352-8181 (WN) $-$
Dotson’s Restaurant 99 E Main Street, Franklin 794-2805 (F) $-$
Fido* 1812 21st Avenue 385-7959 (HV) $
Le Peep* 5133 Harding Road 353-0030 (BM) $
Loveless Café* 8400 Highway 100 646-9700 (BV) $-$
Monell’s Dining & Catering* 530 Church Street www.monellsdining.citysearch.com 248-4744 and 1235 6th Avenue North 248-4747 (DT)(GT) $-$
Pancake Pantry* 1796 21st Avenue South 383-9333 (HV) $-$
Marche 1000 Main Street, 262-1111, www.marceheartisanfoods.com

**Coffee Shops/ Breakfast:**
Bistro Bronte (inside Davis Kidd Bookstore)* 2121 Green Hills Village Drive (GH) 385-0043 (GH) $-$
Bongo Java* 2009 Belmont Blvd 777-2233 (HV) $ 107 S. 11th Street, 227-2465
Bread & Co.* 4105 Hillsboro Rd 292-7323 & 2525 West End Ave 329-1400 (WE) 6051 Highway 100 627-4800 (BM) $-$
Bruegger's Bagel Bakery 5305 Harding Road 352-1128 (BM) $
City Limit Bakery & Café* 361 Clifton Drive 646-0062 (BV) $
Fido* 1812 21st Avenue 385-7959 (HV) $
Krispy Kreme 2103 Elliston Place 329-1100 & 408 Thompson Lane 254-5966 (WE)(SN) $
Pancake Pantry*1796 21st Avenue South 383-9333 (HV) $-$$
Provence 1705 21st Avenue 386-0363 & 401 12th Avenue 386-0363 (HV) (DT) $-$$
Puffy Muffin* 229 Franklin Road 373-2741 (BCS) $
Sam & Zoe's 525 Heather Place 385-2676 (Belmont) $
Star Bagel Café 4502 Murphy Road 292-7993 (BM) $
Starbucks Coffee* several locations including (BM)(BV)(WE)(HV)(GH) $

Hamburgers:
Backyard Burger* 5004 Maryland Way 371-8145 (BCS) $ (KF)
Bobbies Dairy Dip 5301 Charlotte Ave 292-2112 (WN) $
Brown's Diner* 2102 Blair Ave 269-5509 (HV) $
Checker's 2000 West End Avenue 329-4260 (WE) $
Cheeseburger Charlie's* 400 21st Ave South 327-0220 (WE) also located in Mall at Green Hills $ (KF)
Dalts* 38 Whitebridge Road 352-8121 (WN) $ (KF)
Elliston Place Soda Shop* 2111 Elliston Place 327-1090 (WE)
Fat Mo's Burgers* 2620 Franklin Pike 298-1111 & 351 White Road Bridge Road 356-4010 (F) (WN) $
Rotier's* 2413 Elliston Place 327-9892 (WE) $
Sonic* various locations $
Sportsman's Grill* 1601 21st Ave South 320-1633 (HV); 5405 Harding Pk. 356-6206 (BM) & 1640 Westgate Cir. 373-1070 (BCS) $$
Ted's Montana Grill 2817 West End Avenue 329-3415 (WE) $-$

Healthy:
Bread & Co.* 4105 Hillsboro Road 292-7323 & 2525 (GH) West End Ave 329-1400 (WE) 6051 Highway 100 627-4800 (BM) $-$$
Calypso Café* 424 Elliston Place 321-3878, 700 Thompson Lane 297-6888, 5101 Harding Pike 356-1678, 301 Gallatin Avenue, 227-6133 (WE)(SN)(BV) $
City Limit Bakery & Café* 361 Closton Drive 646-0062 (BV) $
Food Co.* 2211 Bandywood Drive 385-4311 (GH) $-$$
Roly Poly Rolled Sandwiches 1510 21st Ave. S. 255-4600 (WE) $
Smoothie King* 4546 Harding Pike 383-7757 (BM) 2422 Elliston Place 321-1473 (WE) & 3706 Hillsboro Rd 369-5240 (GH) $
Tin Angel* 3201 West End Avenue 298-3444 (WE) $-$$
Yellow Porch* 734 Thompson Lane 386-0260 (SN) $-$$
Zoe's Kitchen* 4004 Hillsboro Pke. 627-0800 (GH) $

Indian:
Cuisine of India 1514 21st Avenue 320-1315 (HV) $-$
East India Club 4926 Thoroughbred Lane 661-9919 (BCS) $-$$
Shalimar Café Indian Cuisine 3711 Hillsboro Road 269-8577 (GH) $-$$
Sitar Indian Restaurant* 116 21st Avenue 321-8889 (HV) $-$$

Italian:
Amerigo* 1920 West End Ave 320-1740 (WE) & 1656 Westgate Circle 376-2831 (BCS)$
Antonios' of Nashville 7097 Old Harding Pike 646-9166 (BV) $$$
Buca di Beppo 1722 Galleria Blvd. 778-1321 (F) $-$$
Ca' Rabbas* 2101 Green Hills Village 463-3000 (GH) 553 Cool Springs Blvd 779-9111 (BCS) $$$
Caesars Restaurante Italian 72 White Bridge Road 352-3661 (WN) $$$
Finezza Trattoria* 5404 Harding Road 356-9398 (BM) $ (KF)
Macaroni Grill* 1712 Galleria Blvd 771-7002 (F) & 433 Opry Mills Dr. (E) $ (KF)
Maggiano’s Little Italy 3106 West End Ave 615-514-0270 (WE) $$
Mama Mias* 4671 Trousdale Drive 331-7207 (BCS) $$$
Old Spaghetti Factory* 160 2nd Ave North 254-9010 (DT) $-$ (KF)
Sole Mio* 94 Peabody Street 256-4013 (DT) $$$
Valentinos* 1907 West End Ave 327-0148 (WE) $$$$ 

**Lunch and Lite Fare:**
Alpha Bakery* 7120 HWY 70S 673-8168 (BV) $
Alpine Bagel & Brews* 422 21st Ave. 327-0055 (WE) $
Bongo Java* 2009 Belmont Blvd 777-2233 (HV) $
Bread & Co.* 4105 Hillsboro Rd. 292-7323 (GH) & 2525 West End Ave (WE) $$
Bruegger’s Bagel Bakery 5305 Harding Road 352-1128 (BM) $ (KF)
Calypso Café* 2424 Elliston Place 321-3878 & 700 Thompson Lane 297-3888 (WE) $ (KF)
City Limit Bakery & Café* 361 Clifton Drive 646-0062 (BV) $
Food Co.* 2211 Bandymood Drive 385-4311 (GH) $$
Goldies Deli 4501 Murphy Rd 292-3589 (WN) $
International Market 2010 Belmont Blvd 297-4453 (HV) $
Jersey Mikes* There are 9 locations including WE, BV, WN, A, BCS, & Thompson Lane. 2311 Elliston Place 329-4304 (WE) & 7114 Hwy 70 S., 673-1099 (BV) $
Martha’s at the Plantation 5025 Harding Pike 353-2828 (BM) $$
Murphy’s Loft Cafe 4501 Murphy Road 279-8010 (WE) $$
Noshville* 1918 Broadway 329-NOSH (WE) $$(KF)
Panera 406 21st Ave. S. 320-1500 (WE), 2117 Green Hills Village Drive 292-9812 (GH), 782 Old Hickory Boulevard 370-9718 (BCS) $
The Picnic Café* 4334 Harding Road 297-5398 (WN) $
Provence* 1705 21st Ave 386-0363 & 401 12th Ave. S. 386-0363 (WE) (DT) $
Puffy Muffin* 229 Franklin Road 373-2741 (BCS) $
Red Wagon Café 1112 Woodland St. 226-2527 *Open for lunch only* (E)
Roly Poly Rolled Sandwiches 1510 21st Ave. S. 255-4600 (WE) $
Sub Stop 1701 Broadway 255-6482 (DT) $
Vandyland 2916 West End Ave., 327-3868 (WE) $-$$

**Mediterranean:**
Anatolia (Turkish Food) 48 White Bridge Road 356-1556 (WN) $$
Kalamata’s 3764 Hillsboro Pike 383-8700 (GH) $
Kebab Gyros 73 White Bridge Road 352-0120 (WN) $
Mediterranean Cuisine 400 21st Avenue South 321-8960 (HV) $-$$

