Selective Dorsal Rhizotomy
HOME CARE INSTRUCTIONS

**Activity**
For the next 6 weeks your child should
• Use the wheelchair and stay in the positions as the physical therapist has taught
• Bend at the waist as little as possible
• Gradually go back to normal activities.
• Lie down flat to rest frequently.
• Not play rough or take part in PE activities at school
• Not swim or take tub baths during the next 3 weeks
• Go to physical therapy three times a week as the case manager arranged

**School**
Your child may return to school as directed by your doctor. Please ask your doctor or nurse for a note if you need it.

**Incision care**
The dressing may be removed the day after you go home from the hospital if it has not already been removed. Please see incision care sheet for specific incision care instructions.

**Call your doctor or nurse if you have questions or if your child has...**
• Fever of 101.5° F or more
• Vomiting or nausea that won’t go away
• Redness, swelling or drainage from the incision
• Increased sleepiness

Your neurosurgeon’s office number ________________________________

Your child may return to school ________________________________