The type of PPE used will vary based on the level of precautions required, such as standard and contact, droplet or airborne infection isolation precautions. The procedure for putting on and removing PPE should be tailored to the specific type of PPE.

**LEG/BOOT COVER**
- Pull boots on and cover leg up to knee

**INNER GLOVES**
- Extend gloves to cover wrist and above

**GOWN**
- Fully cover torso from neck to knees or below, arms to end of wrists, and wrap around the back.
- Fasten in back of neck and at the waist
- Tape bottom of gown to keep flap closed

**MASK OR RESPIRATOR**
- Secure ties or elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator if N95 used

**GOGGLES OR FACE SHIELD**
- Place over face and eyes and adjust to fit

**OUTER GLOVES**
- Extend to cover wrist of isolation gown
- Tape in place
- Make a tab at the end of the tape to ease tape removal later

**USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION**
- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or contaminated – remove tape and outer gloves, wipe inner gloves with a disinfectant wipe, let dry. Then put on new outer gloves and re-tape.
- Change all PPE if other contamination is noted
- Perform hand hygiene after PPE removal
- A “Buddy” will observe all PPE donning and doffing to monitor PPE integrity
- Be slow and very deliberate. Count to 5 between each step.
- Carefully follow directions.
SEQUENCE FOR DOFFING (REMOVING) PERSONAL PROTECTIVE EQUIPMENT (PPE)

Except for face shield/goggles and mask/respirator, remove PPE at the doorway of patient room and discard in a biohazard waste receptacle before leaving the patient room. Remove face shield/goggles and mask/respirator after leaving the patient room and closing the door.

DO THE FOLLOWING STEPS IN THE ORDER GIVEN:

1. OUTER GLOVES - Outside of gloves is contaminated!
   - Remove tape from around wrists
   - Grasp outside of glove with opposite gloved hand; peel half off
   - Use partially removed glove to carefully remove other glove
   - Peel glove off over first glove
   - Discard gloves in waste container

2. LEG COVERS - Outside and bottom of leg cover is contaminated!
   - To remove, sit down. Do not cross your legs. Bend down, grasp leg cover at the top and roll down the leg, turning the leg cover inside out as it is rolled off the leg/foot
   - Place in designated waste container

3. GOWN - Gown front and sleeves are contaminated!
   - Gently unfasten or break ties
   - Pull away from neck and shoulders, touching shoulders of gown only
   - Turn gown inside out, continuing to roll it into a bundle
   - Place in designated waste container

4. INNER GLOVES
   - Grasp outside of one glove with the other gloved hand
   - Peel glove off over first glove
   - Discard gloves in waste container at patient room door
   - Perform hand hygiene at door of patient room before leaving room

5. LEAVE PATIENT ROOM and perform hand hygiene outside patient room.

6. GOGGLES OR FACE SHIELD - Outside of goggles or face shield is contaminated!
   - To remove, handle by head band or ear pieces DO NOT TOUCH FRONT OF GOGGLES/FACE SHIELD
   - Place in designated receptacle for reprocessing or in waste container outside room

7. MASK OR RESPIRATOR - Front of mask/respirator is contaminated!
   - Grasp bottom, then top ties or elastics and remove DO NOT TOUCH FRONT OF MASK/RESPIRATOR
   - Discard in waste container outside patient room
   - Perform hand hygiene

PERFORM HAND HYGIENE BETWEEN STEPS IF HANDS BECOME CONTAMINATED AND IMMEDIATELY AFTER REMOVING PPE

BE SLOW and DELIBERATE – COUNT TO 5 BETWEEN EACH STEP!