**Mexican:**
Las Americas 4715 Nolensville Road 315-8888 (BCS) $
Baja Burrito* 722 Thompson Lane 383-2252 (SN) $
Baja Fresh 1720 West End Avenue 341-0100 & 2126 Abbott Martin Road 279-1620 & 430 Cool Springs Blvd. 778-8888 (WE) (GH) (F)
El Camino Real* 548 Alexander Place 790-3104 (F) $
Cancun* 7077 Highway 70 South 646-8172 (BV) $$
Chez Jose* 2323 Elliston Place 320-0107 & 214 Ward Circle 376-8885 (WE) (BCS) $
Cozymels* 1654 Westgate Circle 377-6363 (BCS) $-$$$
La Hacienda Taqueria* 509 Hillsboro Road 591-9590 (F) $
El Palenque 2210 Crestmoor Rd. 383-6142 (GH) $$
Las Palmas* 1905 Hayes Street 322-9588 (WE); 5511 Charlotte Pike 352-0313 (WN); 8167 Hwy 100 673-1213 (BV); 15560 Old Hickory Blvd. 831-0432 (SN) $$ (KF)
La Paz* 3808 Cleghorn Ave 383-5200 (GH) (KF) $$
Qdoba Mexican Grill 2019 West End Avenue 340-9039 (WE) $
Rosepepper Cantina 1907 Eastland Avenue 227-4777 (E) $$
SATCO (San Antonio Taco Co.) 416 21st Ave South 327-4322 & 208 Commerce St 259-4413 (WE)(DT) $ (KF)
El Torero* 70 White Bridge Rd 353-0689 & 5356 Hickory Hollow Pkwy 731-4642 (WN)(A) $
US Border Cantina* 7105 Highway 70 South 646-4100 (BV) $ (KF)

Middle Eastern:
House of Kabob 216 Thompson Lane 333-3711 (SN) $-$$
Tabouli’s 2015 Belmont Blvd 386-0106 (HV) $

Outdoor Seating:
Blackstone* 1918 West End Ave 327-9969 (WE) $$$
The Bound’ry 911 20th Ave South 321-3043 (WE) $$$$
Food Co.* 2211 Bandywood Drive 385-4311 (GH) $$
Logan’s Roadhouse 2400 Elliston Place 320-1161 (WE) $ KF
Mafiaza’s 2400 12th Ave. S., 269-4646 (WE) $$
Outback Steakhouse 3212 West End Ave 385-3440 (WE) $$
SATCO* 416 21st Ave South 327-4322 & 208 Commerce St 259-4413 (WE) $
South Street Original Crab Shack & Authentic Dive Bar 907 20th Ave South 320-5555 (WE) $$$
Sunset Grill 2001 Belcourt Ave 386-3663 (HV) $$$$ 
La Paz* 3808 Clehorn Ave 383-5200 (GH) (KF) $$$$

Pizza:
DaVinci’s* 1812 Hayes St 329-8098 (WE) $-$$$
Guido’s New York Pizzeria 600A Fraizer Dr Suite 135 503-9626 (BCS) $-$$$
Joey’s House of Pizza 214 Ward Circle 661-0032 (BCS) $-$$
Mafiaza’s 2400 12th Ave. S., 269-4646 (WE) $$
Mellow Mushroom* 212 21st Ave. S. 342-0044 (WE) $-$$
Obie’s Pizza* 2217 Elliston Place 327-4743 (WE) & 2914 West End Avenue 327-4772(WE) (GH) $-$$$ 
Pizza Perfect* 357 Clofton Dr 646-7877 (BV) $-$$$ (KF)
Chuck E. Cheese 5312 Hickory Hollow Parkway 731-0271 (A); 3073Mallory Ln 771-0708(BCS) $-$$$
Papa John’s* 2318 West End Avenue 321-4000 (Locations throughout Nashville) $-$$$
Pizzereal 203 N 11th Street, 226-2206, www.pizzereal.com

Seafood:
South Street Original Crab Shack & Authentic Dive Bar 907 20th Ave South 320-5555 (WE) $$$

Special Occasion:
Antonio’s of Nashville 7097 Old Harding Pike 646-9166 (BV) $$$
Bound’ry* 911 20th Avenue South 321-3043 www.boundry.citysearch.com (WE) $-$$$
Capitol Grill 231 6th Avenue North 345-7116 www.capitolgrille.com (DT) $$-$$$-$$$$
Cheesecake Factory 2133 Green Hills Village Dr.; 463-2400 $$
F. Scott’s* 2210 Crestmoor Road 269-5861 (GH) $$$
Jimmy Kelly’s 217 Louise Avenue 329-4349 (WE) $$-$$$
Mad Platter* 1239 6th Avenue North 242-2563 www.madplatter.citysearch.com (GT) $-$$$
Margot Café & Bar 1017 Woodland Street 227-4668 (E) $$
Melting Pot* 166 2nd Avenue 742-4970 www.themeltingpot.citysearch.com (DT) $$-$$$
Merchants 401 Broadway 254-1892 www.the-merchants.com (DT) $-$$$
Mere Bulles 5201 Maryland Way 467-1945 (DT) $$$-$$$$
Mid Town Café 102 19th Avenue South 320-7176 (WE) $-$$$
Miss Marple’s Mystery Dinner Theatre 135 2nd Avenue 242-8000 www.missmarples.com (DT) $$$
Morton’s of Chicago 618 Church Street 259-4558 (DT) $$$-$$$$
The Palm 140 5th Avenue South 742-7256 (DT) $$$$ 
P. F. Chang’s China Bistro* 2525 West End Avenue 329-8901 & 439 Cool Springs Blvd. 503-9640 (WE)
Stoney River Legendary Steaks 3015 West End Ave. 340-9550 www.stoneyriver.com (WE) $-$$$

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Zola 3001 West End Avenue 320-7778 www.zola.citysearch.com (WE) $$-$$$  
Ruth’s Chris Steak House 2100 West End Avenue 320-0163 (WE) $$-$$$$  
Saffire 230 Franklin Road (The Franklin Factory) 599-4995 (F) $$$  
Sperry’s Restaurant* 5109 Harding Road 353-0809 (BM) $$-$$$$  
Sunset Grille* 2001 Belcourt Avenue 386-3663 (HV) $-$$$  
Valentino’s Ristorante 1907 West End Avenue 327-0148 (WE) $-$$$  
Virago 1811 Division St 320-5149 (WE) $-$$$  
Whitfield’s 106 Harding Place 356-5450 (BM) $$-$$$$

Steaks:
Fleming’s Prime Steakhouse & Wine Bar 2525 West End Avenue 342-0131 (WE) $$$$$  
Jimmy Kelly’s 217 Louise Avenue 329-4349 (WE) $$-$$$$  
Logan’s Roadhouse 2400 Elliston Place 320-1161, (WE) $-$$$ (KF)  
Longhorn Steaks 110 Lyle Avenue 329-9195 (WE) $-$$$  
Morton’s of Chicago 618 Church Street 259-4558 (DT) $$-$$$$  
Outback Steakhouse 3212 West End Avenue 385-3440 (WE) $$-$$$ (KF)  
The Palm 140 5th Avenue South 742-7256 (DT) $$$  
Ruth’s Chris Steak House 2100 West End Avenue 320-0163 (WE) $$-$$$$  
Sperry’s Restaurant 5109 Harding Road 353-0809 (BM) $$-$$$$  
Stoney River Legendary Steaks 3015 West End Ave. 340-9550 www.stoneyriver.com (WE) $-$$$
QUICK GUIDE TO SHOPPING:
(Please note that the following lists are for information purposes only and are not a formal recommendation or endorsement.)

Malls & Outlets:

**Bellevue Center** — 7620 Hwy. 70S, Bellevue, (I-40, exit 196), 646-5400, [www.bellevuecenter.com](http://www.bellevuecenter.com)
Features: Macy’s and Sears. Plans are in-process for this mall to be converted to an open air mall in 2009.

**Cool Springs Galleria** — 1800 Galleria Blvd., Brentwood, (I-65, exit 69) 771-2050 (office), 771-2128 (Customer Service) [www.coolspringsgalleria.com](http://www.coolspringsgalleria.com)
Features: Parisian, Macy’s, Sears, Dillard’s, JC Penney, Abercrombie & Fitch, Ann Taylor, Banana Republic, Bombay Co., Disney Store, Eddie Bauer, Talbot’s, Toys R Us, Williams Sonoma, several sporting goods, card and electronic stores, and a large food court. One of the highlights of this mall is that it’s surrounded by many restaurants such as Logan’s Steakhouse, Romano’s Macaroni Grill and J. Alexander’s. It is also surrounded by many specialty stores as well as your local Target. See website for complete listing.

