1a. **Proliferative Mast Cell Disease (Mastocytosis)**

During asymptomatic period urine sample should be collected over a 24-hour period in a clean (no preservatives) urine collection container obtained from your doctor.

OR

1b. **Idiopathic Systemic Mast Cell Activation**

At the beginning of the onset of an episode thought to reflect mast cell activation collect three (3) consecutive 1-hour urine samples in separate clean urine collection containers from your doctor. Note the collection date/time for each specimen.

2. During the collection period(s), the urine can be stored in the refrigerator.

3. After the collection period(s), sample(s) should be kept refrigerated until delivered to your doctor.

4. Sample(s) should be frozen prior to sending to Vanderbilt by overnight express courier in a package containing dry ice.

VPLS Test Code: **MHT**

- Send only 50ml of 24hour-urine collection. Do not freeze entire sample.
- CPT Code: 83088
- Test Requisition and Shipping Instructions are available on-line at [www.labVU.com](http://www.labVU.com)

*For additional information or assistance, please contact the VPLS Business Office at 1-800-551-5227, x3*