**The Factory at Franklin** — 230 Franklin Rd., Franklin, 791-1777, [www.factoryatfranklin.com](http://www.factoryatfranklin.com)
A new group of shops in the renovated 1929 Jamison Bedding Factory building. A fun and eclectic mix of arts, antiques, home décor, jewelry, gifts, food & dining, and entertainment classes. (including Viking Culinary Arts Store, The Flying Horse Restaurant, Saffire Restaurant, and Happy Tales Humane).

**Hickory Hollow** — 5252 Hickory Hollow Pkwy (off Bell Rd.), Antioch, (I-24, exit 60), 731-3500, [www.hickoryhollowmall.com](http://www.hickoryhollowmall.com)
Features: Dillard’s, JC Penney, Macy’s, Sears, The Children’s Place, Express, Lane Bryant, The Gap, Victoria’s Secret, Bath & Body Works, KB Toys, several shoe and sportswear stores, a large food court, etc. See website for complete listing.

**Mall at Green Hills** — 2126 Abbott Martin Rd, Green Hills (off Hillsboro Rd.), 298-5478, [www.mallatgreenhills.citysearch.com](http://www.mallatgreenhills.citysearch.com)
Voted Nashville’s #1 Mall in 2006 and 2007
Upscale shopping mall featuring Dillard’s, Macy’s, Ann Taylor, Ann Taylor Loft, Banana Republic, Benetton, Betsy Johnson, Brooks Brothers, Brookstone, Express, J. Crew, Williams Sonoma, Louis Vuitton, Anne Klein, Cheesecake Factory, Tiffany and Co., Pottery Barn Kids, Restoration Hardware, Pottery Barn, Jos. A. Bank, Baby Gap, Gap Kids The Gap, Talbots Kids, Gymboree, Lucky Kid, Coach, Mimi Maternity, Kiehl’s, MAC Cosmetics, Davis-Kidd Booksellers, Apple Store a small food court, several restaurants, a movie theatre with stadium seating and more! Surrounded by many restaurants and small specialty stores. See website for complete listing.

**Nashville West** — Charlotte Pike (Approximately 1 mile off I-40 near exit 201, visible from interstate)
This shopping center, which opened in 2007, features Target, Marshall’s, Ross, Old Navy, Costco, Books-a-Million, World Market, and more.

**Hill Center at Green Hills** — 4013 Hillsboro Pike, Green Hills
A mixed-use lifestyle center with merchants such as Anthropologie, west elm, Merrell, Swoozies’s and Francesca’s Collections, clothing retailer Posh, children’s wear retailer Snap, and Whole Foods Market. Also has restaurants including Five Guys Burgers and Fries, Pei Wei, California Pizza Kitchen, Provence and Zoes Kitchen.
100 Oaks – 719 Thompson Lane (at Powell Dr.), 383-6002
Features: TJ Maxx, Burlington Coat Factory, Luxury Linens, Media Play, Michael’s craft store, Petsmart, movie theater with stadium seating, etc. Call for a complete listing. A portion of this mall has been converted to house many Vanderbilt offices and clinics as of February 2009.

Opry Mills – 433 Opry Mills Dr. (Briley Pkwy, Exit 11), 514-1100, www.oprymills.com
A large shopping and entertainment center (bring your walking shoes—more than a million square feet of stores, restaurants, entertainment) featuring Bass Pro Shops Outdoor World, Bed Bath & Beyond, Bath & Body Works, Jillians, Off 5th-Saks Fifth Avenue, Bose, Etienne Aigner, Ann Taylor Loft, Old Navy, Nautica, Tommy Hilfiger, Nike Outlet, many children’s apparel and toy stores including Carter’s and Stride Rite outlets, and many other outlet and factory direct stores. Entertainment and dining including Gibson Bluegrass Showcase, NASCAR Silicon Motor Speedway, Alabama Grill, Rainforest Café. Regal Cinemas 20 & Regal IMAX Theaters. See website for complete listing, hot deals, and coupons.

Outdoor outlet mall with over 50 brand name merchants featuring: Brooks Brothers, DKNY, Duck Head, Eddie Bauer, Elisabeth, Jones New York, Gap, Liz Claiborne, Polo Ralph Lauren, Tommy Hilfiger, Nautica, OshKosh B’Gosh, Coach, Lenox, Samsonite, a small food court and more! See website for complete listing and special offers.

Features: Dillard’s, Macy’s, The Disney Store, T, Gymboree, KB Toys, The Children’s Place, Limited Too, Lane Bryant, Abercrombie & Fitch, Victoria’s Secret, Linens & Things, Yankee Candle Co., a food court, & Rivergate 8 Carmike Cinema, etc. See website for complete listing and special offers.

Department Stores:
Dillard’s – Cool Springs Galleria, Mall at Green Hills, Hickory Hollow, Rivergate, Outlet at Bellevue Center.
Macy’s – Bellevue Center, Cool Springs Galleria, Mall at Green Hills, Rivergate, and Hickory Hollow
JC Penney – Hickory Hollow, Rivergate, and Cool Springs Galleria
Belk – Cool Springs Galleria
Sears – Bellevue Center, Cool Springs Galleria, Hickory Hollow, and Rivergate

Discount Stores:
*All at various locations throughout the city. Check local yellow pages.
Costco
Marshall’s
Ross
Sam’s Club
Super K-Mart
Target
TJ Maxx
Wal-Mart

Boutiques/ Specialty Apparel Shops:
Key: (W) Women’s; (M) Men
Boutique Bella (W) 2817 West End Ave Ste 116, Nashville, 467-1471
CoCo (W) 4239 Harding Rd., 292-0362
Cotton Mill Collection – (W) 4009 Hillsboro Pk., Green Hills, 298-2188
Duets Boutique at Spaces (W) 6000 HWY 100, Suite 128, 353-5003
Grace’s (W) – 4005 Hillsboro Rd. (Grace’s Plaza), Green Hills, 383-8155
The French Shoppe (W) –6049 Hwy 100 Belle Meade, 352-9296; 2817 West End 327-8712; Hillsboro Circle 297-1880
Jamie Inc. (W) – 4317 Harding Pk., Bellemeade, 292-4188; 2100 West End Ave., 329-0555
Levy’s (M & W) – 3900 Hillsboro Rd., Green Hills, 383-2800
McPherson’s (M) – 5920 Charlotte Pk., West Nashville, 356-4886
The Oxford Shop (M) – 4001 Hillsboro Pk., Green Hills, 383-4442
Posh (W) – 1809 21st Ave. S, Hillsboro Village, 383-9840
Scarlett Begonia (W) – 2805 West End Ave., 329-1272
Talbot’s (W) – 4119 Hillsboro Pk., Green Hills, 385-1042
The First Resort – 2225 Bandywood Dr., Green Hills, 292-4289

Maternity Clothing Shops:
Mimi Maternity – Green Hills Mall, 2126 Abbott Martin Rd, Green Hills, 298-5478 Park by Restoration Hardware and take escalator down one flight.
Motherhood Maternity – Opry Mills Outlet Mall, 433 Opry Mills Dr., Briley Pkwy, Exit 11, 514-1100
Pickles and Icecream – 539 Cool Springs Blvd, Franklin, 778-1599

Children’s Apparel / Toys / Equipment: (also see Children’s Consignment section)
Babies R Us – 5731 Nolensville Pk, South Nashville, 781-2229; 2205 Gallatin Pike North
Baby Depot at Burlington Coat Factory – 100 Oaks Mall, 385-9455
Baby Gap – Mall at Green Hills, 269-4825;
Carter’s For Kids (outlet) – Opry Mills, 302 Opry Mills Drive, 514-2850
The Children’s Place – Bellevue Center, Hickory Hollow, 731-0152; Rivergate, 851-7471; Opry Mills (outlet), 514-1770
Especially Baby/The Children’s Shop/Plaid Rabbit – 2164 Bandywood, Green Hills, 298-2323,
Gap Kids – Mall at Green Hills, Hickory Hollow, Rivergate, Cool Springs Galleria
Gymboree – Cool Springs Galleria, Mall at Green Hills, Hickory Hollow, Rivergate
Helen’s Children & Infant Wear – 4102 Hillsboro Pk., Green Hills, 292-3576
Metro Library – 2nd Saturday Book Sales, Donelson Branch, 2315 Lebanon Road, 862-5859
Old Navy – Opry Mills, Cool Springs Galleria, Nashville West
Once Upon A Child – 5364 Mt. View Rd., Antioch, 731-7409 & 242 Watson Glen Shopping Center, Franklin, 790-8081
OshKosh B’gosh Outlet – Opry Mills 514-1888
Parent-Teacher Store – 2214 Bandywood Dr., Green Hills, 292-3533
Pattycake – 2141 Bandywood Dr., Green Hills, 383-1322
Phillip’s Toy Mart – 5207 Harding Rd., Belle Meade, 352-5363
Pottery Barn Kids – Mall at Green Hills; 385-2567
Strasburg Children – Opry Mills, 265 Opry Mills Drive, 514-6228 & Cool Springs Galleria, 1800 Galleria Blvd 778-9534
Stride Rite Outlet – Opry Mills, 514-0200
Talbot’s Kids – Mall at Green Hills, 2126 Abbott Martin Rd., 297-7086
Toys R Us – located near Bellevue Center, 673-8967; Cool Springs Galleria, 771-7744
USA Baby – 370 Williamson Square, Franklin, 595-5565

Furniture:
American Signature – 1770 Galleria Blvd., Cool Springs, 778-9557
Bradford’s – 4100 Hillsboro Pike, Green Hills, 297-3541
Haverty’s – Cool Springs/Brentwood, Hickory Hollow, Rivergate, & Murfreesboro locations – check yellow pages for complete listing.
**Meridian** – 2711 Franklin Pike, Oak Hill/Green Hills, 463-0555  
**Norwalk** – 2000 Mallory Lane, Cool Springs Area, 771-7155; Leather and fabric upholstered sofas, chairs and sleepers. Interior design service available.  
**Rooms to Go** – 8103 Moore’s Lane, Cool Springs, 373-4144; 2253 Gallatin Pke., Rivergate, 851-1201  
Complete line of moderately priced furnishings and accessories.  
**Sofa Connection** – 8105 Moore’s Lane, Cool Springs, 376-0530; 2291 Gallatin Pke., Rivergate, 851-8825  
Large selection of sofas and sleepers.  
**Store House** – 4108 Hillsboro Pk., Green Hills, 385-0812; 1701 Mallory Lane, Cool Springs, 221-9696  
Modern furniture.  
**Sprintz** – 325 White Bridge Rd., 352-5912; 1965 Mallory Lane, Cool Springs, 236-1700  
Large selection of quality furniture and accessories at discount prices. Interior design service available.  
**Unfinished Furniture Megamart** – 3804 Nolensville Pk., South Nashville, 834-3700; 206 Williamson Square, Franklin, 599-3495; 2174 Gallatin Pike, 855-0085  
Large selection of bookcases, beds, tables, chairs, rockers, and entertainment centers. Stains and finishes available.  

**Home Accessories:**  
**Bed, Bath & Beyond** – Opry Mills, Cool Springs area, and Bellevue  
**EXPO Design Center A Home Depot Company** – 2421 Powell Avenue (across from 100 Oaks Mall), 279-7600  
**Kirkland’s** – Rivergate, Opry Mills  
**Lowe’s Home Improvement Warehouse** – West Nashville, 356-9223; Hermitage, 883-8833; Madison, 868-9810; South Nashville, 831-2500  
**Pier One** – 3700 Hillsboro Pk., Green Hills, 269-5059; 21 White Bridge Rd., 352-9314; 1761 Galleria Blvd., Cool Springs, 771-7884  
**Pottery Barn** – Mall at Green Hills, Cool Springs Galleria  
**Restoration Hardware** – Mall at Green Hills, 279-9002  
**The Shaded Zebra** – 539 Cool Springs Blvd., 503-9771  
**Tuesday Morning Inc.** – 6033 Highway 100, 353-0141  

**Antiques:**  
Check the yellow pages for a complete listing. Most antiques stores and malls in the area are concentrated in three locations: along Hwy 100 in Belle Meade, around 8th Ave. & Wedgewood, and in Franklin.  

**Antique Malls:**  
**Antique Merchants Mall** – 2116 8th Ave. S., 297-5514  
**Antiques of Franklin** – 230 Franklin Rd. (The Factory, Suite 301), Franklin, 591-4612  
**Battleground Antique Mall** – 232 Franklin Rd., Franklin, 794-9444  
**Downtown Antiques Mall** – 612 8th Ave., 256-6616  
**Franklin Antique Mall** – 251 2nd Ave. S., Franklin, 790-8593  
**Harpeth antique Mall** – 529 Alexander Plaza, Franklin, (I-65, exit 65), 790-7965  
**Tennessee Antique Mall** – 654 Wedgewood Ave., 259-4077  

**Antiques on the West Side (Belle Meade Area):**  
**Artifacts** – 105 Heady Dr., 354-1267  
Featuring antique garden and architectural elements, antique lighting, and custom designed iron furniture.  
**Made in France** – 107 Harding Place, 354-9400  
Featuring 18th-20th Century French furniture, accessories and gifts; antique and custom iron lighting.  
**Pembroke Antiques** – 6610 Hwy 100, 353-0889  
Featuring country English and French furniture, antiques, gifts and accessories.  
**Polk Place Antiques** – 6614 Hwy 100, 353-1324  
Featuring American Federal and regional Southern furniture.  
**Ro’s Oriental Rugs** – 6021 Hwy 100, 352-9055  
Featuring antique and semi-antique oriental rugs.  
**Spalding Antiques & Interiors** – 6608 Hwy 100, 352-1272  
Featuring fine Italian, French and English antiques.
Stanford Fine Art – 6608-A Hwy 100, 352-5050
Featuring fine 19th & 20th Century fine art.
Zelda’s – 5133 Harding Rd, 356-2430
Featuring antique jewelry and textiles.

Antiques in Franklin/Leipers Fork:
Clementine’s – 111 Bridge St., 599-5406
Featuring “shabby chic”
Leipers Fork Antiques & Collectibles – 4149 Old Hillsboro Rd., 790-9963
Featuring upscale primitives, architectural elements, old signs, and Tennessee furniture.

Antiques in 8th Ave. Area/Vandy/Green Hills:
American Classical II – 2116 8th Ave. S., 297-5514
Featuring American furniture and decorative arts.
Carissa’s – 1801 21st Ave. S., 292-6994
Featuring armoires and imported antiques and decorative accessories.
Pia’s – 1800 8th Ave. S., 256-3890
Featuring European antiques
Pre to Post Modern – 2110 8th Ave. S., 292-1958
Featuring 20th Century furnishings and accessories.

Books:
Bargain Books – Bellevue Center Mall
Barnes & Noble – 1701 Mallory Lane, Cool Springs, 377-9979; Opry Mills Mall, 514-5000
Bodacious Books – 5133 Harding Pk, Belle Meade, 356-2065 (rare & used)
Borders – 2525 West End Ave., 327-9656; 330 Franklin Rd., Brentwood, 221-8804 ; 545 Cool Springs Blvd, 771-2870
Davis Kidd – The Mall at Green Hills, 2121 Green Hills Village Drive, Suite 281, Store: 615 385 2645 Cafi: 615 385 0043
Elder’s Book Store – 2115 Elliston Pl., 327-1867 (rare & used)
Lifeway Christian Store – 1010 Broadway, 251-2500 (religious); 1725 Galleria Blvd., 771-9050
McKay Used Book Store - 5714 Charlotte Pike, Nashville, TN 37209 www.mckaybooks.com

Vanderbilt University – located at the Sarratt Student Center. Medical bookstore located in Light Hall. Employees receive 10% discount on purchases made with a Vanderbilt ID.

Nashville public library – Nashville has a great public library system with 19 branches. Call 862-5800 or visit their website at www.library.nashville.org for more information on book sales, events, and obtaining library cards.

Artist and Hobby Supplies:
Calico Corners – 4004 Hillsboro Road, Green Hills, 269-4551. Upscale fabric. 9:30-5:30 M-Sat
(The) Children’s Corner – 718 Thompson Lane, 292-1746. www.childrenscornerstore.com Hours: 9:30am-4pm M-F, 9:30-3:30 Sat. High quality fabric and patterns for sewing classic-style children’s clothing. Clothing may also be purchased already-made. Classes of all levels are offered on a regular basis. Employees will assist you with your garment design. Great place to help you get started with sewing, or to advance into smocking, embroidery, applique, and heirloom techniques. Catalog is online, and they can ship any product to you. Semi-annual sales on entire inventory, typically in January and July. Call store for details.
Metamorphosis – 2176 Bandywood Dr., Green Hills, 292-4228. Fine needlework supplies.
Plaza Artist Materials – 633 Middleton Street, 254-3368. A wide variety of artist supplies, including beautiful papers and children's art supplies/projects.
Michael's Arts and Crafts – Hundred Oaks Shopping Center, 385-5344; Bellevue, 7657 Hwy 70S, 646,3403; Cool Springs, 8105 Moore's Lane, 371-8577. Also locations in Antioch and Goodlettsville, TN in the larger Nashville area. Variety of craft supplies and classes. Jo-Ann ETC. – 2000 Mallory Lane, Cool Springs, 771-7676. Large variety of sewing and craft supplies, and classes.
Walmart – Multiple locations across town, check yellow pages or www.walmart.com. Craft section offers a limited supply of the basics for sewing and crafts.

Children’s Consignment:
Traveling Sales:
Nashville has numerous traveling consignment sales that typically run for a few days each season. For complete listings, see www.midtnconsignmentsales.com and kidsconsignmentguide.com (click on Tennessee). Large sales in the area include Encores and More, Wee Wares, and Once Around the Block Kids (www.oncearoundtheblockkids.com). Most sales include all types of merchandise related to children. The clothing sizes typically range from size 0 mos - size 16 girls/boys, though some sales have limited ranges. Some sales also include maternity clothing. Generally, spring/summer items sales occur February - April and fall/winter items sales occur July – October. You can shop early by consigning items yourself, and even earlier by volunteering to work a shift. Earlier shoppers get first pick. Smaller sales sometimes have less-traffic and therefore better selection available.

Children’s Consignment Stores:
Once Upon a Child – 242 Watson Glen Shopping Center, Murfreesboro Rd/Hwy.96, (Franklin), 790-8081, Additional location in Antioch, TN. Clothing, toys, equipment, maternity wear, and a handful of new items/accessories as well (great selection of hair bows); new furniture and bedding. Kid to Kid – 600 Frazier Dr. off Cool Springs Blvd. (behind TGIF in Cool Springs), 771-2122, Clothing, toys, equipment, maternity wear, and a handful of new items/accessories as well (great selection of hair bows).

Miscellaneous Second-hand sources:
Thrift Stores – Many local and national thrift stores are located in Nashville. For the best thrift shopping, take a drive on Charlotte Pike between 42nd Ave. N. and Hillwood Blvd, and on Nolensville Rd. Annual public library book sale – Great prices on new and like-new adult and children’s books that were donated to the library system. The Green Hills branch holds its sale in October. Check the library website for details (www.library.nashville.org). Finder’s Keepers – Consignment furniture; see listing in furniture section above. Great Escape – 1925 Broadway (Vanderbilt area), 327-0646. Sell your used music recordings and purchase used recordings at discount.
Miscellaneous Shopping:

*All Fired Up* – 1807A 21st Ave., 463-8887, a “paint it yourself” pottery studio

*(The)* Beveled Edge – 73 White Bridge Rd., 356-7784 (pictures frames, candles, misc. gifts)

*Brushfire Pottery* – 4004 Hillsboro Pk., 385-5334, another “paint it yourself” pottery studio

*The Cellar Wine Shop* – In Spaces (Intersection of Hwy. 100 and Hwy 70 in Belle Meade)

*Downtown Farmer’s Market* – James Robertson Pkwy next to Bicentennial Mall, 880-2001 (seasonal)

*Fire Finch* – 1818 21st Ave. S., 385-5090 (eclectic selection of accent furniture, clothing, garden accents)

*Hot Pink* – 231 Franklin Rd, 376-5552, Brentwood. Fantastic gifts, housewares, and specialty items

*Off-Broadway Shoe Warehouse* – 118 16th Ave s., 254-6242; 1648 Westgate Circle, 309-8939, Cool Springs; Opry Mills Mall, 514-0290; name brand shoes & handbags at discount prices

*Old Time Pottery* – 111 Gallatin Pk, Madison, 865-4500 (arts, crafts, pottery, baskets, home furnishings)

*Sew What?* - 6950 Moores Ln, 661-5858, Coolsprings. Monogrammed gifts

*Ten Thousand Villages* – 3900 Hillsboro Pk., 385-5814, Green Hills

*Tin Cottage* – 125 S Margin St, 791-1125, Franklin

*You’re Invited* – 5133 Harding Pike, 353-5520, Belle Meade

PARKS AND RECREATION:
Contact Metropolitan Board of Parks and Recreation, www.nashville.gov/parks/parks.htm for a complete list of parks with maps and lists of events, or contact the Centennial Park Office, 862-8400, 8am-4:30pm Monday-Friday. The Metro Greenways Commission is currently in the process of developing a greenways system located throughout the larger Nashville area. Many of these paths are located near neighborhoods or work areas, and also coincide with historic sites. For more information, locations, and directions to trailheads, visit www.nashville.gov/greenways/. Whereabouts and information on state parks can be found by visiting the Tennessee State Parks Information office, open 8am-4:30pm Monday-Friday at 401 Church Street, 7th Floor, L&C Tower, (615) 532-0001. For a broader scope encompassing Kentucky and surrounding areas of Tennessee, a comprehensive website for state parks can be found at www.state.tn.us/environment or by calling 1-888-TN PARKS. Also, the Tennessee Wildlife Resources Agency (781-6500) provides general information on parks and handles permits. Hours: M-F 8am - 4:30pm

Radnor Lake State Natural Area
1160 Otter Creek Road off Granny White Pike, (615) 373-3467
A 1,000-acre wildlife sanctuary providing outstanding scenic beauty. Arguably Nashville’s best place to take a hike. A hike in the spring promises turtle-lined logs and wild blooming Dogwoods while autumn is just as impressive with all the fall foliage. Along with hiking trails, Radnor also has interpretive programs, a museum and a visitor center. No pets allowed on trails but you can walk them on the paved walking path through the sanctuary.

Percy Warner and Edwin Warner Parks www.nashville.gov/parks/warner.htm
The Warner Parks are located at Old Hickory Boulevard and Highway 100 in Belle Meade. The Warner parks includes 2,681 acres-including the new Susan Warner Bass Learning Center, picnic areas, two golf courses, 12 miles of hiking trails, 10 miles of bridle paths, 20 miles of scenic drives, and 6 miles of paved roadways for pedestrians, pets and bicyclists and a dog park. For more information about Warner Parks events and facilities call the Headquarters at (615) 370-8051 or The Nature Center at (615) 352-6299.

Percy Priest Lake www.tennesseelakeinfo.com/percypriest
Nashville’s boating scene with a sandy beach, grills, bath houses, launch ramps for boats, fishing, scenic hiking trails, and a playground. Directions: from Vandy take I-40 East, get off at Old Hickory-Hermitage exit, take a right off ramp, go the Bell Road intersection and take a left, go to dead end of Bell Road at New Hope Road, take a right and go to Stewarts Ferry Pike, take a right and follow Stewarts Ferry (turns into Old Hickory).

Beaman Park
4111 Little Marrowbone Road. 1500 acres on the Highland Rim. Hiking trails through native hardwood forest and by a stream. Abundant spring wildflowers. One of Metro Parks’ newest additions to the system. Additional trails under development.

Tennessee Bicentennial Capitol Mall State Park
James Robertson Pkwy. 741-5280. A 19-acre park and outdoor history museum north of the State Capitol. Tour Tennessee's history via a 200-foot granite map of the state and 31 fountains designating the major rivers of Tennessee. The park also features an amphitheater, a bell carillon, a botanical garden, and a 1,400 ft. wall engraved with Tennessee’s historic events. Some
fountains are open for children’s play. Hours: Park closes at dark. Fountains for play operate 7am-7pm.

**Centennial Park**
West End Avenue and 25th Avenue North, 862-8411. Home of The Parthenon, housing Nashville’s official art collection. **Hours:** (All Year) Tuesday - Saturday, 9:00am-4:30p; June-August, Sunday 12:30pm-4:30pm; $4 adults, $2.50 children. Call (615) 862-8431 for info on the latest art exhibits. Other points of interest are a playground, walk through train, flower garden, fitness trail, the dog park, and, of course, the ducks. Centennial Park holds several events including the TN Crafts Fair in May, the annual American Artisan Festival in June, and the Performing Arts Series from June to August, and what’s always fun to catch- movies in the park and dog shows/competitions held in the summer months. **5K Run.**

**Granny White Park (Brentwood city park)**
610 Granny White Pike, Brentwood, 371-2208. This is a cozy little park nestled in a nice Brentwood neighborhood. Has a big playground, bathrooms, ball fields, and a large covered pavilion.

**Sevier Park**
3000 Granny White Pike, Green Hills/Berry Hill, 37204 862-7974. This is a large park with multiple playgrounds, small walking trail, and two covered pavilions. Located close to all of the new retailers on 12 St. South. One of Nashville’s best kept secrets is right across the street, Las Paletas Gourmet Popsicle.

**Other parks to check out:**
**Shelby Park** Shelby Ave. at S. 20th St., 862-8467. Picnic shelters, fishing, golf courses, tennis courts, ball fields, dog park, and nature trail. Great place to roller blade.
**Two Rivers** 3130 McGavock Pike. Wave Country and waterslide.
**H. G. Hill** 6710 Charlotte Pike. Paved walking path.
**McCabe** 46th Avenue and Murphy Road, 862-8457. City-operated golf course, baseball field and playground.
**Madison** 510 N. DuPont Avenue, 862-8459. Ball fields, tennis courts and shelters.
**Cane Ridge** 419 Battle Road, 862-8437. 100 acres of forest. Paved walking paths, tennis courts and ball fields.
**Cedar Hill** 860 Old Hickory Blvd. W., 865-1853. Lake, paved paths and several ball fields.

**Greenways to check out:**
**Harpeth River Greenway** Bellevue area; 1 mi long.
**Richland Creek Greenway** Connects Sylvan Park with White Bridge Rd. 2 mi long, fully paved, with additional trail to be open in spring 2007. Great place for an after-work walk, dog-walking, biking, and bird-watching.
**Shelby Bottoms Greenway** Downtown area; overlaps with Shelby Park. 1 mi loop or 5 miles.
RESORT GOLF:

**Hermitage Golf Course and The Presidents Cup** 3939 Old Hickory Blvd., 847-4001
Home of the Sara Lee LPGA Golf Tournament each spring, this course features 18 challenging holes with Bermuda fairways and bentgrass greens. Also available: pro shop, driving range, snack bar and club rentals. Four teaching pros on staff.

**Legends Club of Tennessee** 1500 Legends Club Lane, Franklin, 791-8100
Designed by Tom Kite and Bob Cupp, this 36-hole championship golf club features membership and resort play and includes a practice facility, clubhouse, club rentals, tournament management and golf shop.

**Springhouse Golf Club at Opryland Hotel** 18 Springhouse Lane, 871-7759
Playing to a par of 72 and stretching to more than 7,000 yards, this offers 18 holes of championship golf. Home of the BellSouth Senior Classic on the PGA Senior Tour. The Facility's highlight is the 43,000 square-foot clubhouse with an outstanding restaurant and an award-winning golf shop.

MUSEUMS & SPECIAL ATTRACTIONS:

**Belle Meade Plantation** 5025 Harding Rd., 356-0501, [www.bellemeadeplantation.com](http://www.bellemeadeplantation.com)
Known as the "Queen of the Tennessee Plantations," this 1853 Greek Revival mansion was the centerpiece of a 5,300-acre plantation, and world renowned as a thoroughbred stud farm and nursery in the 19th century (their most famous horse being Iroquois, the only American-bred winner of the English Derby). The present 30-acre site includes the mansion, carriage house, stables, outbuildings, museum gift shop, and restaurant, **Martha’s at the Plantation** (353-2828). The museum puts on several historically-themed exhibits during the year. **Hours:** M-Sat 9am-5pm; Sun 11am-5pm; First tours begin ¼ hour after opening, and last tours start at 4pm.  **Admission:** $10 adults; $8.50 seniors; $4 ages 6-12; ages 5 and under admitted free. Special Events: From May through August, they are one of the hosts of the Tennessee Jazz and Blues Society Concert Series. They also have an annual Fall Fest each September with arts, crafts, antiques, food, and activities for children. Call for dates.

**Belmont Mansion** 1900 Belmont Blvd., 460-5459, [www.belmontmansion.com](http://www.belmontmansion.com)
Located on the Belmont University Campus, this Italianate mansion was built in 1850 as a summer home by Adelicia Acklen, one of the wealthiest women in America at that time. Adelicia is sometimes compared to Scarlett O’Hara, as she was both business savvy and beautiful. She acquired her million dollar fortune through the first of a series of marriages and was one of the few to sell her cotton during the Civil War, outwitting Union and Confederate troops in the process. Personally guided tours through 16 rooms exhibit an outstanding collection of original and period Victorian furnishings, art work and statues. **Hours:** 10 a.m.-4 p.m. Mon.-Sat.; 1 p.m.-4 p.m. Sun. Last tour begins at 3pm.  **Admission:** $8 adults; $7 seniors; $3 ages 6-12; ages 5 and under admitted free. Visit website for $1 off coupon good for 4 people.

**Belcourt Theatre** 2102 Belcourt Avenue, Box Office:383-9140, [www.belcourt.org](http://www.belcourt.org)
For over 75 years, The Belcourt Theatre has provided a space for premiere entertainment in the heart of Nashville's Hillsboro Village. The Belcourt has existed in many incarnations - each of which has furnished a home for some of the city's best and most unusual performing arts. The Belcourt offers a range of entertainment from classic, Indie, and new release films, to concerts, speakers, and their annual Oscar bash. The Belcourt boasts a great concession stand and a fully
stocked bar. Recently leased by Belcourt YES!, a grassroots, not-for-profit group dedicated to the preservation and successful operation of The Belcourt, it continues to thrive as a historic landmark.

**Carnton Plantation** 1354 Carnton Lane, Franklin, 794-0903, [www.carnton.org](http://www.carnton.org)
An 1826 antebellum plantation built by former Nashville mayor Randal McGavock, Carnton served as a field hospital following the Battle of Franklin in 1864. The bodies of four Confederate Generals were laid in state on Carnton's back veranda. The McGavock family later designated two acres adjacent to their family cemetery for the burial of nearly 1,500 soldiers killed during the battle. Carnton Plantation is now a National Historic Landmark and the subject of the 1997 novel, *The Black Flower*, by Howard Bahr. Plantation includes: gardens, mansion, field hospital, cemetery. Tours begin ½ hour after opening and last tour starts at 4pm.

Hours: 9 a.m.-5 p.m. Mon.-Sat.; 1-5 p.m. Sun. Admission: $8 adults; $7 seniors; $3 ages 6-12; 5 and under admitted free of charge. Self-guided grounds tour $2.50. Visit website for $1 off admission coupon.

**Carter House Museum & Historical Site** 1140 Columbia Ave., Franklin, 791–1861, [www.carter-house.org](http://www.carter-house.org)
This National Landmark 1830’s home was also caught in the center of the 1864 Battle of Franklin during the Civil War (and has the scars to prove it). The house’s owner, Capt. Tod Carter, was mortally wounded during the battle. The home, outbuildings, and grounds now serve as an interpretive center for the battle. The Carter House experience includes admission to the Battle of Franklin Museum, a video presentation, and a guided tour of the house and grounds. Great for Civil War buffs. Hours: 9 a.m.-5 p.m. Mon.-Sat.; 1-5 p.m. Sun. (Closes at 4pm during daylight savings time) Admission: $8 adults; $7 seniors; $3 ages 7-13; 6 and under free. See website for other special events throughout the year.

**Centennial Park Bandshell – Movies in the Park**
Showtimes are every Wednesday June through July, 844-9265

**Cheekwood - Tennessee Botanical Garden & Museum of Art**
1200 Forrest Park Dr., 356-8000, [www.cheekwood.org](http://www.cheekwood.org)
Once the private estate of the Leslie Cheek family of the Maxwell House Coffee Fortune, this 55-acre site includes an art museum, botanical gardens, Pineapple Room restaurant, a garden shop, Frist Learning Center, and Botanical Hall and Library. Recently renovated, the art museum boasts a wonderful collection of Worcester porcelain, American silver and Contemporary American paintings, prints and photographs. The Botanical garden includes specialty gardens, greenhouses, and the Carrell Woodland Sculpture Trail. Hours: 9:30 a.m.-4:30 p.m. Tue.-Sat.; 11 a.m.-4:30 p.m. Sun. Gate Fee: $10; Seniors $8; Kids 3-13 & college student with ID and after 3pm is $5. Closed on Mondays except Labor Day & Memorial Day. Cheekwood Gardens also offers birthday party packages.

Special Events: The Botanic Hall houses major flower shows and gardening exhibitions throughout the year. The new Frist Learning Center provides year round opportunities for both children and adults to participate in lectures, classes and workshops on an array of topics (painting, pottery, photography, quilting, flower arranging, horticulture, etc.). Contact the education department for a schedule of classes at 353-9827. Also of interest is the Screech Owl summer day camp for children, held for a week each June (call 353-9827 for more information).

**Also owned by Cheekwood is the Owl’s Hill Nature Sanctuary.** Visit [www.owlshill.org](http://www.owlshill.org) for a schedule of family activities.
With three times its former exhibit space, the museum provides a behind-the-scenes look at the world of country music. Exhibits include personal treasures and memorabilia, costumes, instruments, film clips, recordings, extensive archives and original song manuscripts from country music’s legends and new stars. The new facility also features live entertainment daily, a new 225 seat theatre for a digital film presentation on country music around the world, a restaurant serving contemporary southern cuisine, and museum store. Hours: 9 a.m.-5 p.m. daily. Admission: $16.95 adults; $8.95 ages 6-17; 5 and under free. Closed Thursdays during certain months.

Adventure Science Center, 800 Fort Negley Blvd., 862-5160, www.adventuresci.com
From the planetarium to the child-sized Curiosity Corner to ever-changing exhibits, this museum provides unique opportunities for discovery for both children and adults. Live science demonstrations and animal shows daily. Hours: 10 a.m.-5 p.m. Mon.-Sat.; 12:30-5:30 p.m. Sun. Admission: $9.00 adults; $7.00 ages 3-12 & seniors; children 2 and under free; Planetarium admission $3.50 per show or $2.00 with Adventure Science Center admission.
Special Events: The Adventure Science Center also hosts family festivals, summer camps, children’s birthday parties and an annual Fourth of July event.

Ellington Agriculture Center, 440 Hogan Road, 837-5197. http://www.state.tn.us/agriculture/administ/agcenter.html
Once a private estate, Ellington houses the oldest Agricultural Hall of Fame in the US. Farm tools, equipment, and household items of the 19th century. The 207 acre Ellington Agricultural Center is now headquarters for the Tennessee Department of Agriculture, TWRA, and is a branch location for various agencies. Special events such as the Tennessee Agricultural Museum's Annual Rural Life Festival are held there. The Center is listed as an Official Arboretum by the Nashville Tree Foundation and is home to an official Iris Garden (which is one preferred site for weddings in Nashville). Open Monday through Friday, 9:00-4:00. Closed on state holidays.

Frist Center for the Visual Arts, 919 Broadway, 244-3340, www.fristcenter.org
Located in Nashville’s old main post office, this museum provides more than 24,000 sq. ft. of gallery space for the art of local, state and regional artists. It also provides a venue for international traveling exhibitions. The Frist Center also offers Audio-guides and Docent-led tours. Visitors to the Frist Center receive discounted parking rates when ticket is validated at the Center. Call for more information. Hours: 10 a.m.-5:30p.m. Mon.-Sat.; 1-5 p.m. Sun.; extended hours on Thurs. until 8 p.m. and Friday until 9 p.m. Admission: $8.50 adults; $7.50 seniors; college student with ID $6.50; age 18 and under free.

Grand Ole Opry & Museum, 2804 Opryland Dr., 889-6611 www.opry.com
Museum: 889-3060. Grand Ole Opry Tickets: 871-OPRY
Don’t miss the world famous Grand Ole Opry, the longest running live radio show bringing America country music for over 70 years. Legends, “Hall of Famers,” and hot new stars perform on the stage of the 4,400 seat broadcast studio. It’s a great place to take out-of-town guests. The Grand Ole Opry Museum pays tribute to the radio show and its stars (past and present) with interactive displays, videos, collectibles, and memorabilia. Stars commemorated at the museum include Patsy Cline, Little Jimmy Dickens, George Jones, Tex Ritter, Minnie Pearl, Roy Acuff, Alan Jackson, and Vince Gill. The museum provides a fun way to pass the time while waiting for the show to begin. Hours: 10 a.m.-5 p.m. Mon.-Thurs.; 10 a.m.-8 p.m. Fri.; 10 a.m.-10 p.m. Sat.; 11 a.m.-4 p.m. Sun.
The Hermitage: Home of President Andrew Jackson
4580 Rachel's Lane, Hermitage, 889-2941, www.thehermitage.com
Tour Nashville's national treasure - the home of our nation's seventh president. The Hermitage experience includes: a biographical film, museum exhibits, tours of the recently restored 1836 mansion and grounds, formal garden, original 1804 log cabins, Jackson's tomb, Tulip Grove mansion, Old Hermitage Church and confederate cemetery. Costumed interpreters provide for a fun and educational experience. There is an on-site restaurant and museum store. Hours: 9 a.m.-5 p.m. daily; Last tickets sold at 4:30 p.m. The grounds remain open until 6 p.m. during the summer months. Closed Thanksgiving Day, Christmas Day and the third week in January. Admission: $12 adults; $11 seniors; students ages 13-18 $11; $5 ages 6-12; ages 5 and under free.
Special Events: Their Preservation in Progress program in the summer months allows visitors to watch the on-going archaeological work on the grounds. Members of the archaeological team explain what has been discovered about everyday life on the Hermitage plantation.

Mansker's Station, 705 Caldwell Dr., In Moss-Wright Park, Goodlettsville, 859-FORT (3678)
A “living history” museum (with historic interpreters in period dress) depicting life as it was for settlers in late 18th Century Middle Tennessee. It includes the Bowen Home, completed in 1787 (one of the earliest homes in the area) along with a reconstructed 1779 fort. They host several living history festivals throughout the year. Hours: 9 a.m.-5 p.m. Tues.-Sat. Admission: $5 adults; $3 students.

Nashville Farmers Market, 900 8th Avenue North, 880-2001
Within sight of the capitol building, The Nashville Farmers Market is located in an open-air pavilion on 8th Ave North (there’s also a large enclosed building for specialty shops and stands). If you’re from Nashville, you already know that this is one of the finest places in the city for fresh fruits and vegetables, along with a rich array of seafood, frozen biscuits, hot pepper sauces, potted plants, flowers, and international and exotic foods. Open seven days a week.

The zoo boasts a great collection of animal exhibits from around the world including such classics as the elephant, ostrich, tiger and zebra, as well as the local favorite, the Tennessee walking horse. Other attractions are a 66,000-foot jungle gym (can accommodate 1000 children!), a historic house and working farm from the 1880’s, a koi fish pond, a sculpture garden, and the “Unseen World” exhibit including amphibians, reptiles and insects never seen in Nashville before 1998. Hours: 9 a.m.-4 p.m. daily from Nov. 1st-March 31st -Admission: $8 adults, $7 seniors; $6 ages 3-12; under 3 free. Parking is free!; 9 a.m.-6 p.m. from April 1st-Oct. 31st. Admission: $11 adults, $9.50 seniors; $7 ages 3-12; under 3 free. Parking is free!.
Special Events: The Zoo offers educational classes, group reservations, birthday parties, summer camps, and more. They host many special events throughout the year. Call for more information.

Opryland Hotel Indoor Gardens, 2800 Opryland Dr., 889-1000, http://www.gaylordhotels.com/gaylordopryland/
Famous for its imaginative public spaces and displays of art work. Three indoor garden areas/conservatories, crowned by sparkling glass roofs, are of special note. Combined, they cover 9 acres. Features include restaurants, shops, a village with the feel of New Orleans, waterfalls, winding paths, a fountain that sends jets of water 85 feet into the air, and a waterway with
flatboats! Admission is free but there is a parking charge of $10 per car for all day or $18 valet parking.

**The Parthenon**, Centennial Park, 2500 West End Ave., 862-8431, [www.parthenon.org](http://www.parthenon.org)
The world's only full-scale replication of the famous Greek temple. It was originally built as a temporary exhibit as part of Tennessee’s 1897 Centennial Exposition and recreated in concrete in the 1920’s. The interior contains a 42-foot replica of the Athena Parthenos, which is the tallest indoor sculpture in the Western world. The museum features changing art exhibitions. Several years of restoration to this great work has recently been completed. *Hours: 9 a.m.-4:30 p.m. Tues.-Sat. June - August also open on Sundays from 12:30 p.m. – 4:30 p.m. Admission: $5.00 adults; seniors $2.50; $2.50 ages 4-17; 3 and under free.*

**Ryman Auditorium** 116 Fifth Ave., N., 889-3060, [www.ryman.com](http://www.ryman.com)
This Nashville historic landmark was built in 1892 as the Union Gospel Tabernacle, but is more famous for being the former home of the Grand Ole Opry from 1943-1974. Displays visually tell the story of its rich history. The Ryman is also an active entertainment venue offering a variety of musical performances ranging from country to classical. It’s a great place to catch some of the big name country stars in an intimate setting each year during January and February when the “Grand Ole Opry plays Again” at the Ryman. For ticket information regarding musical events, call 458-8700. *Self-guided museum tour hours: 9 a.m.-4 p.m. daily. Tour Admission: $8.50 adults; $5.50 ages 4-11; ages 3 and under free.*

**Tennessee Bicentennial Capitol Mall State Park**, James Robertson Pkwy. 741-5800
A 19-acre park and outdoor history museum north of the State Capitol. Tour Tennessee's history via a 200-foot granite map of the state and 31 fountains designating the major rivers of Tennessee. The park also features an amphitheater, a botanical garden, and a 1,400 ft. wall engraved with Tennessee’s historic events. *Hours: 7 a.m.-9 p.m. daily.*

**Tennessee State Capitol**, Charlotte Ave. (between 6th & 7th Ave.), 741-2692
Designed by renowned Greek Revival architect, William Strickland, the historic Tennessee State Capitol stands today much as it did when completed in 1859. Several areas, including the first floor hallway, library and Supreme Court chamber, have been restored to their 19th century appearance. *Hours: Mon.-Fri. 9 a.m. – 4 p.m.; Guided tours begin at the top of the hour except noon. Admission is free.*

**Tennessee State Museum**, Fifth Ave. & Deadrick St., 741-2692 [www.tnmuseum.org/](http://www.tnmuseum.org/)
Located in the basement of the James K. Polk building. The museum’s exhibits trace the history of Tennessee from prehistoric native Americans through the Civil War into the early 1900’s. It features wonderful permanent collections of Tennessee-made artifacts including quilts, silver, furniture, paintings, pottery and Civil War flags. They also have several “non-Tennessee-related” traveling exhibitions throughout the year. *Hours: 10 a.m.-5 p.m. Tues.-Sat.; 1-5 p.m. Sun. Admission: free. (Self-guided tour)*

**Tennessee State Fairgrounds Flea Market** [www.tennesseestatefair.org/FleaMarket.htm](http://www.tennesseestatefair.org/FleaMarket.htm)
Held on the fourth weekend of each month, except the month of December, when the Flea Market is held on the third weekend. Admission is free. Parking $3.00. Information: 862-5016
Located on 11 tree-shaded acres, this restored Federal period home was begun in 1799 by Judge John Overton, planter, lawyer, and presidential campaign manager to Andrew Jackson. Additions continued to be made until 1828. The museum showcases a large collection of early Tennessee furniture and historical items relating to Native American and pre-Civil War American culture. Exhibits also include period outbuildings and formal gardens. Hours: Mon.-Sat. 10 a.m.-4 p.m.; Sun. 1 p.m. – 4 p.m. (last tour begins at 3:30 p.m.); Guided tours of the house are about 35 minutes; Admission: $8 adults; seniors $7; $5 ages 13-18; $3 ages 6-12; ages 5 and under free.

Theatres and Entertainment:
Belmont Mansion 460-6408 www.belmontmansion.com
Belcourt Theatre Box Office 383-9140, www.belcourt.org
Vanderbilt Blair School of Music 322-7651 www.vanderbilt.edu/blair
Chaffin’s Barn Dinner Theatre 646-9977 www.dinnertheatre.com
Gaylord Entertainment Center 770-2000 www.gaylordentertainmentcenter.com
General Jackson Showboat 458-3900/871-6100 www.generaljackson.com
Grand Ole Opry 871-OPRY (6779) www.opry.com
Great Performances at Vanderbilt 322-2471 www.vanderbilt.edu/sarratt/great
Nashville Children’s Theatre 254-9103 www.nashvillechildrenstheatre.org
Nashville Opera 832-5242 www.nashvilleopera.org
Nashville Philharmonic Orchestra www.nashvillephilharmonic.org
Nashville Shakespeare Festival 255-2273 www.nashvilleshakes.org (August-September)
Nashville Symphony 783-1212 www.nashvillesymphony.org
Regal Imax Opry Mills 514-4629/514-3461 (customer service desk)
Ryman Auditorium 458-8700 www.ryman.com
Tennessee Performing Arts Center TPAC 255-ARTS (2787);782-4000 www.tpac.org
Tennessee Repertory Theater 244-4878 www.tnrep.org
Check your phone book for local movie theaters and other dinner theater and entertainment options.

Other Live Music Venues:
(Please note that the list provided below is for informational purposes only and is not a formal recommendation or endorsement.)

Bluebird Café – In Green Hills strip mall; singer-songwriter venue; in-the-round format; call ahead for reservations; 4104 Hillsboro Rd., 383-1461. www.bluebirdcafe.com
Blues Hideaway – 2275 Murfreesboro Pike, 3607380.
Dan McGuinness Irish Pub – 1538 Demonbreun St., 252-1991
Exit/In – Host to national and local rock, pop and country acts; 2208 Elliston Place, in Vandy-West End area; 321-3340.
Radio Café – East N’ville favorite; live music and fried catfish; 1313 Woodland St., 228-7760.
Robert’s Western World – Live country music; 416 Broadway, downtown, 244-9552.
Rippey’s – 429 Broadway, 244-7477
The Station Inn – Bluegrass music; 402 12th Ave. S., 255-3307
Tootsie’s Orchid Lounge – 422 Broadway, 726-0463
PARTIAL CALENDAR OF NASHVILLE EVENTS:

JULY

- July 4th Celebration at Riverfront Park
- Dancin’ in the District
- Movies in the Park at Centennial Park

AUGUST

- Annual Jazz Festival in Franklin Town Square
- Dancin’ in the District
- Opryland Gospel/Bluegrass Festival
- Shakespeare in the Park at Centennial Park

SEPTEMBER

- African Street Festival
- Belle Meade Fall Fest
- Italian Street Fair at Riverfront Park
- Shakespeare in the Park
- Tennessee State Fair at the state fairgrounds
- Tennessee Fall Crafts Fair at Centennial Park
- Titans football season begins

OCTOBER

- Oktoberfest in Historic Germantown
- Southern Festival of Books at War Memorial Plaza Downtown
- Predators ice hockey season begins

NOVEMBER

- The Boulevard Bolt Thanksgiving Day run along Belle Meade Blvd.
- Americana Christmas Sampler at the state fairgrounds
- Christmas Village at the state fairgrounds
- Longhorn World Championship Rodeo at the Municipal Auditorium
- A Country Christmas at Opryland Hotel through December
- Christmas at Belmont at Belmont Mansion
- A Civil War Christmas at Belle Meade Plantation
- A Dickens Christmas in downtown Franklin through December

DECEMBER

- Seasons of Celebration at Cheekwood
- Rudolph’s Red Nose Run and Nashville Gas Christmas Parade

JANUARY

- Grand Ole Opry at the Ryman Auditorium
FEBRUARY
- *Tennessee Performing Arts Center’s Show Season* through May
- *Nashville Ballet Winter Series*
- *Americana Spring Sampler* at the state fairgrounds
- *Antique and Garden Show of Nashville*
- *Heart of Country Antique Show* at Opryland Hotel

APRIL
- *Nashville Motor Raceway Stock Car Racing* through November
- *Opryland American Music Festival*
- *Sara Lee Classic LPGA Golf Tournament*
- *Country Music Marathon*

MAY
- *Tennessee Crafts Fair*
- *Dancin’ in the District* begins, Thursday nights, May through August
- *Iroquois Steeple Chase*
- *Nashville River Stages*

JUNE
- *Fan Fair* country music festival